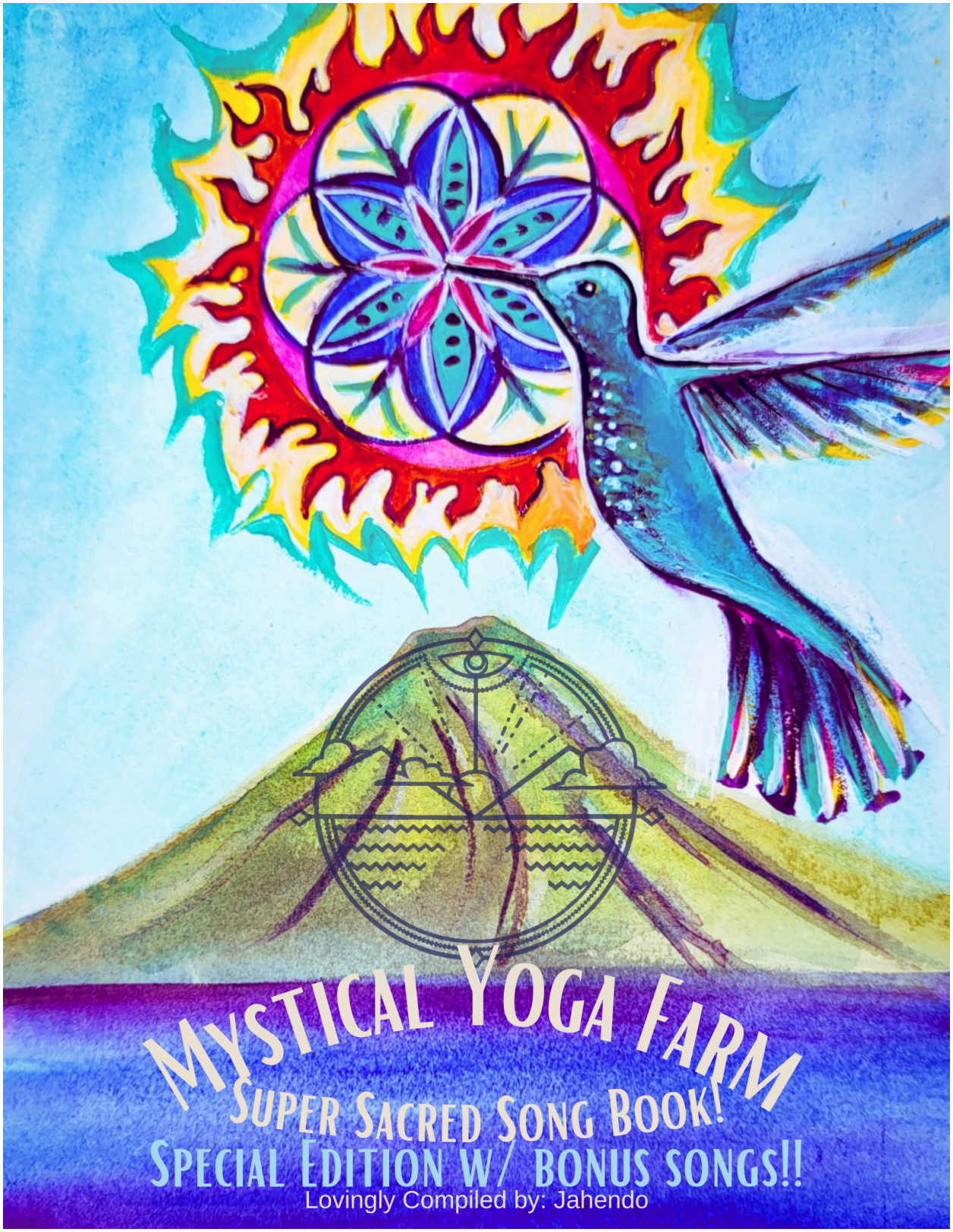

Mystical Yoga Farm
Super Sacred Song Book!
Special Edition w/ bonus songs!!
Lovingly Compiled by: Jahendo

Welcome to the MYF Sacred Songbook!
Thanks for tuning in and singing your hearts open with us!

It is such an honor, and with great pleasure and joy we share this beautiful book with you! We pray that through singing these prayers, you open your heart to the beautiful spirit of devotion! This book was lovingly put together by Jahendo, Vision Keeper, steward and new official owner of the Mystical Yoga Farm, in Lake Atitlan, Guatemala!

Big and special thanks to the beautiful souls that have come and share their songs with us here. Thanks to Singing Alive, and Rainbow Gatherings, for being beautiful spaces to share and learn songs. A big thanks to all of my teachers and mentors, and for Jayaji for the inspiration to create such a book. Big thanks to the medicine (Ayahuasca, Huachuma, etc.) for opening my heart to true devotion! And HUGE thanks to everyone who has come to the MYF and graced our hearts with your song, and who has sang around our fire together with us!

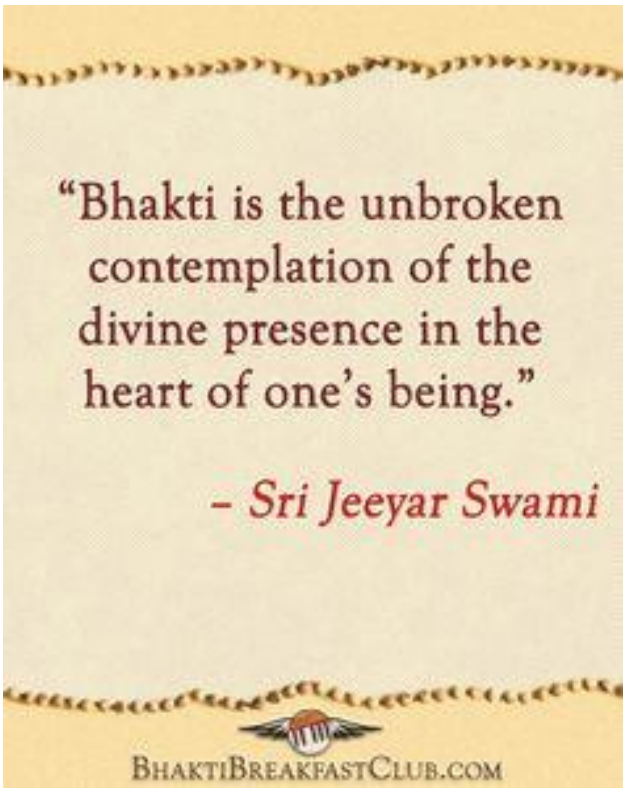
For those of you who know the MYF and who have ever come here, you KNOW that we LOVE to sing, it is one of our core practices here! This book is a compilation of all the songs we have ever sang at the farm, as well as some originals created right here on this land!

If you'd like to come sing with us please do! We offer transformational residencies, singing events, small gatherings, yoga retreats, incredible volunteer opportunities and much more. ***We have a singing festival here every January!*** Stay tuned for other singing events. **And our signature program is a 2 week Spaceholder's Training every July** focused on singing, sound healing, ceremony and yoga! You can find out all about us on our Instagram (@mysticalyogafarm) and our website, www.mysticalyogafarm.com . **Be sure to like and follow us!!**

Check out our SoundCloud to learn the melodies, and listen to the songs!
soundcloud.com/mysticalyoga

Join the HeartSong Mastery Program online to accelerate your journey, learn strumming/picking patterns, vocal refinement, and so much more!
mysticalyogafarm.com/heartsong-mastery/

“Devotional singing is an act of pure love. A fun way to pray and play, to open our hearts and empower the voice. Through devotional singing we act as a channel for divine light to flow through. We open up the flow of creative life force. This is why we sing!” - Jahendo



“Bhakti is LOVE ~ loving God, loving your own self, and loving all beings. The small heart should become bigger and bigger and eventually, totally expansive! A spark can become a forest fire.” - Ammachi

Mystical Yoga Farm

Inspiring The Creative Life Force In All Beings

Mystical Yoga Farm is an off-grid spiritual sanctuary focused on healing, transformation, and empowerment.

Through the practice of yoga, ceremony, and permaculture and singing our heart songs, we co-create a thriving community environment that is in harmony with nature.

We strive to regenerate Mother Earth and to inspire the creative life force in all of our guests.

AMAZING LINKS!!

Our Singing Festival
Join Our Spaceholder's Training
Take A Farm Tour
Our Instagram
Our Soundcloud (with songs from the book)
Buy Cacao In The USA
More Fun Links
HeartSong Events, Ceremonies, Retreats, and Courses!
https://linktr.ee/MysticalYogaFarm *(This link will lead you to all the magick!)*

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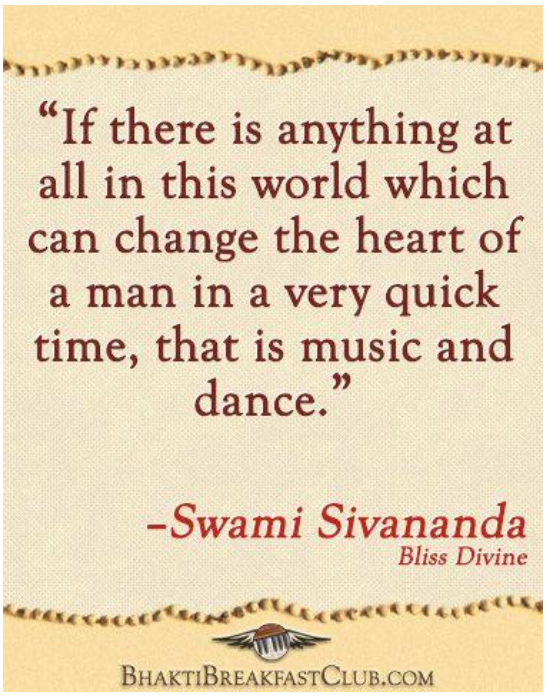
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1. Shiva Shambo!

Shiva Shiva Shiva Shambo	Am
Shiva Shiva Shiva Shambo	G Am
Mahadeva Shambo	C Am
Mahadeva Shambo	G Am

2. Jaya Shiva Shankara

Jaya Shiva shankara	Am C
Bom bom hare hare	Em G
(x2)	
Hare hare, hare hare	Am C
Bom bom hare hare	Em G
(x2)	

3. Alek Bom!

Alek alek bom	Am
Alek alek bom bom	
Aleka Shiva Shambo	G Em Am
(x2)	
Kailash ke raja Shiva bole	Dm
Bom bom bom bolenath	Em Am
(x2)	
Shiva nama om	F Am
Nama om nama om	
(x2)	
Hare om nama shivaya	G Am



4. OM NAMA SHIVAY

OM NAMAH SHIVAY	AM
OM NAMAH SHIVAYA	G
HARA HARA BHOLE	EM
NAMA SHIVAY	G AM
X2	
GANGA DHARAY SHIVA	AM
GANGA DHARAY	C
HARA HARA BHOLE	EM
NAMA SHIVAY	G AM
X2	

.....OM NAMA SHIVAY.....

JATAR DHARAY SHIVA	Am
JATAR DHARAY	C
HARA HARA BHOLE	Em
NAMA SHIVAY	G Am
X2	

.....OM NAMA SHIVAY.....

(MAHESHVARAY, KAILASH KERA, VISHNU SARAI, YAMUNA DHARAY)

Translation:
Salutations to Shiva, Ganges run on his dreads
He is the greatest, Put up the mountains



5. Look Into The Fire (Shiva)

Om Namah Shivaya
Look into the fire

Om Namah Shivaya
Let go of all desire

Om Namah Shivaya
Love can take you higher

Learn to be a flyer
Fly higher and higher

Shiva Shivaya Om Namaha
Shiva Shivaya Om Namaha
Om Namah Shivaya

6. Sarva Mangala

Sarva mangala mangalye	Am D
Shive sarvaartha saadhike	E Am
x2	
Sharanye tryambake guari	Am D Am E
Naraayani namostute	Am D E Am
Naraayani namostute	D E Am
x2	
Om namah Shivaya	Am
Om namah Shivaya	F G Am

7. Om Namah Shivaya

Om Namah Shivaya, Om Namah Shivaya
x108

8. Shivaya Gurave

Capo II	
Om Namah Shivaya Gurave	C
Satchidananda Murtaye	F7 G
Nishprapanchaya Shantaya	
Niralambaya Tejase	F7 G C

9. Gracias Por La Vida, Om Namah Shivaya

Gracias por la vida, gracias por la vida	Am
Un regalo para crecer	Em
Amaré, cantaré, rezaré, ayudaré	Am Em Am
(x2)	
Yo soy la luz	Am
Yo soy amor	Em
Y vivo para el creador	Am
(x2)	
Om Namah Shivaya, Namah Shivaya	Am
Namah Shivaya Namah ooooo	Em
Om Namah Shivaya, Namah Shivaya	Em
Namah Shivaya Namah o o o	Am



Nirvana Shatakam ~ Shiva Invocation

1) I am not mind, nor intellect, nor ego, nor the reflections of inner self. I am not the five senses. I am beyond that. I am not the ether, nor the earth, nor the fire, nor the wind (i.e. the five elements). I am indeed, That eternal knowing and bliss, Shiva, love and pure consciousness.

2) Neither can I be termed as energy (Praana), nor five types of breath (Vaayu), nor the seven material essences (dhaatu), nor the five coverings (panca-kosha). Neither am I the five instruments of elimination, procreation, motion, grasping, or speaking. I am indeed, That eternal knowing and bliss, Shiva, love and pure consciousness.

3) I have no hatred or dislike, nor affiliation or liking, nor greed, nor delusion, nor pride or haughtiness, nor feelings of envy or jealousy. I have no duty (dharma), nor any money, nor any desire (refer: kama), nor even liberation (refer: moksha). I am indeed, That eternal knowing and bliss, Shiva, love and pure consciousness.

4) I have neither virtue (punya), nor vice (paapa). I do not commit sins or good deeds, nor have happiness or sorrow, pain or pleasure. I do not need mantras, holy places, scriptures, rituals or sacrifices (yajna). I am none of the triad of the observer or one who experiences, the process of observing or experiencing, or any object being observed or experienced. I am indeed, That eternal knowing and bliss, Shiva, love and pure consciousness.

5) I do not have fear of death, as I do not have death. I have no separation from my true self, no doubt about my existence, nor have I discrimination on the basis of birth. I have no father or mother, nor did I have a birth. I am not the relative, nor the friend, nor the guru, nor the disciple. I am indeed, That eternal knowing and bliss, Shiva, love and pure consciousness.

6) I am all pervasive. I am without any attributes, and without any form. I have neither attachment to the world, nor to liberation. I have no wishes for anything because I am everything, everywhere, every time, always in equilibrium. I am indeed, That eternal knowing and bliss, Shiva, love and pure consciousness.

10. Vine Leaf Medicine (Vismay)
Capo 2

Bom Bom hare namah Shivaya	Am
Ganga Parvati ma	Dm
Ganesha sharanam	G
x2-4	
Mother father child	Am
vine leaf the medicine	
Beyond duality	Dm
Into Infinity / Into the Family	G
x2	

11. Om Guru ~ Trust Within
****capo 3****

I know you're always with me,	Am
I trust in you completely	Em
I feel your love everywhere	G D
(x2-4)	
Om namo narayani	Am Em
Narayani amma	G D
(x4)	
Om guru Jaya guru	Am
Om guru Shiva guru	Em
Om guru Shakti guru Jaya Jay	G D
(x2)	
Om Shiva, Om Shakti	Am Em
Om Shiva, Om Shakti	G D

12. Burn It All Away Kali

Om namo Kali Kali om namo
Om namo Kali Kali om namo (x2)

Oh great Mother, we invoke you in this space
Take away our fears and fill us with your grace
(x2)
(om namo…)
Oh dark Mother, goddess of the night
Take away our darkness and fill us with your light
(x2)
(om namo…)
Burn it all away Kali burn it all away
If it doesn't serve us then burn it all away
(x10+)
(om namo…)
Oh pure Mother Lady of the Lake
Take away our sadness and fill us with your strength

13. Chamundayay Kali Ma

Chamundayay Kali Ma
Kali Ma, Kali Ma, Kali Ma



14. Kali Bolo

Kali bolo Kali bolo	Em
Bolo bolo ma x4	Dm Em
Kali bolo Kali bolo	Em
Bolo bolo ma x3	Am
Jaya mata Kali	C G
Jaya jaya Ma x4	F Em

15. Jaya Mata Kali

Jaya mata Kali	Am
Jaya mata Durge (x2)	G Am
Kali Durge namo namah	Am G Am
Kali Durge namo namah	G Am
Kali Durge namo namah	Dm Am
Kali Durge namo namah	Dm Am
Kali Durge namo namah	Am G Am
Kali Durge namo namah	G Am

16. Jai Sri Ma

Jai sri ma Kali kali ma	Am C G
Jai sri ma	Am
Ananda ma Durga devi	C G
Jagadambeh sri ma	Dm Am

17. Open To Receive (Nicholas John Bauer)
Capo 2

Om shreem Jaya Lakshmi Em7 A7
Om namo
x4
Lam open to receive Em7 A7
x4
Namo Quan Shi Yin pusa Em7 A7
X4

18. Jay Ma
Capo 2

When the fire in my soul Em
Burns a longing for the goal C Em
Then i know in my heart it is you C D Em
x2

Jay ma jay ma, jay ma, jay ma Em C Em
Jay ma, jay ma, jay jay ma C D Em
x2

When the truth is revealed Em
All the sorrow will be healed C Em
And i know in my heart it is you C D Em
x2
Jay ma…

In the still of the night Em
From the darkness comes the light C Em
And i know in my heart it is you C D Em
x2
Jay ma…

Love is the Divine Mother's arms; when those arms are spread, every Soul falls Into them.

Hazrat Inayat Khan

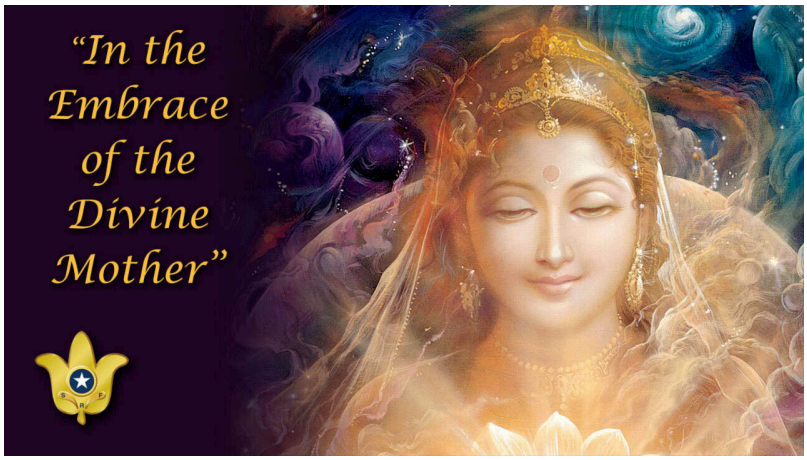
19. Shakti Kundalini

Om mata om Kali	Dm
Durga devi namo namaha	C Dm
x2	
Shakti kundalini jagadambe mata	Dm C Bb A
Shakti kundalini jagadambe mata	Dm C Bb A Dm
X2	

20. Jai Ambe Maa

Capo 4

Jai Ambe Maa	Em
Jai Ambe Maa	C
Jai Ambe Maa	G
Durga Durga (x2)	D
Ama, __Jai Maa Kali	Em
Jai Mata Devi	C
Jai Maa Kali	G
Amritanandamayi (Maa)	D Em
(x2)	



21. Jay Ganesha Deva

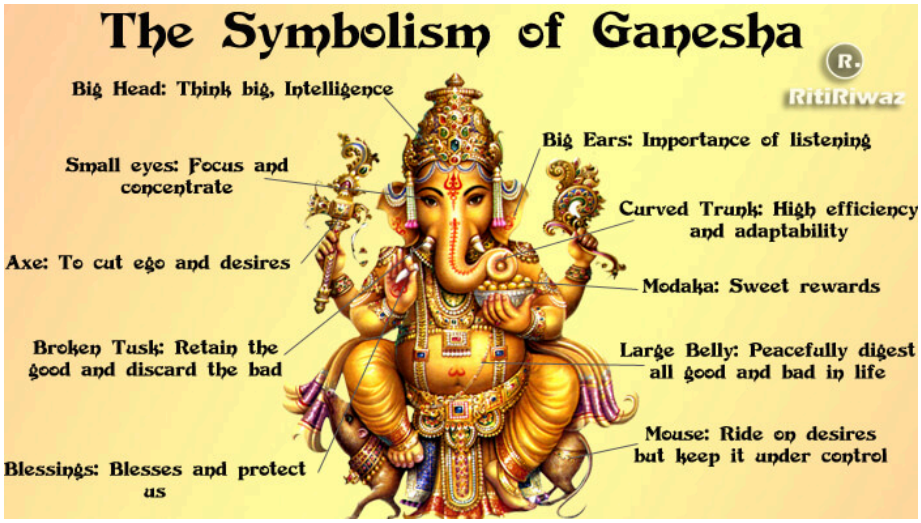
Jay Ganesha Deva, Jay Durga Ma	C Am
Uma Parvati, Ananda Ma	Em F G
Om Namah Shivaya	C
Om Namah Shivaya Mahadeva Shambo _	Am Em F G
Shambo Shambo Mahadeva Shambo _	Am C Em F G

22.. Ganapataye (Murray Kyle)

Om gam ganapataye namaha	Am
Om gam ganapataye namaha	C
Om gam ganapataye namaha ~ ahhhhhhh (x2)	Dm Am G
Open the way for my life to flow free	Am
clear the illusion that I may see	C
luminous path of harmony ~ yyyyyyy	Dm Am G
Every step a note in the symphony	Am
dancing divine destiny	C
weaving our prayers in the tapestry ~ yyyyyyy	Dm Am G

Om gan ganapataye namaha…

Jaya ganesha	F Am
Jaya ganeshaaa	F Am G



23. Ganesha sharanam

Ganesha sharanam
Sharanam ganesha (x4)

Om gam ganapataye namaha (x4)

Ganesha represents wisdom, acheivement and removing obstacles. Chant to him to clear your path of all obstacles

24. **Hari Om**

Om… hari om

O-o-om hari om *sang in rounds*

Sharanam ganesha, sharanam ganesha

Om gam ganapataye namaha

25. Hanuman Bolo

Hanuman Bolo	A
Hanuman Bolo	E A
Jay Sita Ram	A
Jaya Jaya Sita Ram	D A

****Hanuman represents Karma Yoga, selfless service, devotion in motion, compassion in action****

26 Jewel in the Lotus (Om Mani Padme Hum)

There is a jewel in the lotus flower	Am
Unfolding deep withing my soul	G Am
To be a jewel in the lotus flower	
Unfolded is the highest goal	G Am
Om mani padme hum	
Om mani, om mani padme hum	G Am

27. Om Mani Padme Hum

Om mani padme hum	Dm
Om mani padme hum	Am
Om mani padme hum	C
Om mani padme hum	G

28. I Remember (Nicholas John Bauer)

Om mani padme hum	G7sus2
Om mani padme hum	Cadd9 / G
I release, i surrender,	G7sus2
I remember this Truth	Cadd9 / G

29. Sita Rama Kaho

Sita Rama Kaho	Am
Jay Radhe Shyama Kaho	C
Sita Rama Kaho	G
Jay Radhe Shyama Kaho	Am
x2	
Sita Sita Sita Sita Ram Ram Ram	C
Radhe Radhe Radhe Radhe Shyam	G Am
X2	

30. Govinda Narayana

Govinda Narayana-a-a	Dm
Gopala Narayana	C Am Dm
x2	
Govinda Gopala Narayana-a-a	Dm C Dm
Govinda Gopala Narayana-a-a	Dm C Dm
Hare Govinda Gopala Narayana	F C Am Dm
Hare Govinda Gopala Narayana	F C Am Dm



31. Govinda Bolo Hari Gopala Bolo

Govinda bolo hari Gopala bolo	G Em C G
Radha ramana hari Govinda bolo	G Em C G
Govinda Govinda Govinda Gopala Gopala Gopala	G Em C G

32. Sita Ram

Sri Ram Jai Ram Jai Jai Ram	C G
Sri Ram Jai Ram Jai Jai Ram	Dm Am
Sita Ram Sita Ram Sita Ram Sita Ram	C G
Sita Ram Sita Ram Sita Ram Sita Ram	Dm Am

Chanting to Sita and Ram calls upon balance of the masculine/feminine, yin/yang, as well as divine union, and cosmic love

33. Hare Krishna

HARE KRISHNA, HARE KRISHNA	AM G AM
KRISHNA KRISHNA, HARE HARE	G AM
HARE RAMA, HARE RAMA	C G
RAMA RAMA, HARE HARE	AM

34. Om Namo Amitabaya (buddhist)

Om namo Amitabaya	Am Dm
Buddhaya, Dharmaya, Sanghaya (x2)	Am G Am
Om namo-o-o-o Om namo-o-o-o	Am G
Om namo Amitabaya (x2)	F E E7

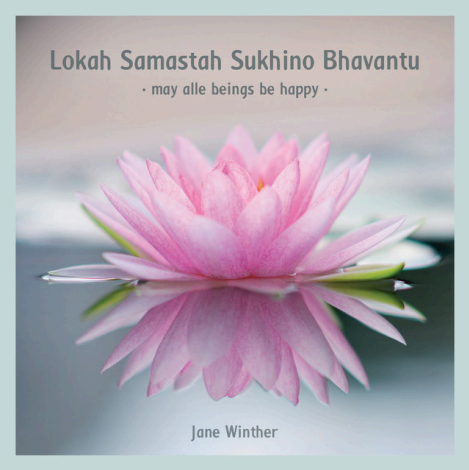
Meaning:
Amitabaya ~ A Bodhisattva, calling on the Bodhisattva within
Buddhaya ~ The divine Self, knowledge , wisdom
Dharmaya ~ Divine purpose, work
Sanghaya ~ Spiritual community

35. Green Tara Mantra

Om tare tutare ture svaha x4	G Em
Om tare tutare ture svaha x4	D Em

36. Lokah Samastah Sukhino Bhavantu
***May all beings in the world be happy and free*
May our thoughts, word, deeds and actions
*Contribute in some way to this happiness***

Lokah samasta sukhino bhavantu	G C C
Om shanti shanti shanti	G C C



37. Gayatri Mantra

Om bhur bhuvah svaha
Tat savitur varenyam
Bhargo devasya dhimahi
Dhiyo yo nah prachodyat
Om

General meaning: We meditate on that most adored Supreme Lord, the creator, whose effulgence (divine light) illuminates all realms (physical, mental and spiritual). May this divine light illuminate our intellect.

Word meaning: **Om**: The primeval sound; **Bhur**: the physical body/physical realm; **Bhuvah**: the life force/the mental realm **Suvah**: the soul/spiritual realm; **Tat**: That (God); **Savitur**: the Sun, Creator (source of all life); **Vareñyam**: adore; **Bhargo**: effulgence (divine light); **Devasya**: supreme Lord; **Dhīmahi:** meditate; **Dhiyo**: the intellect; **Yo**: May this light; **Nah**: our; **Prachodayāt**: illumine/inspire.

38. Trayambakam (Shiva Mantra)

Om tryambakam yajamahe
Sugandhim pustii vardhanam
Urdhva rukamiva bandhanan
Mrytor mukshiya ma amritat

"Tryambakan" refers to the Three eyes of Lord Shiva, referring to God as Omniscient (Brahma), Omnipresent (Vishnu) and Omnipotent (Shiva).
"Yamahe" means "we sing Thy praise".
"Sugandhim" refers to His fragrance of knowledge, presence and strength.
"Pusti Vardhanam" as representing Brahma, the Omniscient Presence sustainer of all life.
"Urva Rukamiva" refers to the powerful and all-pervading suffering quality of ignorance that is "Bandhanan", referring to "bounding us down."
"Mrtyor Muksheeya" refer to "take us from death to the final truth".
"Ma-Amritat" refers to "with your holy nectar".

39. Asatoma

Om asatoma sat gamaya	Am G Am
tamaso ma jyotir gamaya	C Am
Mrityor ma amritam gamaya	G Am
(x2)	
Ohhh lead me from the unreal to the real	Am G Am
From darkness to the light	C G
From death to immortality	Am

40. Medicine Buddha Mantra

Teyata om bekandze bekandze	C G
Maha bekandze randza samungate so ham	Am G F

41. Aad Guray Nameh (Kundalini PROTECTION Mantra)

Aad guray nameh
Jugaad guray nameh
Sat guray nameh
Siri guru deyv-ay nameh

42. Long Time Sun (Kundalini Yoga 3HO)

May the long time sun shine upon you
All love surround you
And the pure light within you
Guide your way on

43. Ong Namo (Adi Mantra ~ Snatam Kaar)

Ong namo gurudev namo x4 C Am7 F C
Gurudev gurudev namo, gurudev gurudev namo x2 C Am7 F C
*** i bow to the light within, i honor the guru within****
*** first line can be chanted by itself as a beautiful mantra to call upon your inner light and inner teacher****

44. Ra Ma Da Sa

Ra Ma Da Sa Sa Say So Hung

*** Ra: sun, Ma: moon, Da: earth, Sa: infinity*
*Say: personal, So: collective, Hung: infinite vibration****

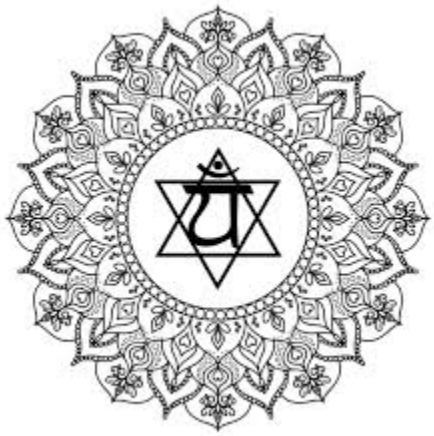
45. Altar of Love (Jaya Lakshmi & Ananda)

All that I am G
I offer at the altar of love C G
(x2)
In sweeeeeet sureeeeender Em D C G
(x2)
Sat a nam sat a nam sat a nam ji G
Wahe guru wahe guru wahe guru ji C G
(x2)





English Devotional Songs





THE GREAT INVOCATION

From the point of light within the Mind of God,
Let light stream forth into the minds of every person, every being.
Let light descend on earth.

From the point of love within the Heart of God,
Let love stream forth into the hearts of every person, every being.
Let love descend on earth.
May the World Teacher return to earth.

From the centre where the Will of God is known,
Let purpose guide the will of every person, every being.
The purpose which the Holy Masters know and serve.
Let goodwill and the will to do good descend on earth.

From the centre which we call the Human Race,
Let the Plan of Love and Light work out.
And may it seal the door where evil dwells.

Let Light, Love and Power manifest the Divine Plan on earth.

By Holy Master D.K.
Through Alice Bailey

Modified by Grand Master Choa Kok Sui

English Devotional Songs

Check Out Our SoundCloud!

1. We are Circling (rainbow)

We are circling circling together	Am
We are singing singing our heart song	C G
This is family, this is unity	Am C
This is celebration this is sacred	G Am
Estamos aqui juntos de los manos	Am
Cantando la cancion del corazon	C G
Eso es familia eso es unidad	Am C
Eso es celebración, eso es sagrado	G Am

2. Earth My Body (rainbow)

Earth my body	Am C
Water my blood	Am C
Air my breath	Am C
Fire my spirit	G
Heya heya heya heya	Am C Am C
heya heya ho	Am C
Heya heya heya heya	Am C Am C
heyaa hooo	G
Tierra mi cuerpo	Am C
Agua mi sangre	Am C
Aire mi aliento	Am C
Fuego mi espiritu	G

3. The River Is Flowing (rainbow)

The river is flowing Am
Flowing & growing G Am
The river is flowing
Down to the sea G Am

Mother Earth carries me Am
Your child I will always be G Am
Mother Earth carries me
Down to the sea G Am
The moon she is waiting Am
Waxing & waning G Am
The moon she is waiting
For us to be free G Am

Sister moon watch over me Am
Your child I will always be G Am
Sister moon watch over me
Until I am free G Am

The sun he is shining Am
Rising & shining G Am
The sun he is shining
Lighting the way G Am

Father sun shine down on me Am
Your child I will always be G Am
Father Sun shine down on me
So that I can see G Am

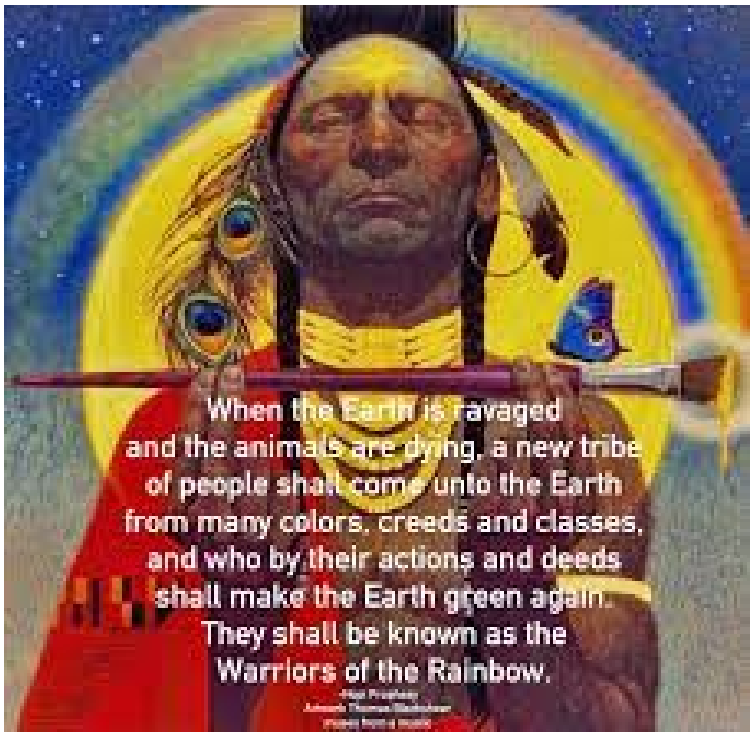
4. Mother I Feel You (Rainbow Version ~ Original by Windsong Dianne Martin)

Mother I feel you under my feet	Am G Am
Mother I feel your heart beat (x2)	C G Am
Heya heya heya heya heya heya ho!	Am G Am
Heya heya heya heya heya hoooo! (x2)	C G Am

Sister I hear you in the River song,
eternal waters flowing on and on.
x2
heya heya…

Father I see you when the Eagle flies,
Light of the Spirit going to take us higher.
x2
Heya heya….

Brother I see you on the mountain top
Spirit of love it will never stop!
x2
Heya heya…



5. Food Blessing (Rainbow)

Bless this food and the Earth that grew it
Thank you mother for sustaining me
May we walk this red road together
Help us to live in harmony

6. ANGEL WALK (Rainbow)

I behold you beautiful one
Sacred child of the Earth and the Sun
Let my love wash over you
Let my love watch/wash over you

*** Typically this song is sang on repeat, like a mantra, during An angel walk. Needs 8+ people. One person at the front and one at the end, the rest form 2 lines facing each other to create a tunnel. 1 by 1 each person closes their and is guided Through the tunnel. Person at the front chooses this person, Whispers something sweet into their ears then sends them Through the tunnel of love. People forming the tunnel give this person as much love as humanly possible!! Appropriate loving Touch, reiki, good vibes, whispers of sweet nothings in ears, Etc. people forming the tunnel gently and slowly guide the person through the tunnel. When they reach the end, person at the end gives them a BIG HUG, then places them back in line to continue to make the tunnel. Go until everyone has gone through the tunnel at least once. Sing this song the entire time***

7. Tall Tree (Rainbow)

Tall tree (tall tree)	Am
Warm fire (warm fire)	Em
Strong wind (strong wind)	Am
Deep water (deep water)	Em
I can feel you in my body,	C G
I can feel you in my soul (x4)	F E Am
Heya heya heya heya heya heya heya ho	Am Em Am
Heya heya heya heya heya heya heya ho	Am Em Am
Heya heyaaa heya heyaaa heya heya heya ho	C G F E Am
Heya heyaaa heya heyaaa heya heya heya ho	C G F E Am

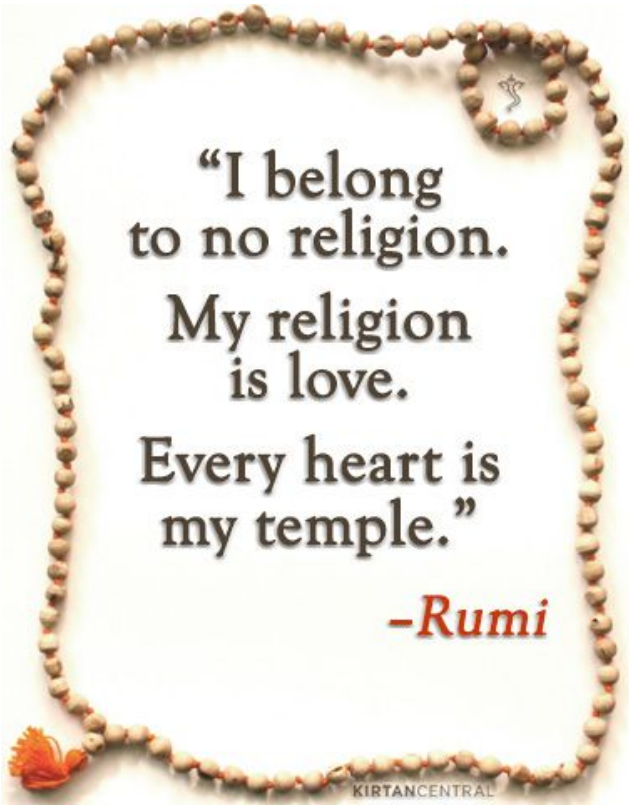
8. **Every Little Cell** (Rainbow)

Every little cell in my body is happy
Every little cell in my body is well (x2)

I'm so glad every little cell
in my body is happy and well (x2)

Cara celular en mi cuerpo esta allegre
Cara celular en mi cuerpo esta bien (x2)

Estoy bien, todo está bien
Cara celular en mi cuerpo está bien (x2)



9. Find My Joy (rainbow)

I find my joy in the simple things	Am C
Coming from the Earth	G Am
I find my joy in the sun that shines	C
And the water that sings to me	G Am
Listen to the wind & listen to the water	C
Hear what they Say	G Am
Singing heya heya heya heya	C
Heya heya ho (x2)	G Am
Let us never forget	
Never forget, to give thanks	C G Am
Give thanks, give thanks	C
Give thanks & praise (x2)	G Am

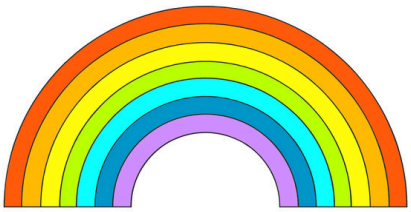
10. Pachamama (Rainbow)

Pachamama, I'm coming home	Am C
To the place where i belong	G Am
I wanna be free, so free	Am C
Like a flower and a bee	G Am
Like a bird in a tree	C
Like a dolphin in the sea	G Am
I wanna fly high, so high	C
Like an eagle in the sky	G Am
And when my time has come,	C
Im gonna lay down and die	G Am
And when my time has come	C
I'm gonna rise up and fly	G Am
Pachamama….	
I wanna be free, be me	Am C
Be the being that i see,	G Am
Not to rise, not to fall	C
Be one and loving all	G Am
There's no high, no low	C
There's nowhere left to go	G Am
Just inside a little star,	C
Saying just be who you are	G Am
Pachamama…	

11. I am a rainbow (Rainbow)

I am a gypsy, I am a wanderer	Am C
I am a rainbow, my soul will never die (x2)	G Am
Kumbaya kumbaya hey	Am
Kumbaya kumbaya ho	C
Kumbaya kumbaya hey	G
My soul will never die (x2)	Am
I am a healer, I am a listener	Am C
I am a rainbow, my soul will never die (x2)	G Am
Kumbaya…	
I am a farmer, I am a builder	Am C
I am a rainbow, my soul will never die (x2)	G Am
Kumbaya…	
I am a dreamer, I am a dancer	Am C
I am a rainbow, my soul will never die (x2)	G Am
Kumbaya…	
I am a lover, I am a warrior	Am C
I am a rainbow, my soul will never die (x2)	G Am
Kumbaya…	
I am a yogi, I am a mystic	Am C
I am a rainbow, my soul will never die (x2)	G Am
Kumbaya…	

Continue to fill in I am words if desired



12. Children of the Earth Tribe (Rainbow)

Children of the earth tribe RISE UP!
Children of the earth tribe RISE UP NOW!

Some say, namaste, some say Aho Mitakuye Oyasin
Some say, om, some say, shalom
We ALL call Mother Earth our home
Protect her, respect her
Please don't neglect her!

13. Coconut Tree (Rainbow)

I love my family I love my life
And now I live in a coconut tree

It's good, it's good, it's good to be free
Singing with the birds and swimming in the sea

14. Step Into The Flow

I step into the flow and then i let it go
I open my heart my body my soul
(x2)
I surrender, i surrender
I surrender,
I open my heart my body my soul!

15. We All Come From The Goddess

We all come from the goddess,	Am
And to her we shall return	G Am
Like a drop of rain,	
Flowing to the ocean (x2)	G Am
Hoof and horn, hoof and horn	Am
All that dies shall be reborn	G Am
Corn and grain, corn and grain	
All that falls shall rise again (x2)	G Am
We all come from the Sun God	Am
And to him we shall return	G Am
Like a spark of flame	
Rising up to the heavens (x2)	G Am
Sage and crone, sage and crone	Am
Wisdoms gift shall be our own	G Am
Crone and sage, crone and sage	
Wisdom is the gift of age (x2)	G Am

16. Give Thanks!

We give thanks to the Mother Gaia	Am C
Give thanks to the Father Sun	G Am
Give thanks for the children and the	
Veggies in the garden	C
And the Mother and the Father are One	G Am
Give thanks, give thanks	Am C
For all we do we give thanks	G Am
Give thanks give thanks	C
For all we do we give thanks!	G Am

17. Let your little light (Rainbow)

Let your little light shine shine shine	AM G AM
X2	
There might be someone down in the valley	C G AM
Trying to get home	G AM

And it might be me and it might be you ‘”””
It might be a brother or a sister too
There might be someone down in the valley
Trying to get home

18. Rainbow People
echoes

Sacred waters
Holy light
x2
Combine
To make a rainbow
And we will shine
With all of our colors

Rainbow people
Rainbow people
x3
Ah eey ay eey eye eey oh
Ah eey ay eey eye eey oh
X3

19. We Are Opening Up

We are opening up in a sweet surrender — Am C
To the luminous love light of the one (x2) — G Am

We are opening, we are opening (x2) — Am C G Am

We are rising up like a phoenix from the fire — Am C
Brothers and sisters spread your wings — G Am
And fly higher (x2)

We are rising up, we are rising up (x2) — Am C G Am

We are blossoming up like a lotus flower — Am C
Let your love light shine in the darkest hour — G Am

We are blossoming, we are blossoming (x2) — Am C G Am

We are rising up like the spirit of the drum — Am C
Brothers and sisters come together as one (x2) — G Am

We are rising up, we are rising up! (x2) — Am C G Am

We are rising up in an irie high vibration
Come together in a sweet meditation
x2
We are rising up.....

‘’’’’

We are opening up in the circle of light
Brothers and sisters let us all unite.
x2
We are opening.....

We are rising up like a lotus flower
Brothers and sisters come into your power.
x2
We are rising up…

20. JAH RASTAFARI!!!

Jah rastafari you are I salvation	Am Em Am
You help I realize	Em
The love, surrounding us all	Am Em
In every situation	Am
Here in the I & I	Em

(x4)
Oh Jah, you have given me
Everything I need
To be free, in this reality
Woah oh oh oh
In this reality
Woah oh oh oh
(x2)
Roots so deep (so deep so deep)
Roots so strong
Let the music fill your soul
Great Spirit is in full control
Let the music fill your soul
Forever, oh oh oh

21. Magic Hat Song

Deep inside my heart
I've got this everlasting light
That shines just like the sun
It radiates on everyone
And the more that i give
The more i've got to give
It's the way that I live
It's what I'm living for

(specific to rainbow)
Magic Hat, magic hat,
Put your love in the magic hat

Deep inside my heart
I've got this everlasting love
Shines just like the moon
It shines from me to you
And the more I receive
The more that I believe
That the love that we share
Surrounds us everywhere

22. On the Shores

On the shores of a mystical ocean	Am Dm Am
There lies a cave with a magical door	E Am
All are welcome but those who enter	Dm Am
Never shall return not a single day or more	E Am
Can you feel the rhythm of my heart now	C Dm Am
Beating in time with the drum in your hand	E Am
Fly away on the waves of the Ocean	Dm Am
Seeking and finding the butterfly people	E Am
Seeking and finding the butterfly people	E Am

(verse 2 by Dyl & Shir on a bus ride to Panama)

When you enter the magical doorway	Am Dm Am
You'll find the lands where the butterflies play	E Am
Come and join them for they are calling	Dm Am
Come and join their clan	E
spread your wings and fly away	Am
Can you feel the rhythm of my wings now	C Dm Am
Beating in time with the drum in your hand	E Am
Fly away on the waves of the Ocean	Dm Am
Now that you found your butterfly clan	E Am
Now that you found your butterfly clan	E Am



23. Universal Lover (Fantuzzi)

You are my mother, you are my father	Am
You are my lover, you are my friend	G Am
You're the beginning, you are the center	
You are divine beyond all end	G Am
You are the colors of the rainbow	Am
You are the pure white light in me	G Am
You are the rivers, you are the mountains	
You are the sky lord you are the sea	G Am
And I love you so!	Am G
Cause you help me see	Am
To see you in all	G
Is to see you in me	Am
Cause I'm in you and you're in me	G Am
X2	
Cause I am you and you are me	G Am



24. Hey Wichi Chayo (Fly Like An Eagle)

Hey wichi chayo, hey wichi chayo Am
Wichi chayo, wichi chayo G
(x2)

May we all fly like eagles x2 Am
Flying so high x2 G
Circling the universe x2 Am
On wings of pure light x2 G

Wichi Chayo…

Fly like a hummingbird x2 Am
Flying so low x2 G
Circling the Mother Earth x2 Am
On wings of rainbow x2 G

Wichi Chayo

Play like a monkey , Playing so free
Playing around Mother Earth, Swinging tree to tree

Wichi Chayo

Fly like a Hawk, Screeching so loud
Circling the volcano, Diving through the clouds

Wichi Chayo

Where we sit is holy, sacred is the ground
The forest mountains river, listen to the sound
....Wichi Chayo…
May we all love each other, each other as one
Love will heal our Mother Earth, it's only just begun
...Wichi Chayo...
May we all sing together, rejoicing in the sun
We are children of the rainbow, loving all as one
...Wichi Chayo…
May we all be one family, open and true
Clear with each other, nature I and you
...Wichi Chayo
Fly like a faerie, flying out of sight
Sparkling the universe, spreading love n light

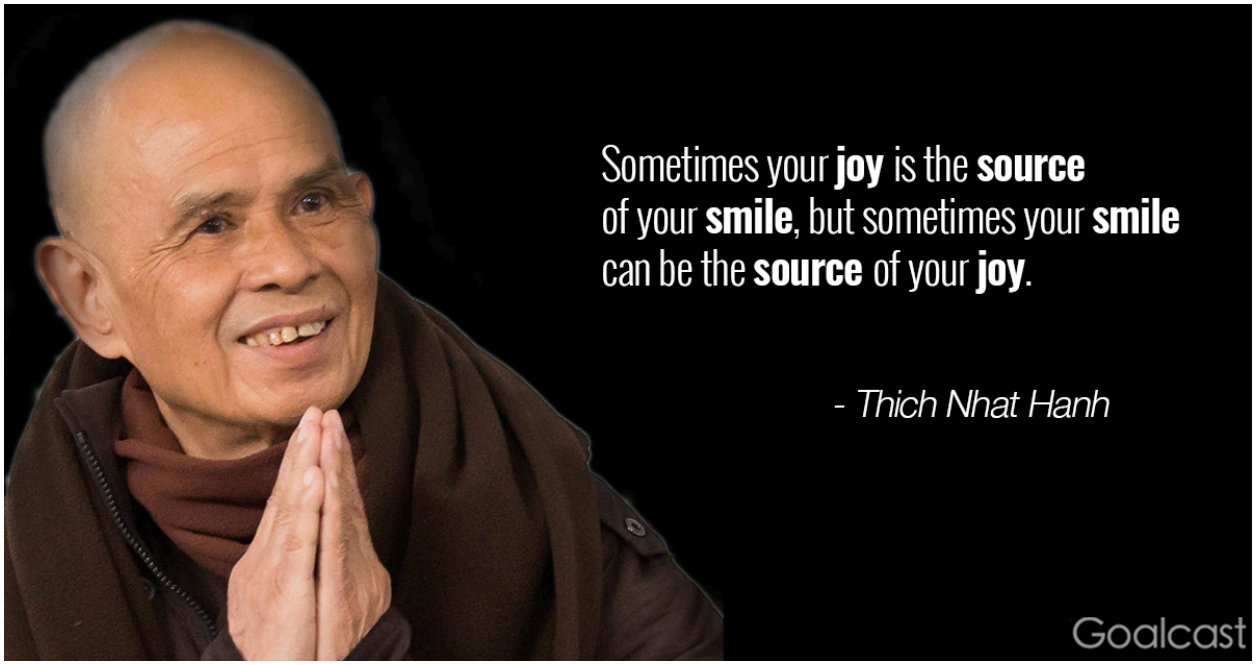
25. Sing The Whole Day Long (Singing Alive)

Your magic is your giveaway
Your magic is your song
So give away your love today
And sing the whole day long

Sing the whole day long
Sing the whole day long
x2

26. I Smile (Singing Alive Thic Naht Hahn)

Living in the present moment
I know that this is the only moment
Breathing in I calm my body and mind
Breathing out I smile, I smile



27. We Are One (Singing Alive)

Love love love love
We are made of infinite love
Love each other a ourselves
Cause we are one

28. Forget Your Perfect Offering

Forget your perfect offering x2
Just sing the song that you can sing x2
There is a crack in everything x2
That's how the light gets in!

29. Love Is Where We Come From

Love is where we come from
Love is where we go
Love is what' surrounding our soul
Love is where we belong
Love is where we belong

30. This Fire (Singing Alive)



This fire's a fire of love and forgiveness
Inspires the fires of kindness and gratitude
(x2)
This fire burns everything
That stands in the way of love
(x2)

31. Humbly We Walk (Singing Alive)

Humbly we walk here, humbly we sing here
Humbly we bless this ground
(x2)

Humbly and with gratitude
Remembering the ancient ones
Who walk this ground
(x2)

Humbly we walk this ground
With the spirit of blessing in our hearts
(x2)

32. Humble Yourself (Sufi)

Humble yourself in the arms of the Mother	Am G Am
You gotta bow down low	Em
Humble yourself in the arms of the Mother	Am G Am
You gotta ask her what she knows AND	Em Am
We shall lift each other up,	F G Am
Higher and higher	Em
We shall lift each other up	F G Am

(repeat with Father, Brother, Sister, Forest, etc.)

33. We Are Alive (Singing Alive)

We are alive, can you feel it
Opening to the sun
Warmed by singing ourselves alive
We are alive singing ourselves alive
We are alive singing ourselves alive

34. Bring Your Love (Copper Woman)

Bring your love bring your gratitude
Bring your heart and your soul (x2)

Sisters gather round
Feel the magick, touch the ground

Brothers gather round
Feel the magick, touch the ground

35. Freedom Drum (Singing Alive)

i can feel my heart beat
Beating to the rhythm of the freedom drum
x2
When I say yes to the beat in me
I can set my spirit free
When i say yes to the beat in you
I can see your light shine through

36. Honey Bee (Singing Alive)

I hope to feel like a bee in a happy hive
I hope to feel like I belong
I hope to feel like a bee in a happy hive
Making honey, and singing along!

37. Half Moon (Singing Alive)

Half moon half moon You shine so bright
You're half way dark But just as light
Because in essence You are whole
Even if darkness Has half your soul



38. Full Moon

Full moon, full moon
Full moon, full moon
I see you shining in the night
I feel your love upon me
You light the path for me to walk
You light the path for me to be free!

Full moon…

39. Sit Down By A Tree

Sit down by a tree (x3)
When you feel anxiety

Just breathe into a tree (x3)
And let your spirit be

Let it all go let it go now,
Down down like the roots in the ground
Let it all go let it go now,
Let it all go now!

Notice what you feel (x3)
Cause for you that is real

Make friends with what's within (x3)
And let the healing begin!

40. Down to the River to Pray

As i went down to the river to pray,
Studying about that good ol' way
And who shall wear the starry crown
Good lord show me the way

Oh sisters lets go down
Lets go down, come on down
Oh sisters lets go down
Down to the river to pray

(change sisters to: brothers, fathers, mothers, hippies, etc)

(Shiva version)

As i went down to the river to pray,
Studying about that wahe guru
Sat nam, om namah Shivaya
Shiva om, show me the way

Om namah Shivaya Shiva,
Shiva Shiva, mahadeva
Om namah Shivaya Shiva
Om, show me the way!

41. Sacred Wombyn I AM

Sacred woman I am
With bare feet i walk across the river stones
Water in my blood and the Earth in my bones
Stoke the fire in my heart so i am never alone
Sacred woman i am

(can change woman to man or human depending on group)

42. Open Like A Flower

Open like a flower, open like a flower	Am C
Yellow and sweet like sage in the summertime	G Em
Let your love shower, let your love shower	Am C
Just raindrops sinking in divinity	G Em



43. Love My Self

I love myself so much!
So i can love you so much
So you can love me so much
So you can start lovin me

44. I Honor You & Empower You

I am a wise wombyn, i am a strong wombyn
I am a healer and my soul will never die!

I honor you and empower you to be who you are
I honor you and empower you to be who you are

I am a strong man, i am a loving man
I am a peacemaker my soul will never die

I honor you and empower you to be who you are
I honor you and empower you to be who you are!

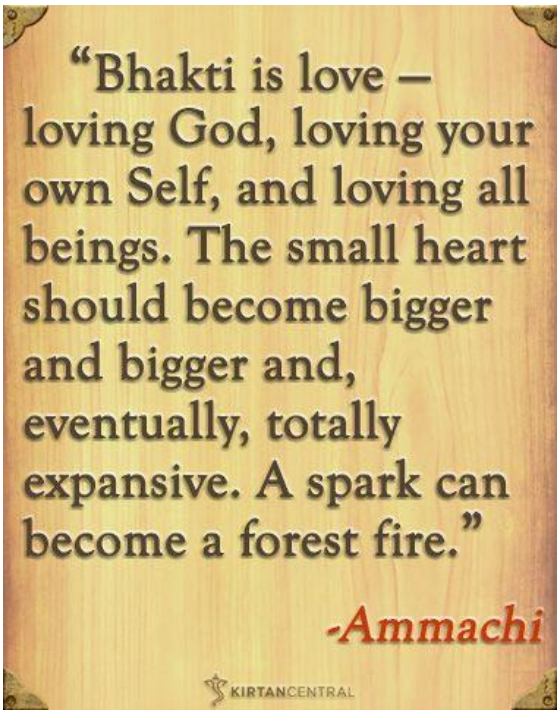
***can be sung in rounds where the brothers sing “i honor you”
Followed by men’s verse, then sisters respond “i honor you”
And then sing the wombyns verse***

45. Mashala (SUFI)

Through your eyes shines the light	Am
Mashala, mashala	
Wonder of God in you	G Am
(x2)	
Mashala, Mashala	Am G
Mashala, mashala	Am
Mashala, Mashala	G
Wonder of God in you-u-u	C
Wonder of God in you	G Am

46. I Release Control (Alexa Sunshine Rose)
Capo 4

I release control	Am
And surrender to the flow	Em
Of love	G
That will heal me	Am



47. Pool Of Love (Alexa Sunshine Rose)

May this pool of love
We have gathered here
Spread it's wings and fly
Far and near
From the depths of our heart
To the father star
May our love bless everyone
May our love bless everyone

48. Rattle My Bones

Rattle my bones rattle my bones
Water, Earth, fire and stone (x2)

All past purified by the flames of this fire
These flames are getting higher
Higher! Higher! We are inspired!! (x2)

49. Sacred Stones

Sacred stones, you have grown
Deep in the quiet of the ages

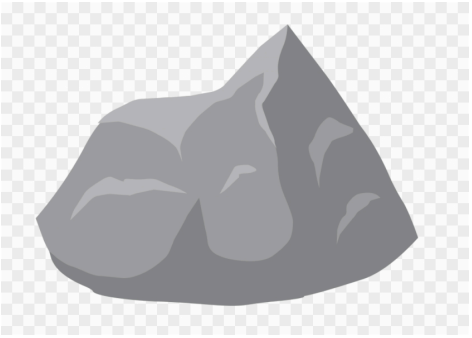
Sacred stones you have known
The fires of the druids and the sage

We call to you now
Help us to find our way home somehow

We call to you then
Help us connect with our ancient kin

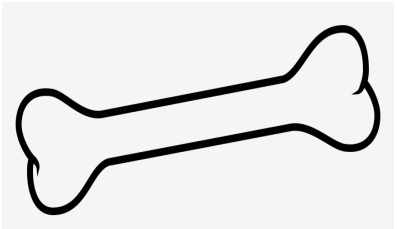
50. Bones are Rocks

My bones are the rocks themselves	Am
My blood is the river (x2)	C
In my booooooones is the rocks!	G Am
In my blooooooood is the river (x2)	G Am
Bones bones bones bones rocks	Am C G
Blooooooooooooood river (x2)	Am



(Optional added verses by Sunny & Jah)

My heart i made of devotion	Am
My mind is the vision (x2)	C
In my heeeeeeaaaart is devotion!	G Am
In my miiiiiiiiiiiiiiiiiiiind is the vision (x2)	G Am
heart heart heart heart devotion	Am C G
miiiiiiiiiiiiind vision (x2)	Am



My soul is like the trees themselves	Am
My spirit is the forest (x2)	C
In my soooooooouuul is the trees!	G Am
In my spiiiiiiiiiiiiiiiirit is the forest (x2)	G Am
Soul soul soul soul trees!	Am C G
Spiiiiiiiiiiiiirit forest (x2)	Am

51. Weave & Spin

Weave and spin
Weave and spin
This is how the world begins

Mend and heal
Mend and heal
Take this dream and make it real

Hand over hand
Strand by strand
Thread by thread
We weave this web!

52. Beautiful Day

Beautiful day, and everything's going my way
'cuz I am walking my path
with the flow!

53. Where I Sit Is Holy

Where I sit is Holy Am
Holy is this ground

Mountains, Forests, rivers
I Listen to your sound

Great Spirit circling all around me G F

Hey hey hey hey hey C
(repeat with where I: dance, pray, sing, etc.)

54. We are in tune

We are in tune with the cycling moon	Am C
Forever and ever and ever (x2)	G Am
Kuwate llenno lleno mahote	Am C
Hiyano hiyano hiyano (x2)	G Am
We are all one with the infinite sun	Am C
Forever and ever and ever	G Am

Kuwate…

We walk hand in hand with the spirit of this land	Am C
Forever and ever and ever	G Am

Kuwate…

55. Ho'oponopono (Hawaiian mantra)

Ho'oponopono, Ho'oponopono

I'm sorry
Please forgive me
Thank you
I love you

Lo siento
Perdoname
Gracias
Te amo

56. Put Your Roots Down

Put your roots down put your feet on the ground
You can hear what she says if you listen
(x2)
It's the sound of the river, as it moves across the stones
It's the same sound as the blood in ya body
As it moves across ya bones
Are you listenin? Mmhmmm
Are you listenin? Mmhmmm

Put your hands high, put em high to the sky
You can hear what he says if you listen
(x2)
It's the sound of the breeze as it moves across the trees
It's the same sound as the air in ya body
As you inhale and release
Are you listenin? Mmhmmm
Are you listenin? Mmhmmm

57. I Am Here

I am here, to release all of my fears
Come to peace with all my tears
And discover what it means to be alive!

58. Getting Groovy (Crystal Morelli)

We are getting groovy cause it's a party
And everybody's gettin' down
Join us, let's have a boogy
Drop all your worries
And let your soul spin round and round

59. When I Was Younger

When i was younger
Someone told me
It was wrong to be strong
It was wrong to be strong

But now I'm older
And I'm wiser
And I've been giving away
my power for too long!

Now I'm taking it back!
Now I'm taking it back!
Now I'm taking it back back back
Because it's mine!

60. She gives me life (Alexa Sunshine Rose)

Water runs through me	Am C
I am the water I am (x2)	G Am
She gives me life yeah she gives me life	Am C
She gives me life to li-i-i-i-i-i-i-ive	G Em
She gives me life yeah she gives me life	Am C
She gives me life to live!	G Am

(Repeat with: fire, air, earth, mother, father, etc)

61. Now I Walk in Beauty

Now I walk in beauty
Beauty is before me
Beauty is behind me
Above and below me



62. Walk in Beauty

May you walk in beauty in a sacred way
May you walk in beauty each & every day
(x2)
May the beauty of the fire lift your spirit higher
May the beauty of the Earth fill your heart with myrth
May the beauty of the rain wash away your pain
May the beauty of the sky teach your mind to fly!

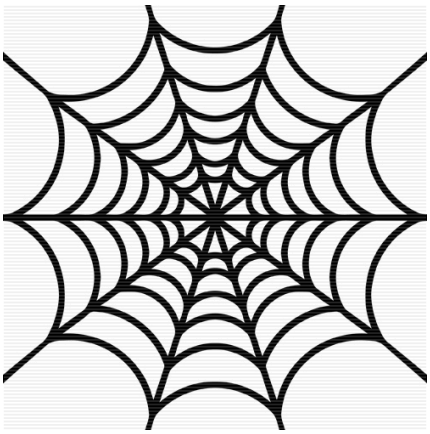
63. Carry Me Home

Spirit of the North carry me
Spirit of the North carry me home
Spirit of the North carry me
Spirit of the North carry me to myself

(repeat with South, East, West, Fire, Eagle, etc..)

64. Weaves the Web

There is an old woman who weaves the night sky
See how she spins watch her fingers fly
She weaves our lives from beginning to end
Our grandmother sister and friend
She is the weaver we are the web
She is the needle we are the thread
She changes everything she touches
Everything she touches changes
Changes, touches
Everything she touches changes



65. Born in the River

I was born in the river of the light
(x4)
Aint afraid to live and i aint afraid to die
(x4)

66. Hummingbird, Queen of the Jungle
**Sang in Echo

The eagle screeched, the eagle screeched and every bird flew
To the middle of the forest to meet the hummingbird
Hummingbird queen of the jungle flossed her wings in high vibration
And all the birds became enchanted and enter in concentration



67. Let Life Move Me

I'm gonna let life move me
I'm gonna let life stir me deep
I'm gonna let life wake me
From an ancient sleep

I'm gonna laugh all my laughter
I'm gonna cry all my tears
I'm gonna love the rain just as
deeply as the sun when it clears

68. Morning Sun (Vedantin Sunrise Song)

Morning sun, morning sun
Come my way come my way
(x2)
Come my way come my way
Take my pain, take my pain
(x2)
Take my pain, take my pain
Down below, down below
(x2)
Down below, down below
Cool waters down below
(x2)

69. YOU ARE BEAUTIFUL!

Sunny you are beautiful
Sunny you are strong
Wonderful to be with
Carry me along
Sunny here my heart song

(insert name of choice)

70. I Am Home

Home I am home
I found a place to heal my soul
It is right here
We are right here
Amongst the hills the stars the sun
The river so clear
River so clear

71. Sacred Fire

Fire, Sacred fire
Burning through the night

Come to me in my dreamtime
Bring me visions of light

Circle round , spiral down
Through this heart open wide

Burning bright, healing light
Dry these tears that i cry

72. Grandfather Sun (Murray Kyle)

Grandfather Sun, hey o wahi ney o wana
Light of the world, hey o wahi ney o wana

Wanna yo wana hey o wahi ney o wana
Yana yo wana hey o wahi ney ney o wey

Grandmother Moon, hey o wahi ney o wana
Guiding our way, hey o wahi ney o wana

Wana yo…

Pachamama, hey o wahi ney o wana
Mother of all, hey o wahi ney o wana

Wana yo…

Pachacamaq, hey o wahi ney o wana
Father of time, hey o wahi ney o wana

Wana yo…

73. Grandmother Moon

Grandmother Moon, I'm praying to you
Grandfather Sun, I'm praying to you
All night long, with all my heart
… All night long …
(x2)
Grandmother Earth, I'm praying to you
Grandfather Sky, I'm praying to you
All night long, with all my heart
… All night long …
(x2)
Grandmother Tree, I'm praying to you
Grandfather Rock, I'm praying to you
All night long, with all my heart
… All night long …
(x2)
Yana wana heya na heya na heya na
Yana wana heya na heya na heya na
(x4)

74. Hawk & Sparrow

Hawk and sparrow, hawk and sparrow
Hawk and sparrow, hawk and sparrow

Croooooooooowwwwww croooooooooowwwww (x2)

Eagle and condor, eagle and condor
Eagle and condor eagle and condor

Coooooooooliiibri bri bri bri, coooooooliiiibrii bri bri bri

75. Beautiful Bird

All I have to do is glide over the ocean
And all I have to do is glide over the sea
(x2)
Petals falling to the earth
Flowers open to the sky
Tears falling to the earth
Hearts opening as I die
Coming home, coming home, e-ya, e-ya
Coming home, coming home
There's a beautiful bird, flying through the sky
Spirit of freedom, spirit of light
Beautiful bird fly through the sky
On the wings of eternal love

76. Here in the now (Murray Kyle)

Here in the now i am hearing the now
As i listen, and i listen

To the sound that grows on up from the ground
Can you hear it now? In the here and now

Can you hear that the song of the Earth
She be singing in the cycle, in the circle

In the circle round with the sound that carries
The ancient memory constantly, gracefully

Calling us to heal now stewards are we
From the inner world, to the world we see
Raising up our voice for unity

77. Because I love you so much (Peyote)

Because I love you so much
Because I love you so much so much so much
Because I love you so much
with all of my heart
heya nah hey nay oh wey

Porque te quiero/amo tanto
Porque te quiero/amo tanto tanto tanto
Porque te quiero/amo tanto
con todo mi corazón
heya nah hey nay oh wey

78. Grandmother Song (Sheffy Oren Bach)

I hear the voice of my grandmothers callin' me
I hear the voice of my grandmother's song
She say, "Wake up wake up
Child wake up, wake up
Listen, listen, listen, listen"

I hear the voice of my grandmothers callin' me
I hear the voice of my grandmother's song
She says, "Stand in your power
Women stand in your power
Listen, listen, listen, listen"

I hear the voice of my grandmothers callin' me
I hear the voice of my grandmother's song
She say, "Give birth, give life
Mothers give birth, give life
Listen, listen, listen, listen"

I hear the voice of my grandmothers callin' me
I hear the voice of my grandmother's song
She say, "Teach them, be wise
Grow and teach them, be wise
Listen, listen, listen, listen

79. Way of the Corazon (Olaf)

Keeps me awake and it	Am
keeps me all night long	G
The way of the Corazon	Em Am
Keeps me awake and it	Am
Keeps me all night long	G
Keep me awake corazon!	Em Am

80. Way of the Heart

Let the way of the heart,	Am
Let the way of the heart	C
Let the way of the heart	G
shine through (x2)	Am
Love upon love upon love	C G Am
Our hearts are beating as one	C G Am
Light upon light upon light	C G Am
Shining as bright as the Sun	C G Am



81. Wake Up The Heart!!!

I want to sing a song of pure light	Am C
So love can shine through me	G Am
I'll sing it in a voice like a prayer	Am C
To wake up the heart to	G
Wake up the heart	Am
To wake up the heart	Dm
To wake up the heart	Am
So love can shine through me	G Am

82. Open My Heart

Open my heart
Let the love shine in (x2)

Let my heart beat like a fertile feild
Where seeds of faith can be sewn
Where seeds of faith can be sewn
Let the love shine in!

83. Open My Heart Once More (Kadhi)
CAPO 2

Ashes lay upon the Earth	Am C
And i wait for the phoenix birth	G Am
Fly from the flames and give me	C
Hope That I shall too rebirth	G Am
(x2)	
I remember the taste of peace	Am C
And the Earth beneath my feet	G Am
I will sing to the colored wings	C
That come to set me free	G Am
(x2)	
Fly me away with the wind and	Dm Am
Dive in the depths of the Ocean	Dm Am
Open my heart once more	G Am
Open my heart once more	G Am
(x2)	
This is what I'm praying for	C
Open my heart once more	G Am

Love of mine, forest of light
Pure holy oh divine
Pure water clean and cool
Deep in my heart you shine
x2
I remember…
Fly me away…

84. Japanese Water Blessing

Uchu No Mugen
No Chikara
Ga Kori Kote

Makote No Daiwa
No Miyo
Ga Nari Nata

We pray for healing blessings on the waters
We pray for healing blessings on the sea
We pray for healing blessings on the rivers
that they may flow in perfect harmony

We pray for healing blessings on the waters
We pray for healing blessings on the sea
We pray for healing blessings on the ocean
that they may shine in crystal purity

Gracias aguita sagrada (x2)

Thank you sacred waters (x2)

~English portion created by Nalani Blossom~
***** Please chant the Grand Invocation three times on every 11th [of the month] as below.**
The Grand Invocation: "Uchu no Mugen no Chikara ga Kori Kotte, Makoto no Daiwa no Miyo ga, Nari Natta."

This means: "The eternal power of the Universe has gathered itself to create the world with true and grand harmony." ***



Water Blessing

ASCAP Registration #:906791574

Healing Energy flowing through my blood,
Loving Harmony, messages of God.
Healing Energy singing in my ears,
Loving Harmony, calming ev'ry fear.

Into this water with Resonant Harmony imprint the crystal of Healing.
Into this water with Radiant Energy imprint the crystal of Love!

Rad'ant Energy shining in the night,
Shimm'ring Harmony, pouring forth her Light.
Rad'ant Energy blazing Solar Flame,
Shimm'ring Harmony, calling out my name.

Into this water with Resonant Harmony imprint the crystal of Guidance.
Into this water with Radiant Energy imprint the crystal of Truth!

Mother, father, sister, brother, sing the news to one another:
"Love is calling all to Harmony!"
In the water of this Earth, our thoughts and feelings all give birth
to what becomes our certain destiny.

Water of Life flow through me!
Water of Life imbue me!
Water of Life renew me!
Water of Life infuse me!

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85. Pure (Shimshai)

Pure pure like the water	G D
Let it run forever more	C
To be clean clean as the waves come	G D
Crashing to the shore it leads me	C
Smooth smooth as a pebble	G D
Polished in the depth of love and	C
Carried by the wings of grace	G D C
On the wings of a dove	G D

So shine shine like a diamond
Projects the light of one
From the source we are sent
Through the center
As the moon reflects the sun
Arise and wake from your slumber
Kindle the ancient flame
As the witness through the waves
Of what's tp change
Though the essence remains the same

All finds the way
All finds the way

86. Gathering the Flowers

Gathering the flowers	Am
Flowers from the forest	G Am
Forest full of medicine	Am Dm
To help us with our healing	G Am
Healing of our bodies	Am
Body mind and spirit	G Am
Spirit of the water	Am Dm
Come and wash over my heart	G Am
Heart is growing open	Am
Opening each moment	G Am
Each moment is a miracle	Am Dm
That's calling us to gather	G Am
Gathering the flowers	Am
Flowers from the forest	G Am
Forest full of medicine	Am Dm
To help us with our healing	G Am
Healing of our bodies	Am
Body mind and spirit	G Am
Spirit of the water	Am Dm
Come and wash away my tears	G Am
Tears of joy I'm crying	Am
Crying for my people	G Am
People we are ready	Am Dm
Ready to be free	G Am

87. Hari Om (Call on the Light Within)

Hari om, dear lord	Em
Sat nam Holy name	C
When i call on the light within	G D
I go home	Em
I call on the light within	Em
I call on the light within	C
I call on the light, call on the light	G D
I call on the light within	Em
Llama la luz interior	Em
Llama la luz interior	C
Llama la luz, llama la luz	G D
Llama la luz interior	Em

(optional new verse)
There is Buddha, Anak & Allah too
Jahova, Brahma & the true guru
Jesus, Moses & Vishnu
Shiva, Ram Dass, and the God in you

Peace on Earth, good will to all
The time has come for us to stand tall
Call on the light that shines for all
Call on the light within!

88. 8 Lessons of the Hummingbird

The hummingbird brings, the hummingbird brings	C E7
These 8 lessons for everyone to arrive	Am G C
(x2)	
1 is to have fun, 2 is to be free	C E7
3 is eternal happiness and 4 just be!	Am G C
5 is to be strong, 6 is carry on	C E7
7 create heaven, and 8 don't wait	Am G C
(x2)	
With the flapping of her wings,	C
The hummingbird brings	E7
Vibrations of eternity, sweet sweet eternity	Am Em
The hummingbird brings	G C

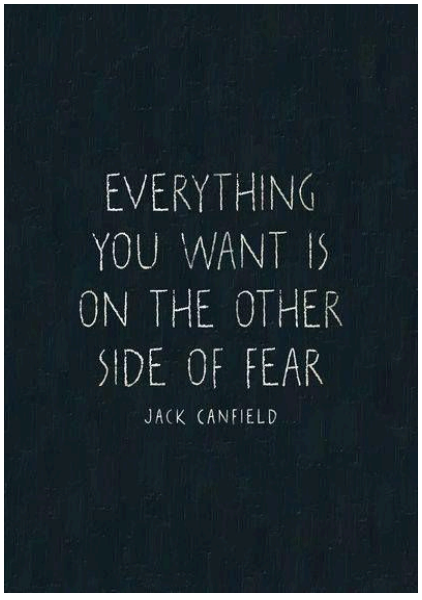
89. When You Let Go Of Fear

(chorus)
When you let go of fear Dm C
The truth will appear Dm
So simple and clear C
x2

There's a feeling inside F C
So deep and so wide F
So open and free C
When love is revealed, F C
All beings are healed F
So naturally C
((chorus))

Let your light show the way F C
Forever to stay F
In the circle of friends C
Let your heart be the guide F C
To lead you inside F
Where love never ends C
((chorus))

And when love overflows F C
You can only let go F
And be swept out by the sea C
This journey will end F C
Where it started my friend F
In the heart's mystery C
((chorus))



90. Queen of the Forest
Capo 3

Queen of the forest,	Am
your medicine shapes my soul	C
Queen of the forest	Am
Your medicine breaks my mold	C
Queen of the forest	Am
Your medicine makes me whole	C
Queen of the forest	Am
Turning ignorance into gold	C
In the darkness of the night	Am C
And my heart is burning so bright	
And the longing to be free	G
Is deep inside, deep inside of me	Am
Through the deep journey of the soul	Am
Unveiling wisdom help me unfold	C
All the stories that i hold	G
Let them go, let them go	Am
Through the doors of my mind	Am
Unveiling wisdom that transcends the time	C
The heart of now is my shrine	G
One heart one prayer, one tribe,	
One, one, one, one	Am C G Am

_____
_____
x2

Kem share kem share too kawa	Am
Kem share kem she too kalawa	C
Kem share kem she too kamka	G
Ke she kone kem she too kalawa	Am

x4-8

91. Angels Of Healing

Blessing angels come be with me	Dm F C DM
Heal my spirit, mind and body	Dm C Dm

x2

Blessing angels of green and gold	Dm F C Dm
Heal my heart and heal my soul	Dm C Dm
Blessing angels of violet and blue	Dm F C Dm
Open my eyes to the vision of truth	Dm C Am Dm

92. Spiral (Darpan)

Spiral to the center of the light	Em D/F# Em
Where sacred dreams and visions do abide	D/F# Em
Awaken to the calling of the spirit	G D/F# Em
Soaring with the winged ones in the sky	D/F# Em
x2	
Oh speak to me oh sweet celestial voice	Em D/F# Em
And journey to the center of my soul	D/F# Em
So i can hear the songs that you are singing	G D/F# Em
As my path of love and light unfolds	D/F# Em
x2	
Spiral into the light (x2)	D/F#

You are my mother, you are my father	Em
You're my lover and my best friend	D/F# Em
You are the beginning, you're the center	Em
And you're far beyond the end	D/F# Em

And I love you so, cause you help me see	G D D/F# Em
To see you in all is to see you in me	G D D/F# Em
Because I'm in you and you're in me (Inlakesh)	D Em
I'm in you and you're in me x3	D Em

Yahe yaho, yaho yahe	D Em
Ayahuasca yahe yahe yaho	D Em
Jurema yahe yaho yahe	D Em
Chacrupanga yahe yahe yaho	D Em
Yaho yahe, yahe yaho	D Em D Em

You are the colors of the rainbow	Em
you're the pure white light in me	D/F# Em
You are the mountains, you're the rivers	Em
You're the sky, you're the sea	D/F# Em

And I love you so…

Petals of the lotus there are many	Em
But the flower is just one	D/F# Em
Philosophies religions there are many	Em
But the truth is just one	D/F# Em

And I love you so….

93. Here on this earth

Here on this earth we live for a short time
together we blossom like flowers

Each one has got a place on this garden
together we shine with the light we receive from his power.

pray to the eternal life of the universe
give me (us) life illuminate my (our) heart.

give thanks to the sun, - give thanks to the moon
my mother and father above

give thanks for this love i give thanks for this hummingbird
in the eternal garden of Love

pray to the eternal life of the universe
give me (us) life illuminate my (our) heart.

94. True Names (Thich Nhat Hanh, song by Yopi)

My joy is like spring, so warm	Am C
It makes flowers bloom all over the Earth.	G Am
My pain is like a river of tears	Am C
So vast it fills the four oceans.	G Am
Please call me by my true names	C G
So i can hear all my cries and laughter at once	Dm Am
So I can feel that my joy and pain are one.	C G Em Am
Please call me by my true name	C G
So that I can wake up	Dm Am
And the door of my heart will be left open	C G Em Am

95. Blessed We Are (Peia)

Blessed we are to dance on this ground	Am Em
with the rhythm of saints to carry the sound	G D
in a prayer for the Earth (our lives), for those yet to come	Am Em
may we walk in beauty and remember your song (x2)	G D
Remember why we came here	Am Em
remember this life is sacred (x2)	G D
Hayahey yahey yahey yoh	Am
Hayahey yahey yahey yoh	Em
Hayahey yahey yahey yoh (x2)	G D

96. Celestial Heart (Nick Barber)
Capo 1

Oh! My Celestial Heart	Am C Am
With your love that takes me so high	F Am
You teach me the way I can live	G Em
You show me what it means to die	F G Am
Oh! My Celestial Love	Am C Am
With your light you heal my pain	F Am
In your kingdom I feel I am home	G Em
And I don't want to leave you again	F G Am
Oh! My Celestial Dream	Am C Am
With your light that shows me the way	F Am
To lead me back home to the love	G Em
That's deeper than my words can say	F G Am
Oh! My Celestial Queen	Am C Am
With your love that takes me so high	F Am
My heart has opened its wings	G Em
With you I have learned how to fly	F G Am

97. Cosmic child (Noam I&I ben david)

Universe of light, is guiding my way	Am C
I am powered by the guidance of the stars	G Am
Universe of light, empowering my way	Am C
I am guided by the power of the stars	G Am
Return to I Love	Am C
For the glory of the earth	G Am
Return to I am I Love	Am C
For the glory of the children	G Am
And the moon, __all the sun	Am C G Am
Hmm the movement, and the children	Am C G Am C G
Who am I?	Am
I am a cosmic child	C
I am a cosmic child	G
I am a cosmic child	Am
Who are you?	Am
You are a cosmic child	C
You are a cosmic child	G
You are a cosmic child	Am
Sacred fire, here I pray	Am C
To the universe and beyond	G
To the universe and beyond	Am
Sacred water, here i pray	Am C
To the universe and beyond	G
To the universe and beyond	Am
Nai nai nai nai	Am
Nai nai nai nai nai nai nai	C
Nai nai nai nai nai nai nai	G
Nai nai nai nai nai nai nai nai nai	Am
(x4)	
Cosmic child …	
Sacred earth, sacred spirit …	
Nai nai nai nai … (x8)	

98. Witches (Bonnie Lockhard)

Chorus:
Who were the witches? Where did they come from?
Maybe your great great grandmother was one
She was a very wise woman they say
There is a witch in every woman and men today

Witches knew all about flowers and trees
How to use all the roots, the bark, and the leaves

People grew weary from hard-working days
Witches made them feel better in so many ways

(chorus)

Women had babies, the witches were there
To feed them and hold them and give them some care

Witches new stories about how life began
Don't you wish you could be one, well maybe you can

(chorus)

Some people thought that the witches were bad
Some people were scared of the power they had

The power to heal and to help and to care
Isn't something to fear- it's a treasure to share

(chorus)

Original Songs By Jahendo, and/or Sunny D

99. I Love My Body (Jahendo)

I love my body, It's a holy temple — Am C
I am connected to the Earth — G Am

I love my emotion, it's a divine ocean — Am C
I am connected to the Water — G Am

I love my mind, it's a magick breeze — Am C
I am connected to the Air — G Am

I love my spirit, it's a sacred flame — Am C
I am connected to the fire — G Am

I love my path, it's the beauty way — Am C
I am connected to the medicine — G Am

100. Father Fire (Jahendo)

Protect me Father Fire
Show me the truth Father Fire (x2)

Give me the strength
to create coals
Give me the space
to create flames (x2)

101. Integrity (Abra Kadabra) (Jahendo)

I do everything that I say I'm gonna do	Am C
Therefore everything I sayyyy comes true (x2)	G Am
I say what I do and I do what i say	Am C
Therefore I-I-I-I walk the beauty way (x2)	G Am
I think therefore I am	Am C
And i speak and so is (x4)	G Am
Abra kadabra abra kadabra	Am C
Abra kadabra alakazam (x2)	G Am
My heart is open in the spirit of devotion	Am C G Am
My heart is open in the spirit of devotion	Am C G Am
My heart, my heart, my heart is open	Am C G Am
In the spirit of devotion (x2)	C G Am
My mind is on a mission with the clarity of vision	Am C G Am
My mind is on a mission with the clarity of vision	Am C G Am
My mind, my mind, my mind is on a mission	Am C G Am
With the clarity of vision (x2)	C G Am
Integrity dee dee dee	Am C
Integrity dee dee dee (x2)	G Am

(Repeat with accountability, responsibility, clarity, prosperity, etc.)

(Can freestyle from here or go back to beginning!)

*** Integrity means that I am a Man of my word*
I am a man of my word, so i do what i say I'm gonna do
I do what i say, therefore i say what i do
Thus everything i say comes true
~ beautiful spell to cast*

102. Voice of the Forest (Jahendo)

The voice of the forest calling me	Dm Am
The voice of the forest healing me	Dm Am
The voice of the forest calling me	Dm Am
Calling me to come home	Em Am
The voice of the forest calling me	Dm Am
The voice of the forest healing me	Dm Am
The voice of the forest calling me	Dm Am
Calling me to be free	Em Am
The spirit of the forest breathing through me	Dm Am
The spirit of the forest healing through me	Dm Am
The spirit of the forest singing through me	Dm Am
Guiding me into my heart	G Em
Spirit of the forest (x2)	Am

103. Medicine Carrier (Jahendo inspired by Murray Kyle)

Medicine carrier/guardian	Dm
Yanday dee die oh	Am
Weaving beauty	Em
Yanday dey dey (x2)	Am
Yanday yanday	Dm
Yanday dey die oh	Am
Yanday yanday	Em
Yanday dey dee	Am

104. Walk The Beauty Way (Compiled by Jahendo)

Walk the beauty way	Dm Am
Walk the beauty way	Em Am
x2	
May we walk in beauty	Dm
in a sacred way	Am
May we walk in beauty	Em
each and every day	Am
x2	
I see/feel beauty all around me	Dm Am
As i walk that beauty way	Em Am
x2	
My thoughts will all be beautiful	Dm Am
My words will all be beautiful	Em Am
My actions will all be beautiful	Dm Am
As i walk that beauty way	Em Am
x1-2	
May the beauty of the fire	Dm
Lift your spirits higher	Am
May the beauty of the Earth	Em
Show your heart what it's worth	Am
May the beauty of the rain	Dm
Wash away your pain	Am
May the beauty of the sky	Em
Teach your mind to fly	Am
x1-2	
Medicine carrier yandadeedayo	Dm Am
Weaving beauty yandadeeday	Em Am
x2	
Yanday yanday, yandadeedayo	Dm Am
Yanday yanday, yandadeeday	Em Am
x2	



105. Thunder Beings (Jahendo & Sunny)

Thunder beings lord of the sky	Am C
Rain your blessings down from up high	G D
(x2)	
Thunder beings lord of the sea	Am C
Shine your blessings down upon me	G D
(x2)	
Thunder beings lord of the weather	Am C
Help our spirit be light as a feather	G D
(x2)	
Thunder beings lord of the clouds	Am C
Light up our fear and	G
strike through our doubts	D
(x2)	

106. We Are Water (Sunny & Jah)

Be still like the Lake	Am
Strong like the Ocean	C
Flow like a River	G
And chill like a Pond	Am
We are Water	Am
Water is Sacred	C
Sacred is Spirit	G
Spirit of Life	Am
Mni Wiconi, Water is Life	Am C
Mni Wiconi, Water is Life	G Am

107. **Where the Journey Begins** (Sunny D & Joleyne)
Capo 3

When you open up your heart	Em
And let love in	Am
That is where the journey begins	C G
Open wide, open strong	Em Am
Let love in, all day long	C G
And fly free in the wind	Em Am
Let love flow deep within	C G

108. Sacred Waters (Sunny D)

Sacred, sacred waters	Am C
Flowing through me	G Am
Sacred, sacred water	Am C
Flowing to the sea	G Am
Mama Ocean, Sister River	Am C
Lady of the Lake	G Am
Thank you sacred waters	Am C
For cleansing all of me	G Am
My blood is the river	Am C
My womb is the sea	G Am
My tears are the rain	Am C
My heart is the lake	G Am

109. Mama Ocean (Sunny D)

**Capo 3

Chorus:

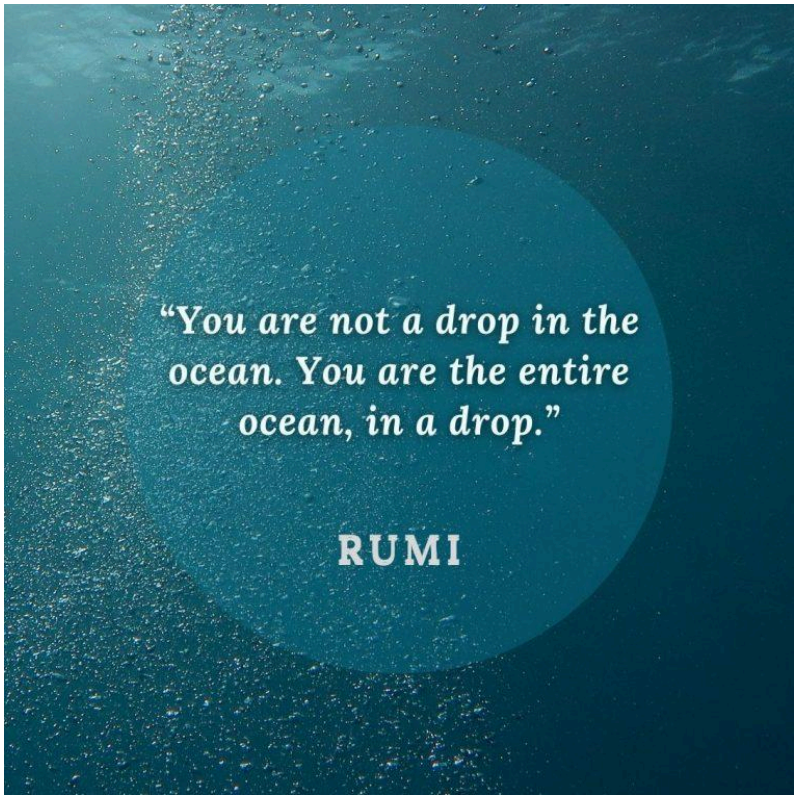
Mama Ocean Mama ocean	Am C
Mama Ocean Mama ocean	G Am
I love you Mama Ocean	Am C
I honor you Mama Ocean*	G Am

Thank you for all that you do	Am C
For bringing us all back to the womb	G Am
For gifting us the time and space	Am C
To fill up our cups with so much grace	G Am

Chorus

Thank you for all that you do	Am C
For watering us deep in our roots	G Am
For cleansing us and washing away	Am C
All the pain from yesterday	G Am

Chorus



110. I Am Medicine (Jahendo)
**Capo 2

Ong Namo Guru Dev Namo x2 Dm Am E Am
Ong Namo Guru Dev Namo, I am medicine x2 Dm Am E Am
Ong Namo Guru Dev Namo Sat Nam x2 Dm Am E Am
Sat Nam, Sat Nam, I am Truth Dm Am E Am
Sat Nam Sat Nam, Truth is me Dm Am E Am
So Hum So Hum I am that I am Dm Am E Am
So Hum So Hum I am medicine Dm Am E Am
The medicine, i let it in, deep inside my soul Dm Am E Am
The medicine, i let it in, deep inside my heart Dm Am E Am

The medicine of the forest is opening me up F7 C G Am
To the medicine I have within, it's filling up my cup F7 C G Am

Namaste, I bow to the light in you F7 C G Am
Namaste, I'm in you and you're in me F7 C G Am

The medicine that I hold F7 G
carries me to the light that unfolds C F7
I love myself cause I am medicine G E Am

The medicine i have within F7 G
Spreads to each and all my friends C F7
Opening our hearts to the medicine G E Am
My medicine is healing you F7 G
Your medicine is healing me C F7
And our medicine is healing us all G E Am

I am Truth, Truth is Me F7 C
My holy light carries Me G Am
I am Love, Love is Me F7 C
Awaken my divinity G Am
I am Strength, Strength is Me F7 C
Living with integrity G Am
I am God, God is me F7 C
Creating consciously G Am

From the words I speak to the deeds I do F7 G
I share my medicine with you C F7
And I heal the world cause I am medicine G E Am
And you heal the world cause you are medicine G E Am

I let it in, divine resonance F7 G
It's presence is so heaven-sent C F7
It is evident, that I am medicine G E Am
It is evident that you are medicine G E Am

Original Songs From Friends & Family

111. The Way, the Truth & the Light (Jayaji)

I am the way, the truth and the light	Am G Am
The force you cannot deny	G Am
From the Earth to the open sky	G Am
I am a new days sunrise	G Am
I am the light, the way, and the truth	Am G Am
The force deep inside you	G Am
From the womb to the tomb	G Am
I am a flower in full bloom	G Am
I am the truth, the light, and the way	Am G Am
The force that doesn't sway	G Am
From the night into the day	G Am
I am the prayer and the one who prays	G Am

112. The Key (Jayaji)
Capo 2

You are right where you need to be	C B Am
This moment holds the key	B C
You are right where you need to be	B Am
This moment you are free	B C
x2	
Between each breath	B
There's a place you can rest	Am B
Deep within your chest	C B Am
When you come to that open door	C B Am
There you will fear no more	B C
When you come to that open door	B Am
There you will be who you are	B C

(You are) Right where you need to be…

Descend the stairways	B
Of your mind	Am B
See what you will find	C B Am

When you come to that door inside	C B Am
Now there's no place to hide	B C
When you come to that light inside	B Am
There you will find you are	B C

(You are) Right where you need to be…



113. Ancestors Song (Jayaji)

face each direction as you call to them

Ancestors I'm calling you
I am facing the South calling you
Please bless me with your Peace
So that i may Sing

Ancestors I'm calling you
I am facing the West calling you
Please bless me with your Eyes
So that i may See

Ancestors I'm calling you
I am facing the North calling you
Please bless me with your Love
So that I may Heal

Ancestors I'm calling you
I am facing the East calling you
Please bless me with your Light
So that I may Shine
Ancestors I'm calling you
I am facing the Earth calling you
Please bless me with your Strength
So that I may Rise

Ancestors I'm calling you
I am facing the Sky calling you
Please bless me with your Power
So that I may Pray

Ancestors I'm calling you
I am facing the Fire calling you
Please bless me with your Heart
So that I may Live

114. Great Spirit (Letiziah Xiuh)
**Capo 3

Welowelo hey ya heyo Am
Welowelo hey ya heyo C
Welowelo hey ya heyo G
Welowelo hey yaho Am

Great Spirit give us strength Am
Give us trust and give us faith C
In the darkness we may see G
Thy light shining inside Am
Welowelo…

Grandmother I hear your call Am
In my heart singing a song C
I'm standing like a rock G
In the middle of the storm Am
Welowelo…

Holy flame burn my fears Am
Clear my mind, heal my heart C
From the ashes of this fire G
Thy light we will ignite Am
Welowelo…

Golden Sun shine bright your light Am
Upon us shines the divine C
All the love and all the joy G
For us to be alive Am

115. I want to sing (Drew Youngspring)

I want to sing and pray E B
Share love all day E A
That's the way E
That's the way B
I want to LIVE__ E A B

With the sun, and the moon E B
All being in full bloom E A
That's the way E
That's the way B
I want to LIVE__ E A E

Barefoot around the fire E B
We are all wild E A
Coming in E
Coming in B
To our SELVES E A E

Sunrise, flowers E B
Hummingbirds, spawn of summer E A
Its arriving E
Its arriving B
As we sing and pray E A E

Sunrise, flowers E B
Hummingbirds, songs of summer E A
Its arriving right here E
Its arriving right now B
As we sing and pray E A E

116. Silver Doe (Drew YoungSpring)

Weya heyana weya heyo	F C
Call the name of Silver Doe	Em Am
x2	
I am always known your name as Truth	F C Em Am
I will always sing your song virtue	F C Em Am
x2	
Corre Venadito x2	Em Am
Sube a la montana x2	Em Am
Corre Venadito x2	G Am
Sube a la montana x2	G Am



117. Elementals (Aloka)

I listen to the air
I listen to the fire
I listen to the earth
I listen to the waters

Can you hear it can you can you hear it
Can you hear it can you can you hear it
It whispers to your soul,
It whispers to your spirit

118. Hummingbird (Brian Beloved)

In the Sacred Valley	Em G
There lives a hummingbird	D C
He's waiting for the day	Em G
His voice will soon be heard	D C
Beija Flor ….	Em G
You're opening the door	D C
For infinite wisdom …	Em G
Third eye vision … Singing	D C
An expression of the sacred	Em
Would you make sense	G
Would you make sense of this life	D C
An expression of the sacred	Em
Would you make sense	G
Knowing love is what we make it	D C
For that which is boundless in you	Em G
Abides in the mansion of the sky	D C
Your wings are the morning mist	Em G
Your voice is of pure light	D C

Beija Flor ….

An expression of the sacred...

At the soul level, things are what they truly are	G D C Em
At the soul level, we are written from the stars	G D C Em
At the soul level, we are truly breaking free	G D C Em
At the soul level, we have everything we need	G D C Em
7	
For that which is boundless in you	Em G
Abides in the mansion of the sky	D C
Your wings are the morning mist	Em G
Your voice is of pure light	D C
Beija Flor ….	Em G
You're opening the door	D C
For infinite wisdom …	Em G
Drinking from the nectar of pure life	D C

119. Universal Lessons (Made by MYF Volunteers, Inara Sky, Juliana, Ju, Jewno, and others)

F Am
Lesson Number 1 is to have Fun.
G C
Lesson Number 2 is to Be True.
F Am
Lesson Number 3 to Live Creatively.
G C
Lesson Number 4 Just Be.

F
The Universe has a plan
Am
You just have to flow
G
And follow your heart
C
And then you will know
F Am
What it feels like to live authentically
G C
and trust in your heart, just be.

F Am
Lesson Number 5 is to just stay high.
G C
Lesson Number 6 is do your flow tricks.
F Am
Lesson Number 7 refers to lesson 11.
G C
Lesson Number 8 don't wait.

F
The Universe has a plan
Am
You just have to flow
G
And follow your heart
C
And then you will know
F Am
What it feels like to live authentically
G C
and trust in your heart, just be.

F Am
Lesson Number 9 you are divine.
G C
Lesson Number 10 stay in your zen.
F Am
Lesson Number 11 refers back to 7.
G C
Lesson Number 12 just breathe.

F
The Universe has a plan
Am
You just have to flow
G
And follow your heart
C
And then you will know
F Am
What it feels like to live authentically
G C
and trust in your heart, just be.

F Am
Lesson Number 13 don't be scared to be seen.
G C
Lesson Number 14 go ahead and soar.
F Am
Lesson Number 15 jump in and explore.
G C F Am G
C
Lesson Number 16 gratitude is at our core-or-or.
F Am G C
Gratitude is at our core-uh-or.

F
The Universe has a plan
Am
You just have to flow
G
And follow your heart
C
And then you will know
F Am
What it feels like to live authentically
G C
and trust in your heart, just be.
F Am G C
And we shall see what love can be.

120. Everything We Need (Sha inspired by Trevor Hall)

We have everything we need, we have everything we need
We have everything we need x2

From the mountains to the sea, we have everything we need
We have everything we need

From the valleys to the lake, we have it all for goodness sake
We have everything we need!

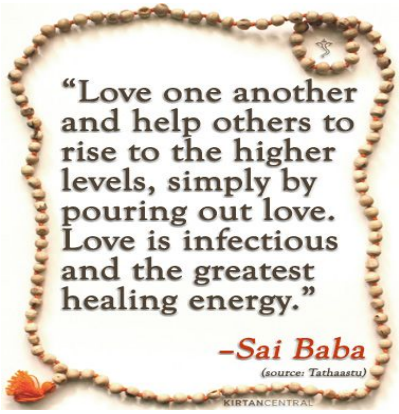
Can we just let it be, beyond all selfish greed
We have everything we need!

*** optional freestyle more verses, ending in “everything we need”*

121. Love One Another

Drink medicine	C
Drink medicine	Fmaj7
Love one another	C Cb
Heya ya heya heyo	Am Fmaj7 C
Salam aleynu ve al kol ha olam	C F7 C
Salam salam	F7
Od yavo shalom aleynu	C
Od yavo shalom aleynu	F7
Od yavo shalom aleynu	C
Ve al kulam	F7 C

Salam…



122. The Beauty Way (Ananda)

Take it easy, be in the flow	Am C
Let your heart show you where to go	G Am
Slow down, relax your mind	C
Dont be afraid to be left behind	G Am
You are always where you're meant to be	C
Just trust yourself and you will see	G Am
You are always where your meant to be	C
The present step is where you're free	G Am
Peace in your heart	C
Peace in your mind	Am
Peace in your step	G
As you walk the beauty way x2	Am
As you walk the beauty wayyyy	C
As you walk the beauty way	Am
Ground down to Mother Earth	Am C
Feel your connection & know your worth	G Am
Plant your garden, sow your seeds	C
All that you have is all you need	G Am
You are always where you're meant to be	Am C
Just trust yourself & you will see	G Am
You are always where you're meant to be	C
This present step is where you're free	G Am
chorus	
Hari om shanti	Am
Hari om shanti	C
Hari om shanti	G
Shanti shanti, hari om	Am

123. We are the Unity Tribe (Eric Mandala)

We are the unity tribe	Am
We spread the unity vibe	F
We bring unity in this community	G Am
Unite as one in this diversity	F
Bringing love peace and harmony	G Am
Om kleem Krishnaya, Govindaya namaha	C G F Am
We are the ones we have been waiting for	F G
Rising in love more and more	
Be the change that you're looking for	F G
Growing in love open the door	
Unity is in me	Am
I can feel it deeply	F
Unity between you and me	G
Unity for eternity	Am

124. Stillness In Motion (Lulu & Mishka)

I am one with the Earth that keeps turning	C
One with the stars that shine	F
One with the waves that are Ocean	Am
One with the light that i see in your eyes	F G
x2	
I am the waves, i am the Ocean	C Am F
I am stillness in motion	G
x2	

125. Reconnected (Murray Kyle)

A fresh new breeze is growing	Em D
The winds of change are blowing	C G
Every moment is a miracle of life	Em D A
Ancient wisdom has returned	Em D
Walking on these lands we've learned	C G
That we are the ones we've been waiting for	Em D A
We are the elders, we are the children	Em D
We carry with us all that has ever been	C G
We are the vision that is circling once again	Em D A
It is timeless, it is blossoming	Em D
All the lives we've lived, and the songs we've sung	C G
We are reconnected to the spirit of the Earth	Em D A
We are reconnected to the spirit of the Earth	Em D C
We are reconnected to the spirit of the Earth	Em D A

126. God, Garden Goddess (Hana Wolf)

God, garden, goddess, Spirit of life	Am C
Home to us all, planets aligned x2	G D
(chorus)	
Ooh, ooh, ooh yeah x2	Am C G D
Speak to be honest, speak to be true	Am C
Live without fear, open and clear x2	G D
(chorus)	
I see you, in all your power	Am C
Opening up like a lotus flower x2	G D
(chorus)	
Gather in circle, hands in prayer	Am C
Know your galactic family is always there x2	G D
(chorus)	
Each one a rainbow, each one a color	Am C
You are my sister, you are my brother x2	G D
(chorus)	
Eagle and Condor, high in the sky,	Am C
Holding us up as we learn how to fly x2	G D
(chorus)	
Shower me now, be who you are	Am C
You're a wonderful gift, i love who you are x2	G D
(chorus)	

127. Nectar of Love (Stefanie Mahina)
Capo 2

I breathe in the air Am
Like a sacred sip of water C G
Colibri bri bri bri Em
Bring your sweetness to my heart Am
x2
Colibriiii F7
bring your joy to my heart G
Colibriiiii Em
Bring your love to my heart Am
x2
Colibri bri bri bri, Am
Bri bri bri bri bri bri briiii C G
Colibri bri bri bri, Em
Bri bri bri bri bri bri briiii Am
x2
With the nectar of love Am
We feed our hearts C G
We are all a flower Em
In the sun Am
x2
Oh colibriiiii F7
Bring your love to my heart G
Oh colibriiiii Em
Bring your sweetness to my heart Am
x2
Colibri bri bri bri….

And when the rain falls down Am
Let us sip the water C G
Like a sacred breath of air Em Am
x2
Oh colibriiiii F7
Bring your sweetness to my heart G
Oh colibriiiii Em
Bring your nectar to my heart Am
x2
Colibri bri bri….

128. We Walk In the Light (Rodeo) (Ryan)
Capo 5

We walk in the light	D
Beyond the grave	C
A shimmer and a shine	G
(That) leads the way	D
No need for a warning	C
We've all been saved	G
Good morning	D
This is the new day	C
I can't shake this feeling	Am Em
That we've been here before	Am Em
Im feeling as free	Bm
As the day i was born	Am
This ain't our first rodeo	Em
We came back for more	Am
Hallelujah (Momma)	D
Let the love in	C
Hosana (Papa)	G
Feel your new shiny skin	D
Hallelujah	C
We get to be born again	G
Hosana	D
We're straight shimmering	C

129. Morning Star (Kailash Kokopelli)
***sing right before sunrise when you see the morning star*

Morning Star, morning star,
Thank you for your beauty
Morning Star, morning star
Thank you for your light
x2
In the blue hour of the
dawning of a new morning
In the blue hour of the
Dawning of a new day (the beauty way)
x2

130. Sacred Ways (Adama)

(verse1)
And the winds above Am7
F7
we blow away C G7
We let go of the reasons, Am7
F7
seasons change C G7

And with our breath we fan out Am7
F7
All the flames C G7
We throw into the fire Am7
F7
Older ways (older ways) C G7

We flow into the ocean Am7
F7
With the waves C G7
And let it cleanse away Am7
F7
Our deepest pains C G7

Into the Earth we find Am7
F7
Our mother's grace C G7
She holds us up until Am7
F7
The end of days (end of days) C G7

(chorus)
And these directions we hold Am7
F7
Sacred ways C G7
The deepest lessons Am7
F7
And so we pray C G7
And these directions hold Am7
F7
Sacred Ways C G7
The deepest lessons Am7
F7
And so we pray C
We pray with grace G7
Am7
x3

(verse2)
And to the East we pray
Your Sun will rise
We give our gratitude
For all our lives

And tp the South we pray
Upon the land
And all our ancestors
With whom we stand

And to the West we call
Upon your winds
To carry seeds of change
When life begins

And to the North we call
Upon our truth
The realization of
What we can do and
What we will do

What we can do and what we will do
What we can do and what we will do

Chorus…

131. Yana Heya Na (Dudi Elul)
Capo 3

Yana heya na hey ney o wey — Am
Yana heya na hey ney o wey — C
Yana heya na hey ney o wey — Dm
Yana wana heyo wahi nay o wey — Em

Can you hear the sound? — Am C
Calling from within — Dm Em
Can you see the vision? — Am F7
Simple as it is — C Em
Can you feel the love? — Am C
Floating all around — Dm Em
Can you be the light? — Am F7
Standing strong and proud — C Em

Yana heya na….

As the river flows — Am C
Trust where you should go — Dm Em
And in order to grow — Am F7
Forget what you think you know — C Em
The doors of the beyond — Am C
Are open wide and free — Dm Em
All you have to do — Am F7
Is simply trust and be — C Em

Yana heya na....
(**whole section x2**)

Abuelita ayahuasca — Am
Santa medicina limpia — C
Cura cura almacita — Dm
Pinta pinta visioncita — Em

Abuelito San Pedrito — Am
Luminando nuestro camino — C
Gran maestro huachumito — Dm
Sana sana espiritito — Em

Danka shila omakiya — Am
Yo wani wachiello — C
Wakan tanka ometeo — Dm
Bila maya yello — Em

Bhrama Vishnu sada Shiva — Am
Hanumate Rama Krishna — C
Om parvati sat nam — Dm
Ganapati sharanam — Em

Yubun bau tibuya — Am
Noku mana e bubu buta — C
Yame aww kawari — Dm
Eskawata kaya wei kiki — Em
Yana heya na…

(**whole section x2**)

132. Magic People (Stephen Koush & Julia, modified by Josh Fox)

We are a magic people	Am G
you can see it in our eyes	Am
It's good to be alive	G Am
We are a magic people	G
You can see it in our eyes	Am
It's time to actualize the dream	G Am
Woah woah woah	C G
Woah woah woah ~ Yeah!	C G Am
Live your dream, come on and live it	Am G
Live your dream come on and live it now	Am G
x2	

133. Hear to Heal (Elizabeth)

I am here now, to heal now
To clear what's holding me back
(x2)
Break away
Break the chains
Break the pain
Of the ones who came before me

Liberate
Celebrate
And alchemize the darkness into light

Thank you to the medicina
For showing me the way
And thank you to the ancestors
For your presence through this play

134. New Paradigm Prayer (Neema Star)

Crystalline star children here to stay
Transforming the planet with a prayer each day
Restoring the balance, between light and dark
Prophecy reveals we are on the mark

Air is pure fresh and clean
Awakening to the unseen
Lands and hearts are ready to sew
Planting seeds our dreams will grow

Seasons pass, rewards we reap
This Is our home our roots run deep
Mountain valley rivers running clear
Love prevails, no more fear

Sharing with respect and honor
Cherishing each every one another
All safe homes and sacred spaces
Many community gathering places

Ritual ceremony celebration
New paradigm , now generation

Ritual ceremony celebration
New paradigm , now generation

Ritual ceremony celebration
New paradigm , now generation

135. Lago Atitlan (Lotte Walda)

capo 2

There comes a day where the wind makes you fly	D A
I let it all in, yes I let it all in	Em
Butterflies passing reflecting my wings	D A
I let it all in, yes I let it all in	Em
I finally see what your'e doing to me	D A
I let it all go, go I let it all go	Em
Dance with the eagle who circles around this lake	D A Em
This lake of freedom	D A G
This lake is healing us	D A G
I recongnise me when I look in your eyes	D A
The spirit will rise, oh the spirit will rise	Em
We mingle like fishes down under the sea	D A
I melt in your arms, oh I melt in your arms	Em
For a moment I forget that I am a baby of flesh	D A Em
Just a moment I move with your soul	D A
And thought it was mine	Em
This lake is magic, Lago Atitlan	D A G D A G
I will be there with you, forever we move in love	D A Em
She will be there for us, wherever we go she stays with us	D A Em
Lago Atitlan, this lake is healing us	D A G D A G
I will be there with you ….	
Lago Atitlan, this lake of freedom	D A G D A G

136. Mother Atitlan (by Moonia)

Oh mother Atitlan	**Am D**
Take what doesn't serve me anymore (2x)	**F G Am**
Ooooh	**Am**
Great mother	**D**
Take it with your wave away	**F G Am**
Ooooh	**Am**
Great mother	**D**
Take it with your wave	**F G Am**

137. I love my baby so much (Micheal Love & Sam Howard)

I love my baby so much,
I love my baby so much

It's true i do, i love my baby
I love my baby so much!!

138. F.U.N. Song (Spongebob Squarepants)
Capo 7

F is for Friends that do stuff together	Am C
U is for you and me (and tea!)	G Am
N is for anywhere anytime at all	Am C G
down here at the Mystical Yoga Farm	Am C G

(verse 2 channeled by Jahendo & Sunny)

T is for tea party with all my OMies	Am C
E is for excellente	G Am
A is for aye, pour me another cup!	Am C G
down here at the Mystical Yoga Farm	Am C G

139. Compost Toilet Song (Punta Mona)
melody of row your boat

Poop poop poop it out
Let it go my friends
As you go our trees will grow
The cycle never ends!

140. Popcorn Song (Inspired by Singing Alive chip song)

The popcorn at the bottom of the bowl is the saltiest
Things are much more salty at the bottom of the bowl
X2
Reeeeeeeeach doooooooown
Into the great unknown
X2

***must have popcorn in a bowl to sing this song. Can be
Adapted to chips at the bottom of the bag***

141. Tea Song

Why don't you, bring me a nice cup of
Tea in the morning
Just as the sun is rising and a dawning
Oooh eeee … YEAH
It would be just the ticket
Floating in the sea, drinking cups of tea!

142. Tea Mantra

Tea, Tea, Tea, Tea, Tea… (x1000)

*** great song for tea partea. Everyone starts chanting tea,
Then as it goes on people can make different beats, harmonies,
Etc. if desired this tea beat can then be used for singing or
freestyle rapping over. VERY IMPORTANT… only works if
EVERYONE in the tea lounge / space participates!***

143. So Long (goodbye song)

So long, farewell to you my friend,
goodbye , for now, until we meet again
It's been great to dance and sing together
And now it's time to say goodbye

144. We Celebrate You (MYF Birthday Song by Ameownita)

We celebrate you on your **28th** lap round the sun
We hold and honor you, may this year be filled with love and fun
We see all that you do, we honor you and your truth
So grateful to exist at the same time as you.

insert age number here

145. Happy Birthday To You & Me

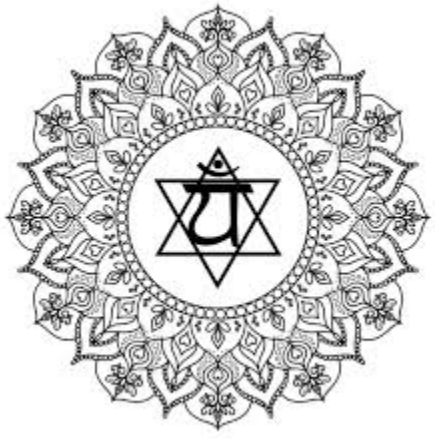
Happy birthday to you
Happy birthday to me
Every day we are born
Every day we are free

146. Yana Hawe Birthday (Native American Church)

Yana hawe ney ney happy birthday
Yana hawe ney ney happy birthday
Yana hawe ney ney happy birthday
Yana hawe ney ney happy birthday
Happy birthday heya na hey ney o wey



Canciones Sagrada ESPAÑOL



1. Todo es mi Familia

Caminaré en belleza, caminaré en paz (x2)	Am, G, Am
Todo es mi familia, familia todo es mi familia	Em, Am, Em, Am
Todo es sagrado, plantas y animales	Am, G, Am
Todo es sagrado montaña selva y mar	Am, G, Am
Todo es mi familia familia todo es mi familia	Em, Am, Em, Am

Heya heta heya, heya heya ho
Heya heya heya, heya heta ho
Todo es mi familia, familia todo es mi familia

May I walk in beauty, may I walk in peace (x2)
Everything is my family
Everything is my family

All life is sacred
Plants and animals
All life is sacred
Mountains, jungle and sea
Everything is my family

2. Colibri bri bri

En el centro de este fuego	Am, C
Brilla un colibri (x2)	G, Am
Bri bri bri bri bri bri bri bri	Am, C
Brilla, colibrí (x2)	G, Am
In the center of this fire	Am, C
Buzzes a hummingbird (x2)	G, Am
Buzz, buzz, buzz, buzz, buzz, buzz, buzz, buzz	Am, C
Buzzes a hummingbird (x2)	G, Am

3. Agua de estrellas

En tus ojos de agua infinita		Am, C
Se bañan las estrellitas, mamá	(x2)	G, Am
Agua de luz, agua de estrellas		Am, C
Pachamama vienes del cielo		G, Am
Agua de luz, agua de estrellas		Am, C, G
Pachamama vienes del cielo		G, Am
Limpia, limpia, limpia el corazón, agua brillante		Am, C, G
Sana, sana, sana el corazón, agua bendita		Am, C, G
Calma, calma, calma el corazón, agua del cielo, mamá		Am, C, G Am

Pachamama, Pachamama, Madre Tierra, Pachamama x2 Am C G Am



4. Pachamama, Padre Sol (Shantaram WhiteWolf)

Pachamama padre sol	Am, C, G, Am
Gracias a la vida, gracias al amor	Am, C, G, Am
Amor, amor, amor , amor, amor	Dm, Am, E, Am
Amor, amor, amor	Dm, Am, G
Gracias	G, Am
Gracias	E
Por la vida	Am

5. Gracias por la comida

Gracias por la comida
Gracias por la comida
Gracias por la comida
Gracias por la comida

Nos gusta, nos sana
Nos da felicidad
Nos gusta, nos sana
Nos da felicidad

(Gracias por la familia, pachamama, cocineros etc…)

Thank you for the food (x4)

Its healing, its healing, its healing us (x2)

6. Como no voy a cantar

Como no voy a cantar Am C

Si tengo todo para cantar (x2) G Am

Si tengo luna Am

Si tengo Sol C

Si tengo estrellas G

Y tengo amor Am

7. Abuelito Fuego (Moondance Song, Chords by Shimshai)

Abuelito fuego las gracias te damos	Am, C
Las gracias te damos (x2)	G, Am
Por abrir el corazón a la sanación	Dm, Am, G
Abrirlo al amor (x2)	Am

Madrecita tierra
Hermanito viento
Padrecito cielo
Madrecita agua
Hermanita luna
A las medicinas
A los abuelos
A ometeotl
Al Cafecito

8. Vuela

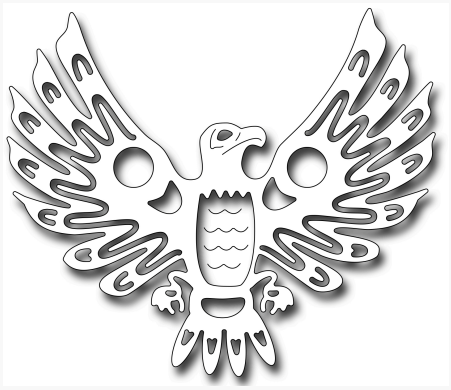
Vuela vuela
Vuela vuela
Vuela vuela mujer aguila
x2
Respira, respira
Y confía en tu sabiduría
X2
Vuela vuela
Vuela vuela
Vuela vuela hombre aguila
x2
Las alturas te dan la perspectiva
Y la perspectiva te trae la alegría
x2
Vuela vuela
Vuela vuela
Vuela vuela niño/niña aguila
x2
Heya heya
Heya heya
Heya heya hey hey haiyo
X2

9. Desde Lejos (Aguila)

Desde lejos	Am
Desde lejos oigo	C
Un canta enamorado	G
De un pájaro	Am
Este pajaro	
Es mi abuelo	C
Mi abuelo que canto	G
Canta enamorada	Am

Canta canta canta	Am
Canta canta canta	C
Canta canta canta	G
Canta enamorado	Am

Aguila	Am
Aguila - gile	C
Aguila, aguile	G
Aguila - gilahhh	Am



10. Vuela Vuela Medicina Poderosa (Drew YoungSpring)

Vuela vuela medicina poderosa	Am Fmaj7 C
Vuela vuela con el águila	G Em Am
x2	
Vuela vuela hermanitos	F7
Vuela vuela hermanitas	C
Vuela vuela con el águila	G Em Am
x2	
We fly with our powerful medicine	Am F7 C
On the wings of the eagle's flight	G Em Am
x2	
Fly fly my brothers	F7
Fly fly my sisters	C
On the wings of eternal light!	G Em Am

11. Vuela con el viento

Llévame con tus alas de luz	Em, D
Águila, tráenos medicina	C, D
Del viento, del aire, de las estrellas, del sol	Em, D
Brillando, me guía el camino (x2)	C, D
Cura, cura, cura, cúrame	Em, D
Sana todo lo que yo llevo	C, D
Agradezco por mi vida	C
Pachamama yo te amo	D
Vuela con el viento, __vuela con el viento (x2)	Em D C D
Llévame con tus alas de amor	Em, D
Condorcito tráenos medicina	C, D
Del cielo, ilumina mi interior	Em, D
Volando me enseña el camino	C, D
Cura cura cura….	

12. Cuatro Vientos (Danit)

Viento que vienen de la montaña	Am C G
Viento traenos la claridad	Am C G
Viento que vienen del mar	Am C G
Viento traenos la libertad	Am C G
Vuela vuela vuela vuela vuela vuela	Am C
Vuela volar, con nosotros x2	G
Viento que vienen del desierto	Am C G
Viento traenos el silencio	Am C G
Viento que vienen de la selva	Am C G
Viento traenos la memoria	Am C G

13. Cuñaq (from the Andes)

Desde Cuñaq viene, agüita serpenteando	Am, C
Por las acequias y en remolinos	Em, Am
Hacia nuestras vidas (x2)	C, Am
De cantar hualinas y a la vez llorando_____	Am, C, Em
Toditas mis penas se acabaron	G, Am
Pachamama está de fiesta (x2)	C, Am
Una estrellita que alegre me decía	Am, C
Canta, cantorcito, al agüita	Em, Am
Al agüita madre Cuñaq	C, Am

14. En El Cielo

En el cielo y en la tierra	Am G
Con el sol y las estrellas	Em Am
En el cielo y en la tierra	Am G
La lunita y las estrellas	Em Am
Siento el fuego dentro dentro	Am G
Siento el fuego aquí adentro	Em Am
x2	
Vuela vuela aguilita	Am G
Vuela vuela condorcito	Em Am
Vuelan libres por nosotros	Am G
Miren, cuiden todo todo	Em Am
x2	
Siento el fuego dentro dentro	Am G
Siento el fuego aquí adentro	Em Am
x2	
Pachamama en este fuego	Am G
Pachamama aquí te encuentro	Em Am
X4	

15. Los Luceros De Tus Ojos (Andes)

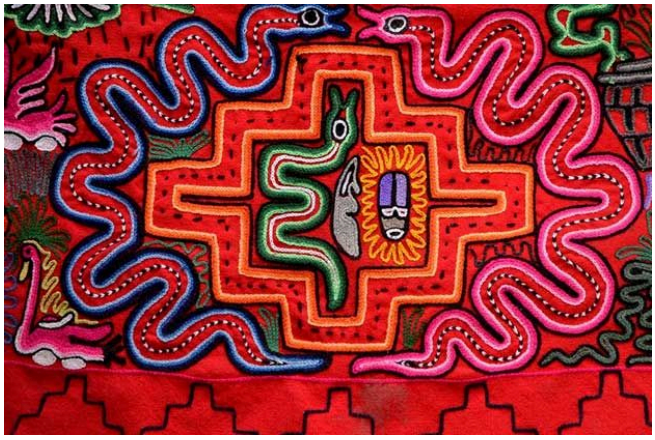
Los luceros de tus ojos
Son un cielo azul de paz

La luna llena alumbrando
Los luceritos brillando
La Pachamama cantando
Y las cholitas bailando
Y los papachos curando

El cóndor con el jilguero,
el fiero puma con el manso cordero
En coro cantarán

Los Andes nos protegieron,
las espinas de los cactus nos envolvieron
La cascada despertó

Akuchiwarmicha
Pachakuti está llegando
Akuchiwarmicha
La tierra está despertando



16. Presencia (Danit)

El tiempo no tiene cuenta — Am Em
El tiempo no tiene cuenta — Am Em
El tiempo no tiene cuenta — Am Em
Presencia — Am
Claro como el cristal puro como el agua — F C
Fuerte como el fuego — F C
Presencia — Em Am

Medicina ayúdame a estar presente — Em Am
Medicina ayúdame a estar presente — Am Em Am
Aquí ahora en todo lo que hago — F C
Aquí ahora en todo lo que hago — F C
Nooouuoouuoo — Em Am
Nooouuoouuoo — Em Am

No ayer y no mañana estoy aquí — Em Am
No ayer y no mañana estoy aquí — Am Em Am
No en el future — F C
No en el pasado — F C
No en el future — F C
Estoy aquí — Em Am
Estoy aquí — Em Am

Todo está en movimiento flotando corriendo — Em Am
Todo está en movimiento flotando corriendo — Am Em Am
Pero estoy aquí cantando la canción — F C F C
Pero estoy aquí cantando la canción — F C F C
En la presencia — Em Am
Presencia — Em Am
Presencia — Em Am

Cantando con el agua cantando con la tierra — Am Em Am
Cantando con la tierra cantando con el agua — Em Am
Cantando con la tierra el fuego el viento — F C
Cantando con el agua el fuego el viento — F C
Con la luna y el sol [instrumental] — Em Am [Em Am Em]

Presencia en energía presencia en el cuerpo — Am Em Am
Presencia en energía presencia en el cuerpo — Am Em Am
Presencia aquí — F C
En nuestro corazón — F C
Presencia aquí — F C
En nuestro corazón — F C
En la presencia — Em Am
Presencia — Em Am
Presencia — Em Am
Presencia — Em Am

17. Corazón es lo único que tengo

Gran espíritu gran abuelo gran abuela	Am, C
Como soy me presento ante ti	G, Am
Como soy te pido bendiciones	G, Em
Y agradezco al corazón que has puesto en mi	G, Am
Cuando vengo no más vengo no más vengo	C
Gran espíritu sabrás a lo que vengo	
A entregar mi corazón mi corazón	G,Am
Corazón es lo único que tengo	G,Em
A entregar mi corazón mi corazón	G,Am
Corazón es lo único que tengo	G, Am



18. El Mensaje es el Amor

Amor, amor, amor, amor, amor
El mensaje es el amor
Ama tu hermanos como a ti mismo
Eso es amor

Amor, amor, amor, amor, amor
El mensaje es el amor
Ama los ninos como a ti mismo
Eso es amor

Amor, amor, amor, amor, amor
El mensaje es el amor
Ama la Tierra como a ti mismo
Eso es amor

19. Ábrete Corazón

Ábrete corazón
Ábrete sentimiento
Ábrete entendimiento
Y deja a un lado la razón
Y deja brillar el sol
Escondido en tu interior

Ábrete memoria antigua
Escondida en la tierra
En las plantas
En el aire
Recuerda lo que aprendiste
Bajo agua
Bajo fuego
Hace ya, ya mucho tiempo

Ya es tiempo ya
Ya es ahora
De abrir la mente
Y recuerda como el amor sana
Como el espíritu cura
Como el árbol florece
Y la vida perdura

20. Fuego De Mi Corazón

Fuego de mi corazón
Fuego de mi corazón
Calienta alimenta
Nutra mi alma

Fuego de mi corazón
X4

21. Espíritu de Amor

El fuego está danzando Em
El agua está cantando D
Dandole gracias al espíritu del Amor Em D

El viento está danzando Em
El tierra está cantando D
Dándole gracias al espíritu del Amor Em D

Todos vamos danzando Em
Todos vamos cantando D
Dándole gracias al espíritu del Amor Em D

The fire he is dancing Em
The water she is singing D
We're giving thanks to the beautiful Em D
Spirit of Love

The wind he is dancing Em
The Earth she is singing D
We're giving thanks to the beautiful Em D
Spirit of Love

Everyone is dancing Em
Everyone is singing D
We're giving thanks to the beautiful Em D
Spirit of Love

22. Todo Es Amor (Jewno)

Gracias, por to medicina
Gracias, por to amor
Todo es amor x4
(Chorus)

PachaMama, es nuestra vida
Pachamama, es nuestra seguridad
La tierra, de las personas de Maya
Es muy sagrada, muy muy sagrada
(Chorus)

Mi corazón, es lleno de vida
Mi corazón, es lleno de unidad

Los ancestros, de guatemaya
Mostró el camino de paz y amor
Amor y paz
Paz y amor
Paz, paz, paz
Amor, amor, amor
Amorrorrror, amorrrororr x2
(Chorus)

Honramos, a estos personas
Por todos, todo lo que hecho
Guatemaya, te quiero
Guatemaya, gracias por todos
Gracias por todos x4

Gracias, por la finca de yoga
Gracias, por mi familia sagrada

Todo es amor x8

23. Estamos Unidos

Estamos unidos con plumas
Y con plumas construimos nuestras alas
x2
Volando alto como el pájaro del fuego
Volando alto como el pájaro del trueno
x2

24. Tamborcito

Tamborcito, tamborcito
Ayuda me a cantar
x2
Para que salga la voz
Para que salga la voz
x2
Y que llega a donde
Tenga que llegar
x2
Al corazón de mi hermano
Al corazón de mi hermana
Al corazón de este fuego
Al corazon, al corazon

25. Espiral Hacia El Centro

En espiral hacia el centro al centro del corazón x2
Soy el tejido soy el tejedor soy el sueño y el soñador x2
Oooo ooooo ooo oooo

26. Viejo tambor (Alonso del Rio)

Desde los tiempos	G
En que mi abuelo soñó que un día	D
Yo viviría para cantarles esta canción	C, Em
Y voy cantando por mi camino	A, C, Em
Me va alegrando, viejo tambor	A, C, Em
Vivo danzando por mi camino	A, C, Em
Me va guiando, viejo tambor	Em

Por las quebradas veo mi cóndor volar
Y siento que voy abriendo
Como sus alas mi corazón
Y voy cantando...

Por las montañas veo que mi águila va
Me va mostrando el camino
Camino rojo del corazón
Y voy cantando...

27. Voy caminando
(Drum)

Voy caminando en la noche, solamente la luna me guía (x2)

A cada paso me adentro en el bosque, voy descubriendo mi sombra (x2)

Busco en la tierra el origen y en el agua la memoria (x2)

Busco en el aire la respiración by en el fuego mi corazón (x2)

28. Super Tonantzin (Compiled by Drew YoungSpring)

Mi amada Tonantzin te vengo decir
Te amo de vera soy parte de ti (x2)

Te damos las gracias por el maíz,
Las flores, las frutas y toda de ti (x2)

My beloved tonantzin I've come to tell you
That I love you it's true I'm a part of you (x2)

We give you our thanks for your corn,
Your flowers, your fruits and all of you (x2)

Beautiful mother my heart is on fire
To love you and serve you is my heart desire (x2)

Tonan, Tonan, tonanzita (x2)

Pacha, pacha, pachamamita (x2)

Madre, madre, madre tierra (x2)

Here on this earth we live for a short time,
Together we blossom like flowers (x2)

I give thanks to the moon, I give thanks to the sun,
Our mather and father above (x2)

I give thanks for this life, i give thanks for the humming bird
In the eternal garden of love (x2)

I pray to the eternal heart of the universe,
Give us light, illuminate our hearts (x2)

29. Luz En La Vida

Se puede caminar con la luz en la vida
(luz en la vida)
Sigue adelante con la medicina
(con la medicina)

Se puede caminar con la luz en la vida
(luz en la vida)
Sigue adelante con la medicina
(con la medicina)

Se puede caminar con la paz en la vida
(paz en la vida)
Sigue adelante con la medicina
(con la medicina)

Se puede caminar con el amor en la vida
Sigue adelante con la medicina

Se puede caminar con la luz en la vida
Sigue adelante con la medicina

Can fill in caminar with any verb: transformar, bailar, cantar, crecer, volar, etc

Can fill in luz with any noun: cacao, plantas, lago, fuego, tierra, magia, etc

30. Cuida el agua

El agua es la sangre de nuestra madre tierra
El agua es la sangre de nuestra madre tierra
Cuida el agua, el agua nos cura,
Cuida el agua, el agua la vida

31. Cura Sana Siente Ama
(Drum)

Cura por dentro sonríe contento
Espíritu antiguo puente vivo cosmico (x2)

Tiene colmillos de jaguar
Mirada profunda como una serpiente
Alas de cóndor para volar
Espirales salen desde su frente

Cura (cura) sana (sana) siente (siente) ama (ama) (x4)

32. Todo Cura Todo Sana

Todo cura todo sana todo tiene medicina dentro (x2)
todo tiene fuego dentro todo tiene agua dentro
todo tiene aire dentro todo tiene tierra dentro
Todo tiene medicina dentro llevo llevo medicina dentro
llevo llevo el universo dentro

Ayahuasca yahe trueno medicina y pinta abuela
Mama Wilca y chacrunita pintureras, curanderas
jicurito vienen limpiando y mis mayores van llegando
sinchi sacha voy cantando voy curando y voy llamando
taita sairi trabajando, y esta noche vamos curando

33. Todos Venimos

Todos venimos de la madre
y a ella volvemos (x2)

Como una gota de lluvia
cae en el océano (x2)

Todos venimos del padre sol
y a el volvemos (x2)

Como una chispa de fuego
volando hacia el cielo (x2)

Todos venimos de la unidad
y a ella volvemos (x2)

Como un rayo de luz
viajando en la eternidad (x2)



34. Mujer Arcoíris

Mujer arcoíris
Ve a donde quieras ir
Haz lo que quieras ser
Te guía el amor

Mujer arcoíris
Haz lo que quieras ser
Ve a donde quieras ir
Te guía el amor

35. La Curandera

Ya suena el tambor, llegan las danzantes
Sembrando las plantas por todas partes x 2
(chorus)

Y la curandera recuerda el poder
De la madre tierra que es una mujer x 2

Y ya brota el agua, llega con la lluvia
Y va alimentando el alma que es una x 2
Chorus x 2

Una mujer fértil, mujer abundante
Niña, madre, abuela, la mujer danzante x 2
Chorus x 2

Y la reina madre soplando el poder
Las plantas sagradas hace renacer x 2
Chorus x 2

Poblando montañas, ríos y lagunas
Todo es alegría bajo la luna x 2

36. Soy Mujer De La Tierra

Soy mujer de la tierra, danzando con luz de luna,
me coronan las estrellas, las diosas viven en mi x 2

Hey ya hey ya heyya heeey ya hey ya hey ya heyya
heeeya hey ya hey ya heyya heeeya hey ya hey ya
heyya heeey hey ya heyya heyya heeey

Soy una niña salvaje, inocente, libre, silvestre,
tengo todas las edades, mis abuelas viven en mi x 2

Hey ya...

Soy hermana de las nubes y solo se compartir,
se que todo es de todo, que todo está vivo en mi

Hey ya...

Mi corazón es una estrella,
viajo a bordo de mi espíritu x 2
Camino a la eternidad
Heya…

37. Mujer Medicina (Carla Jannette)

Soy mujer medicina Dm Am
Soy mujer curandera Em G
x2
Le rezo a mi tierra Dm Am
Y le canto a mis abuelas Em G
Le rezo a mis aguas Dm Am
Y le canto a las estrellas Em G

Soy mujer…

Le rezo los vientos Dm Am
Y le canto a mis abuelos Em G
Le rezo a Tata Fuego Dm Am
Y le canto a mis maestros Em G

Soy mujer…

Le rezo a mi pueblo Dm Am
Y le canto a mis ancestros Em G
Le rezo al gran espíritu Dm Am
Y le canto contigo Em G

Soy mujer…

(ENGLISH)

I'm a medicine woman
Im a medicine man
x2
I pray to the Earth
And i sing to her
I pray to the water
And i sing to my Father

I'm a medicine…

I pray to the fire
And i sing to my Mother
I pray to the winds
And i sing to HIM

I'm a medicine…

I pray for my village
And i sing for my children
I pray to Great Spirit
And i sing for all to hear it

38. Vuela vuela corazón (Puentes)

Vuela vuela corazón	Am
En las alas de este canto	G Am
x2	
Una bella beja flor	C
Dulcemente está llamando	G Am
x2	
Es una beja flor	Am
Un estrella de poder	G Am
x2	
El poder de amor	C
Que te hara resplandecer	G Am
x2	
Canta canta corazon	Am
A la luz de esperanza	G Am
x2	
Illumina me interior	C
Reina de las plantas	G Am
x2	
Reina madre bien amada	Am
Raíz de toda hermosura	G Am
x2	
Eres tu mi soberana	C
Cúbreme con tu ternura	G Am
x2	



39. Circulo Sagrado

Circulo sagrado rueda de la vida	Em
Circulo sagrado rueda del amor	G Am
Todos los caminos todos los destinos	Am
Hace desde centro de tu corazón x2	G Am

Tierra Sagrado…
Todos los caminos…

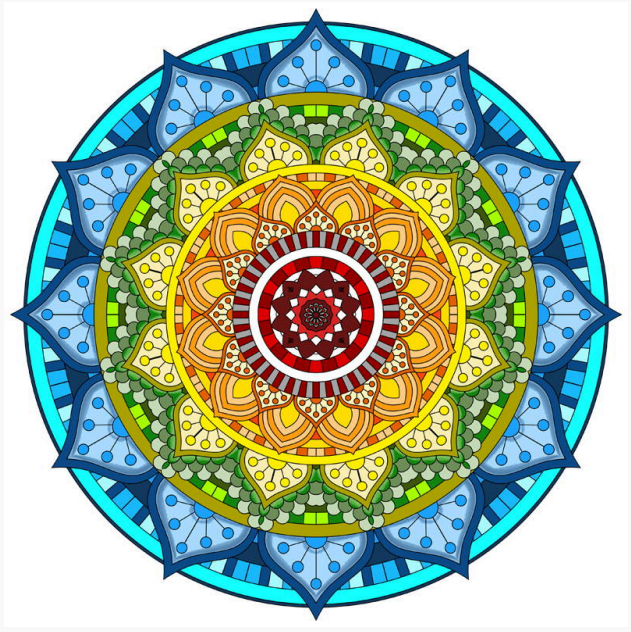
Airee sagrado…
Todos los caminos…

Fuego sagrado…
Todos los caminos…

Agua sagrada…
Todos los caminos…

Montana sagrada…
Todos los caminos…

Familia sagrado…
Todos los caminos…



40. Agua Del Amor (Ayla Schafer)

El amor es el agua infinita	Dm F AM
Divinidad fluyendo pura vida	Dm F Am
El río libre es mi sangre	Em Am
Mi sangre roja es el camino x2	Em Am

Por mi vida voy agradeciendo	Am Em
Me das la fuerza para seguir caminando	G Em Am

Escucha me a ti yo te llamo...oh!	Am Em
Wakantanka, Abuelas y Abuelos	G Em Am

Con mi familia voy agradeciendo	Am C
Rezamos a la vida juntos vamos curando	G Em Am
Escucha nos, estamos llamando...oh!	Am Em
Wakantanka, Abuelas y Abuelos	G Em Am

Canta a la luna y a la madre Tierra	Am Em
Canta dando vueltas al padre sol x4	G Em Am

Ya hoo, ya hey, hey ya hey ya ho!	Am Em
Ya hey na ha ho! X4	G

Mi aliento es mi rezo	Dm F Am
Con el agua del amor yo voy llegando	Dm F Am
En mis venas tus ríos corriendo	Em Am
Mi sangre roja es el camino x2	Em Am

41. Luz Del Bosque (Adrian Freedman)

Somos la luz del bosque, espíritu de todas edades	C G Dm Am
Somos la luz divina, sabiduría de los mares	Dm C G Am

Transformamos el dolor trayendo todo a la luz	C G Dm Am
Con el espíritu de mis abuelos todo el dia y la noche	Dm C G Am

Con el espíritu de (ancestros/del amor) todo el dia y la noche	Dm C G Am

Con el espíritu de la abuelita cantando toda la noche	C G Dm Am
Con la ayuda de la madrecita cantando toda la noches	Dm C G Am

42. Hermoso Espiritu Del Agua (Sumak Nina)

Hermoso espíritu del agua, llega ya (x2) Am C G Am
Curando, purificando, llega ya (x2) C G/Em Am

**Em on repeat*

Hermoso pájaro del agua, llega ya (x2) Am C G Am
Curando, purificando, llega ya (x2) C G/Em Am

Hermoso espíritu del cielo, llega ya (x2) Am C G Am
Curando, iluminando, llega ya (x2) C G/Em Am

En el corazón de este fuego brillan ya (x2) Am C G Am
Siete flechas en el centro brillan ya (x2) C G/Em Am

En el corazón de este fuego soplan ya (x2) Am C G Am
Cuatro vientos en el centro soplan ya (x2) C G/Em Am

En el corazón de este fuego brilla ya (x2) Am C G Am
La gran águila del cielo brilla ya (x2) C G/Em Am

En el corazón de este fuego brilla ya (x2) Am C G Am
El gran cóndor de los Andes brilla ya (x2) C G/Em Am



MEDICINA CANTAS

43. Mariri

Lucero de la mañana llora	Am C
Al agua de la vida yariri	G Am
Lucero de la mañana ríe	Am C
Al agua de la vida yariri	G Am

(chorus)

Mariri mariri mariririririri	Am C
Mariri mariri mariririririri	G Em Am
Mariri mariri mariririririri	Am C
Mariri mariri shamuecuna cayari	G Em Am

Sopla viento, siempre abierto	Am C
Siempre abierto siempre abierto	G
Yariri	Am
Cuatro vientos en el centro de	Am C
Este fuego la esperanza kuna ya	G Am

Mariri…

Rayo trueno, mis abuelos vienen	Am C
Reparando dolores yariri	G Am
Tabaquito mensajero traenos el	Am C
Agua yari yariri	G Am

Mariri…

*** Mariri (ma-dee-dee) is a name for the ayahuasca (caapi) vine, used to make the sacred jungle medicine of ayahuasca****



44. Sairiri (Humue!)

Humue humue ayahuasca humue x2 Em D Em
Humue humue abuelita humue x2 Em D Em

(Chorus)
Sairiririri sairiririri Em G D
Wayrararara wayrararara Em G D
X2

Venga venga medicina venga x2 Em D Em
Venga venga marcación venga x2 Em D Em
Sairiri…

Humue humue curación humue x2 Em D Em
Humue humue sanación humue x2 Em D Em
Sairiri…

Venga venga ayni venga x2 Em D Em
Venga venga harmonia venga x2 Em D Em
Sairiri…

Humue humue condorcito humue x2 Em D Em
Humue humue aguilita humue x2 Em D Em
Sairiri…

Venga venga Mama Killa venga x2 Em D Em
Venga venga Taita Inti venga x2 Em D Em
Sairiri…

Humue humus medicina humus x2 Em D Em
Humue humue ayahuasca humue x2 Em D Em
Sairiri…

*** Taita Sairi, is the name for sacred tobacco or mapacho*
Wayra is the name for wind, breath that blows sacred smoke
*Hamue means venga, or come here***

45. Cura Corazones (Matia Kalli)
Capo 3 option

Rapecito rapecito ayúdame a curar Am C G Am
x2

Cura, cura, cura corazones Am C G Am
x2

Tabaquito tabaquito ayúdame a curar Am C G Am
x2
Cura…
Ayahuasca ayahuasquita ayúdame a cura Am C G Am
x2
Cura…
Chacrunita chacrunita ayúdame a pintar Am C G Am
x2
Cura…
Pachamama pachamama ayúdame a cantar Am C G Am
x2
Cura…
Taita Inti Taita Inti ayúdame a rezar Am C G Am
x2
Cura..

ends with
Canta canta canta Pachamama Am C G Am
X4-8

46. Gracias Por Tu Medicina (Drew Youngspring)
Capo 4

Madre ayahuasca canta para mi, Am Fmaj7 Dm G
Canta para mi, yo canto para ti Dm G Fmaj7 Am
x2
Gracias por tu medicina Am Fmaj7 C G
Medicina del amor Am
x2
Todo es amor...or...or Am Fmaj7 C G
Todo es amor Am
x2

(Pachamamita, Taita Inti, Gran Sol Central, etc..)

47. Limpia Corazón (Drew YoungSpring)
Capo 7

Ayahuasquita, Ayahuasquita, limpia, limpia el corazón	G C G
Limpia, limpia cuerpecito, limpia, limpia espiritito	C D G C D
Limpia, limpia el corazón	G C D G
Chacrunita, chacrunita, limpia, limpia el corazón	G C D
Limpia, limpia cuerpecito, limpia, limpia espiritito	C D G C D
Limpia, limpia el corazón	G C D G
Yanna hini, Yanna hini, Yanna hini, Yanna ho	G C D
Yanna hini, Yanna ho, Yanna hini, Yanna ho	C D G C D
Yanna hini, Yanna ho	G C D G

Madre Tierra, Madre Vida, limpia, limpia el corazón
Limpia..
Taita Inti, Padre Sol, limpia, limpia el corazón
Limpia..
Condorcito de los andes, limpia, limpia el corazón
Limpia..
Todo agua, rios, mares, limpia, limpia el corazón
Limpia…
Los quatro semillas, limpia, limpia el corazón
Limpia..
Los cuatro abuelos, limpia, limpia el corazón
Limpia…
Negro, rojo, amarillo, blanco limpia corazón
Limpia..
Gran Espirito, Gran Espirito, limpia, limpia el corazón
Limpia…

Yanna hini…

48. Madrecita Ayahuajita (Jarah Tree)

Madrecita Ayahuajita, bella bella medicina (curandera) Am Em G Am
Madrecita ay Ayahuajita shamuri ririririi Am Em G Am

Shamuriri shamuriri shamuaykuna cayari ririririi C G Em Am
Shamuy Shamuy Em Am Em Am

Cura cura cuerpecito, limpia limpia espiritito Am Em G Am
Sana sana almacita soplarengue coronita Am Em G Am
Chuyay chuyay wonquincita shamuri ririririi Am Em G Am

Shamuriri….

Chacrunita visioncita pinta pinta las visiones Am Em G Am
con colores de la tierra shamuri ririririi Am Em G Am
Shamuriri…

Cura Cura tus hijitos con la luz y con amor C G Em Am
Gracias madre, gracias padre, C
gracias madre, gracias padre, gracias G Em Am

Cura Cura tus hijitos con la luz y con amor C G Em Am
... con la paz y con amor ... con el agua y con amor Em Am Em Am
... con el fuego y con amor ... con el aire y con amor “”””””””””””””””””””””””””””””
... con la tierra y con amor ... Pachamama y con amor
... con los Apus y con amor ... con las plantas y con amor
... con los ríos y con amor ... animales y con amor
... las familias y con amor ...con los niños y con amor.

49. Nadi Wewe (Kuitzi Moezzi)

Santa Madre, Ayahuasquita permítame recibirte Am C Em Am
Nadi wewe, nadi wewe, nadi wewe, nadi we Dm Am Em Am

Ayahuasca, curanderita ensename a curar me
Nadi wewe..
Sabia Madre, Ayahuasca aprenderé tenerte
Nadi wewe…
Ayahuasca, visionaria abreme la conciencia
Nadi wewe…
Ayahuasca, enlazadora mis relaciones las cuidare
Nadi wewe…
Amorosa madre, Ayahuasca mi corazón entregaré
Nadi wewe…
Bendita Madre, Ayahuasca tu bendición compartire

50. Ayahuasca Ayni (Diego Palma)

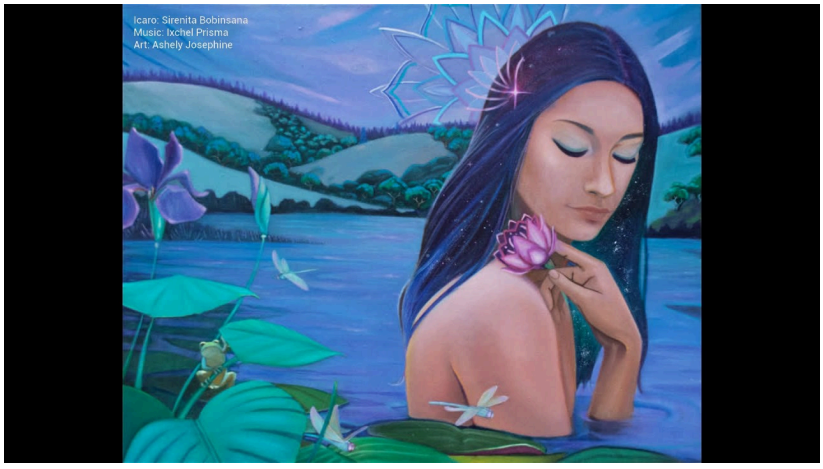
Nai na nai na na nai	Am Em
Na na nai nai	Am
x2	
Ayahuasca ayni	Em G
Ayahuasca curanos	Am
x2	
Madrecita ayni	Em G
Madrecita curanos	Am
x2	
Medicina ayni	Em G
Medicina curanos	Am
x2	
Abuelita ayni	Em G
Abuelita curanos	Am
x2	

51. Oso blanco (Danit)

En este camino, rumbo a la selva___	Am, C, G
He encontrado un pajarillo sonajero	Em, Am
Que inspirado en el vuelo del aguila	C, G
Encontró en su corazón	Em, Am
Este canto que brota del alma aquí y ahora	Em, Am
Pajarillo sonajero encontraste en la visión	C, G
A un oso blanco con alas de cóndor y mirada del jaguar	Em, Am
Entrelazas marirí	C
Las plumas del águila y del cóndor	G
Donde llueven las gotas de cielo que hoy fecunda la semilla	Em, Am

52. Sirenita Bobinsana

Sirenita de los ríos	C G
Danza danza con el viento	B7 Em
(x2)	
Con tus flores y aromas	C G
Perfumas los corazones	B7 Em
(x2)	
Cura cura cuerpecito	C G
Limpia limpia espiritito	B7 Em
(x2)	
Cantaremos icaritos	C G
Abuelita curandera	B7 Em
Danzaremos muy juntitos	C G
Sirenita bobinsana	B7 Em
Trai nai nai nai nai nai	C G
Nai nai nai nai nai nai nai	B7 Em
(x2-4)	



53. Colibri Dorado (Danit)
Capo 3

A nuestro hogar llegó volando	Am
Un Colibrí dorado	G
Que trajo a nuestro altar	Fmaj7
Un nuevo amanecer (x2)	Am
La luz se acerca reflejando la alegría	G, Am
El viento sopla despertando un nuevo día	G, Am
Y la frescura en la montaña va llevando	G, Am
La esencia de un Picaflor	G, Fmaj7
Que asciende enamorado	Am
A nuestro hogar llegó volando	Am
Un Colibrí dorado	G
Que trajo a nuestro altar	Fmaj7
Un nuevo amanecer (x2)	Am
La luz se acerca reflejando la alegría	G, Am
El viento sopla despertando un nuevo día	G, Am
Y la frescura En la montaña va llevando	G, Am
La esencia de un Picaflor	G, Fmaj7
Que asciende enamorado	Am

54. Abuelito Pinta

Abuelito pinta, pinta mayor,	Em Am
a un lindo viaje a la inmensidad	Em
Abuelito pinta, pinta mayor,	Am
a un lindo viaje a las estrellas	Em
pinta abuelito, pinta mi Taita	Am Em
pinta abuelito, sana, sana, cura mi alma	Am Em
Abuelito pinta, pinta mayor	Am
a un lindo viaje cerca de Dios	Em
Abuelito pinta, pinta mayor	Am
a un lindo viaje a la felicidad	Em
pinta abuelito….	

55. Taita Inti

Taita Inti, Padre Sol	Am Em
Ven ven ven trae tu calor	Am
Taita inti padre sol	Em
ven ven ven trae tu saber	Am
Estas por el río por la selva y por el mar	Em
Volando en el viento del poder de dios está	Am
Estas por el río por la selva por el mar	Em
Volando en el viento del poder de dios está	Am
Heya heya heya heya heya heya ho	Em
Sol, luna, estrellas yo les canto otra vez	Am
Heya heya heya heya heya heya ho	Em
Sol, luna, estrellas yo les canto otra vez	Am

Ayahuasca caapi pipipi wa wa curupi curupi x2	Em
Como me enseno yo aquí y fui le llame	Am
Agradezco siempre que nos abra su poder x2	Em
Pájaro canto pájaro voló	Am
Llama en su presencia quien aquí lo mereció x2	Em
Taita inti padre sol ven ven ven trae tu calor	Am
Taita inti padre sol ven ven ven trae tu saber	Em



Art By Chris Dyer

56. Arbolito Divino (Nick Barbachano)

Arbolito divino, raíces profundos, abraza el mundo C Bm C Bm
Y nuestro camino, con tu medicina Em Bm
Todas las plantas, las plantas divinas mari, mari ri ri ri ri Em Bm

Yagesito curaca, de la selvacita, la pachamamita
Trae sabiduría a nuestra familia, trae alegría
La liana que guía, Capi capi capi capi capi

Ayahuasquita cura, cura mi cuerpo, con tu amorcito
Cura mi mente viejo doctorcito, cura mi gente
Poderoso abuelito, vovo vovo vovo vo vo

Trai nai nai con la vida, vida de la baila
Cura con la waira, limpia limpia taita vibrando con la walca
Con la madre selva, Taita curaca ara ra ra ra ra ra ra

Trai nai nai nai nai nai
Trai nai nai nai nai nai
Trai nai nai nai nai nai
Trai nai nai nai nai nai
Trai nai nai nai nai nai
Trai nai nai nai nai nai, nai nai, nai nai nai nai

Arbolito divino, raíces profundos, abraza el mundo
Y nuestro camino, con tu medicina
Todas las plantas, las plantas divinas mari, mari ri ri ri ri

Trai nai nai con la vida, vida de la baila
Cura con la waira, limpia limpia taita vibrando con la walca
Con la madre selva, Taita curaca ara ra ra ra ra ra ra

Trai nai nai nai nai nai….

57. Soy De La Tierra
Capo 3

Yo soy de la tierra	Am
Yo soy de las estrellas	C
Yo soy de Pachamama	Am
Y yo vivo en mi corazón	Em Am
x2	
Madrecita Ayahuasca cura cura	Am C G Am
Madrecita ayahuasca cura mi corazón	Am C G Em Am
Cura mi corazon	G Em Am
Cura mi corazon	G Em Am
x2	
(abuelito wachumito, mamacita cacaocito, etc.)	

58. Luna Roja (Paco Sacred Valley Tribe)

Luna roja, luna canta, luna mariri ririri	Am Em Am Em
x2-4	
Ayllu Masikunapa yandadaday daday day day	Am Em Am Em
x4	
Por los que sufran, por los que lloran	Am Em
Ven y da las medicina yariri	Am Em
x2	
Ayllu…	
Medicina del amor x4	Am Em
Ayahuasca mariri	Am Em
Huachumita mariri	Am Em
(bobinsana, rapesito, etc.)	
Ayllu…	
We are the mountains, we are the rivers	Am Em
We are the stars, we are the moon	Am Em
We are the Universe, we are everything	Am Em
Yarirririri	Am Em
x2	

59. Guacamayo (Danit)

Te agradezco	Am F
Por llegar a mi corazón	G
Hermosa criatura de viento	F Am
Te agradezco por volar en mi interior	Am F G
Tus colores me llevan adentro	Em Am
Eh eh eh	

Pinta pinta pinta con el movimiento	G Em
De tus plumas sale una vibración	G Em
Que me abraza eternamente	G Em
Que me enseña eternamente	G Em (Am)

Te agradezco por entregar tu amistad	Am F G
Ha ha ha hay ey ey ey	F Am
Agradeciendo por esta hermosa claridad	Am F G
Por la confianza en la luz	Em Am
Eh eh eh	

Pinta pinta….

Guacamayo, guacamayo, hey hey hey	Am C
Poderoso guacamayo, hey hey y hey x4	Am

En tus ojos brilla un estrella	Em, B7/F#
Flechas de luz abriendo la pinta	Em/G Am
Tu corona de luz	Em B7/F#
Danzando en el viento	Em/G Am
Iluminando todo el espacio	Em B7/F#
Ay, curando mi corazón	Em/G Am
Iluminando todo el espacio	Em B7/F#
Ay, curando la familia	Em/G Am

Ya hey a hey ya hey a hey e hey	C Am
Guacamayo, guacamayo, hey hey hey	C
Poderoso guacamayo, hey hey y hey x4	Am



60. Solo Dios Sabe Si Vuelvo (Julian Herreros Riviera)
Capo 1

Ábrete florcita de los cuatro vientos yari	Am C G AM
Olorcita perfumera doctorcita	C G Am
Estrellita de siete flechas Tonantzin	C G Am
Ay danzaremos hasta las claras del dia	C G Am
Para escuchar la voz de los que ya se fueron	C G Am
Aya ha ha haya heyo heya heya heya heya	Am C G Am
Na na na nayna na na nayna na na nayna	C G Am
Na na na nayna na na nayna na na nayna	C G Am
Son tus aguas que le dan la vida a mi pueblo	C G Am
Ay las que brotan por mis ojos tristemente	C G Am
Porque en mi tierra ya no se le canta al agua	C G Am
Son las que corren por tus ojos Pachamama	C G Am
Y reverdecen en mi quebrada de amor	C G Am
Aya…	
Lleno de alegría danza la muerte a mi lado	C G Am
Chuma borrachera pinta gente yari	C G Am
Cuatro otorongos magos llegan a la fiesta	C G Am
Se alza en el cielo el brillo azul de la flor blanca	C G Am
Camino rojo solo Dios si vuelve	C G Am
Aya…	

61. TLAZOCAMATI

Aya Aya Ayahuasca Aya Aya Ayahuasca X2	AM C G AM
Yage Yage Yage Yage Yage Yage Yage Yage X2	AM C G AM
Aqui Allá Ayahuasca Aqui allá Ayahuasca	AM C G AM
Aquí allá y en el más allá Aquí allá Ayahuasca	AM C G AM
Tlazocamati Topensi mexica Toyolotatzin Toyolotatzin X2	AM C G AM
Weha heyayo weya heyo Weha heyayo weya heyo X2	AM C G AM
Voy por el camino del luz en la vida	AM C
Sigo adelante con la medicina X2	G AM

62. Q'antataita (*Puentes and Danit)*

Q'antataita wilka tata	Am G Em Am
x2	
Q'antataita willka tata hazme amanecer, padre sol	Am G Am
x2	
Como tú amaneces en el cielo, amanece en mi corazón	Am G Am
x2	
Q'antataita wilka tata…	

Como tu luz brilla en el fuego, brilla tu fuego en mi interior	Am G Am
x2	
Como un cóndor que levanta vuelo, vuela bien alto nuestro amor	Am G Am
x2	
Ay colibrí de las alturas, llena de miel el corazón	Am G Am
x2	
Q'antataita wilka tata…	

Besa la piel de Pachamama, tu luz divina y tu calor	Am G Am
x2	
Llena de fuerza las cascadas, llena los pechos de emoción	Am G Am
x2	
Q'antataita wilka tata…	

Hazme amanecer en conciencia, hazme amanecer en amor	Am G Am
x2	
Luz infinita de nuestras almas, esta canción es para vos	Am G Am
x2	
Q'antataita wilka tata…	

63. Fenix (Chris Orange)

Campanas angelicales que ahora vienen subiendo	Em G
Mensajes dimensionales que ahora vengo comprendiendo	D Am
Campanas angelicales que ahora vienen subiendo	Em G
Espacios dimensionales que ahora vengo recorriendo	D Am

Chorus:

Pinta dragon Pinta wacamayo pinta fenix, Pinta yage	Em G
Pinta awacolla Pinta huachumita pinta sanpedrito lleno de poder x2	D Am

wei ne / hey ne hey ne /wei ne wei ne/ hey ney hey x2

Ese fénix viene volando Por los cielos con sus alas
Va despegando levantando vuelo Iluminando nuestro camino
Sagrado abuelo crece lindo huachumero arbolito
lindo cactus espinoso lleno de luz estrellita de poder
ilumina nuestro cuerpo fénix dorado luminoso
llévanos en el camino donde nadie esté perdido
Va fluyendo como el fuego como el agua como el aire
Purificando nuestros corazones ay mi tierrita viene sonriendo

Chaska nawi awichu Kuraq taita killa inti
Huma sacha sairy protector ay tabaquito líbranos del mal
K'anchan nanninchis huaca hampi sairiririririri
sairiri trananainai sairiri Haimaru Haimaru

Chorus





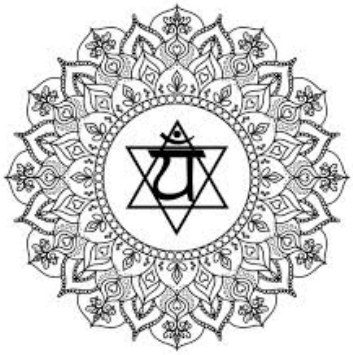
Amazonas

Songs From The Amazon

Peru & Brazil ~ Icaros, Pacares & More

Shipibo, Yawanawa, Huni Kuin, Santo Daime & Others

Please Note: *Some of These songs are very sacred, and come from lineages of indegenous cultures. Some are meant just for ceremony, whereas others can be shared openly. It is important to know the space and if it's appropriate to sing the songs in them. It is also HIGHLY RECOMMENDED to connect with the culture that a song comes, before singing them. There are some songs that you need to listen to in ceremony before singing. There are also some songs that I know, that I've intentionally left out of this book, as I believe it to be inappropriate to put them in here. Some songs take years of seeking, studying, sitting with the traditions, drinking ayahuasca in the jungle with the tribes, and therefore certain songs need to be passed down to you by someone. Ultimately tune into your heart and do what feels right. Thanks for listening! It's an honor to share these songs with you.*



1. Manantial (spring)

Manantial manantial
Poderoso manantial
Bri bri bri bri bri bri bri bri
Bri bri bri bri bri bri bri

Vienen bajando
Iluminando
Bri bri bri bri bri bri bri bri
Bri bri bri bri bri bri bri



2. Cayarito Mantaini (Shipibo Icaro)
Capo 3

Ayahuasca cura me	Am
Cura cura shamuri	C
Cayarito mantaini	G
Mantaikuna cayari	D

(Bobinsana, chacrunita, mariri, mapachito, chacapita, etc…)

3. Ayahuasca Takimuyki (Shimshai)

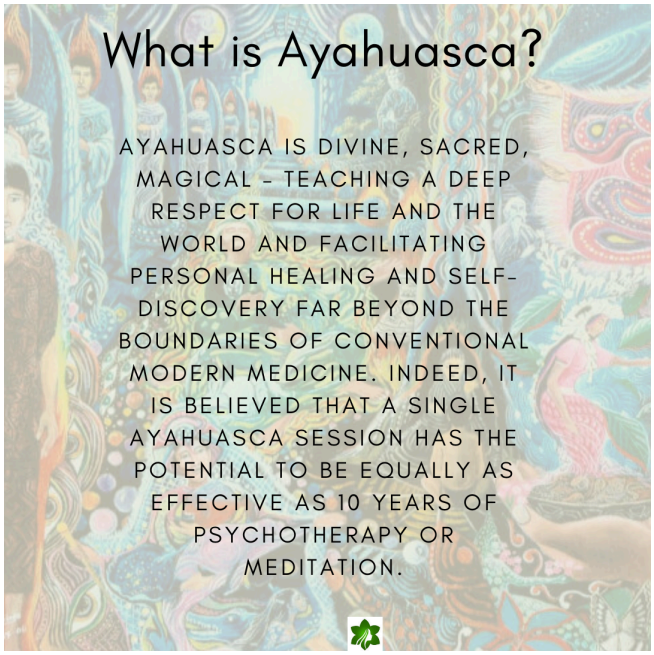
Ayahuasca urkumanta	C F7
Taki takimuyki	Am Em
Chuyay chuyay hampikuyni	Em Am
Mishki nunu cuerpo chaita	F Am

Ayahuasca curandera…
Ayahuasca chacrunera….
Ayahuasca lucerito manta...
Ayahuasca pinturera…

4. Sunaray (Cristina)

Ayahuasca sunarai sunarai a ti	F7 C
Ayahuasca sunarai sunarai a ti	Dm G

(puma selva, sunarai ay, copa-ewa, chakrunita,
Tabaquito, rapecito)



5. Yoni Lumpanai (Icaro)

Yoni lumpanai
Yoni yoni lumpanai
Si si sito mukavi, nasikango wayida

Muy muy wayida, tono marjarde
Pascadidi wayida pascadidi wayida
Kayawawa kunata, cuerposito sanoja

Sanojadidi di muy sanojadididi muy
Sanojadididi muy sanojadididi muy
Sanojadididi muy sanojadididi muy

Maya tengo muy yonka maya tengo muy
Yonka cuti chikuniy
Cuti chikunikuni
Pascadidi wayida pascadidid wayida
Kayawawa cunata cuerposito sanoja

Sanojadididi muy…

Wadi manta canta wadi manta
Camta wadi manta canta wadi manta
Si si sito mukavi nasikango wayida

Muy muy wayida…

Sanojadididi muy….

6. Pahuene (Yaminahuas)

Cura y noronde, cura y noronde
Cura y tototo, cara y tototo

Icamahi Pahuene ipahuene
Icamahi pahuene ipahuene

Pahue pahuene ipahuene
Pahue pahuene ipahuene

7. He Yama Yo (Lakota ~ Version of Curawaka)

He yama yo wanna henne yo	Dm
Hey yama yo wanna henne yo	A7 Dm
Wahi hi yayahana he he he yo	Dm C Dm
Wahi he he he yo wahi	A7 Bb Dm

8. Kawa Kawa (Katukina)

Kawa kawa yo pai hay hay
x2
Saxa kawa yo pai hay hay
x2

Omza pahi ko hay hay
x2

Korowai hay hay
x2

9. Tatahowara (Noke Kuin Tribe)
Call to the spirit of the dancing tree

Tatahowara, tatahowara	Am C
Wahi teonani	Am F C
x4	
Hame nake yamepo	Am F
x4	
Hame nake penda	Am F
x3	
Penda penda penda potata_____	Am F Am F C
x2	
Toda ah toda ah toda ah toda ah	Am F Am F
Toda ah toda ah toda ah toda eu	Am F Am F C

10. Ayawaweya (Herbert Quinteros)

Ayawaweya wa weya, yushi ya waweya yushi ya waweya	Am F
Awa! We yaya wa weya medicina yawa medicina yawa	Am F
Awa we yaya wa weya medicina yawa cura curandera	Am F
Awa we yaya wa weya medicina yawa cura corazones yaa	Am F C
Awa wey wata wa wey ya	Am
Cura! Cura ay medicina…. Cura! Cura espirituyni	F Am
Cura! Cura ay caminito… cura! Cura almacita.. Cura! Cura espiritituyni	F Am



11. Shamuankuna Cayari (Shimshai)

Shamuriri ririri shamuankunay cayari x2 D Am7 Bm7 Em
Medicina Ayahuasca medicuyni ariri Bm7 Am7 D Em
Cura cura cuerpecito shamuri ririri Bm7 Am7 D Em

Shamuriri ririri shamuankunay cayari x2 D Am7 Bm7 Em
Chacrunera pinturera shamuriri ririri Bm7 Am7 D Em
Tabaquero perfumero human cuna yariri Bm7 Am7 D Em

Traina nainai nainini…

Shamuankuna cayari cayaridito mantayni x2
Medicuyni ticunera maman cuna yariri
Chacrunera pinturera maman Cuna yariri

Ushpawasha yarirí sananguito mantayni
Limpia limpia cuerpecito mamancuna yariri
Cura cura corazones de la gente yariri

Ajo sacha yarirí, Pinoncito mantayni x2
Protegiendo caminito derechito yariri
Tutupele curandera de la tierra yariri

Chacrunera cayarí pinturera mantayni x2
Pinta pinta las visiones de la tierra yariri
Suena rica pinturera con la tierra yarii

Traina nainal nainini…

Estoy libre estoy aqui
Para siempre estare x2
Aprendiendo en la manera,
De los que vienes antes me x2

I am here and I am free
And forever I shall be x2
I am learning in the ways
Of those who came before me x2

Trainai nainai nainini…

HUNI KUIN



VIVA LA FLORESTA!!!

12. Noku Mana (Huni Kuin)
capo 3

Noku mana e bubu bubuṭã	Am G C
Eskawatã kaya waikiki	Em G Am

Eskawatã kaya	C
Kaya wai Kaya wai	Em
Kaya waikiki	G Am

(Noku niwe e, ni e, bixi e, bari e)

13. Eskawata Kayaway (Huni Kuin)

Nukun mana yuxibu	G D
Yubun mana yuxibu	C
Mana yuxibu buta	Am
Eskawata kayaway	Em
Eskowata kayaway	C G
Eskowata kayaway	C

(replace “mana” with: Shina, Kana, Bari
Ushe, Mixi, Yama, Shava, Yura, Muka)

14. Forças da Floresta (Huni Kuin)
Capo 1

Chamo forca da floresta para vir nos ensinar	Am F C
Chamo forca da Jiboia Bari Sirika	G Am
Aê aê ê, Aê aê ê	F C
Aê aê ê, Aê aê ê	G Am
Jiboinha encantada traz a miração	Am F C
Hawê dautibuya Yube bau dauti	G Am
Aê aê ê, Aê aê ê	F C
Aê aê ê, Aê aê ê	G Am
Consagrando as medicinas descobri a meu valor	Am F C
Encontrei o ser divino no meu interior	G Am
Aê aê ê, Aê aê ê	F C
Aê aê ê, Aê aê ê	G Am

15. Força Do Rapé (Huni Kuin)

É a força do Rapé
Quero ver quem vai ficar de pé

Senta para levantar
O espírito do alto olhar

Quem é o eu da questão
É o eu da imensidão

Quem desperta faz brilhar
O espírito do alto olhar



16. Nai Ni Nanane (Huni Kuin)
Capo 3

Nai ni nanane na nai nanane	Am G
Nai ni nanane na nai nanane, heya	Am
x2	
Tebuiá nokuramo tebuiá	Am G Am
x2	
Nai ni…	
Baetê nokunshora Baetê	Am G Am
x2	
Nai ni…	
Parirá nokunsapo parirá	Am G Am
x2	
Teheborá nukunxipa tebuiá	Am G Am

17. Tetepawa (Huni Kuin) Capo 3

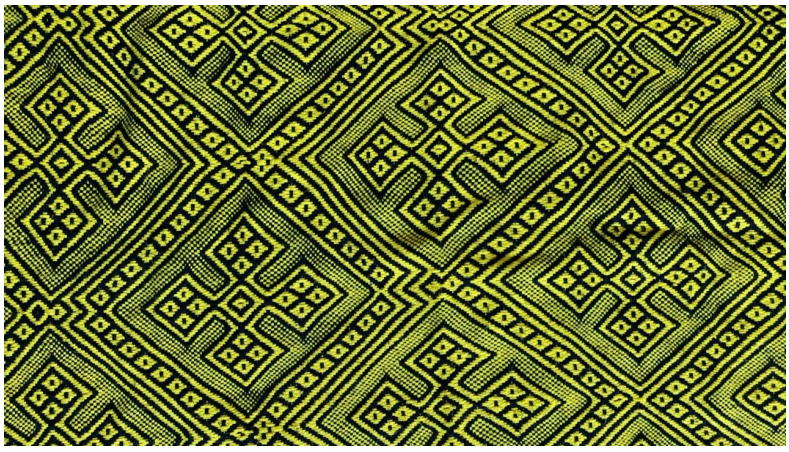
Tetepawa Yuxibu, Tetepawa Kunuya	Em C G
Tetepawa Yuxibu, Tetepawa Kunuya	D Em
Heya heya heya ya, heya heya heya ho	Em C G
Heya heya heya ya, heya heya heya ho	D Em
Bari siri ikatum, padi siri ikatu	Em C G
Bari siri ikatum, padi siri ikatu	D Em
Ini nai a nai a nay, Ini nai a nai a nay	Em C G
Ini nai a nai a nay, Ini nai a nai a nay	D Em
Noku mana e bubu, mana e bubu buta	Em C G
Eskawata kayawe, kayawe kiki	D Em
Hawe dau tibuya, yube bau dauti	Em C G
Hawe dau tibuya, yube bau dauti	D Em

18. Cura Medicina (Ninawá Pai da Mata Huni Kuin)

Medicina cura, cura medicina	G
Medicina cura, cura medicina	D G
Ayahuasca cura, cura medicina	G
Medicina cura, cura medicina	D G
Rapésito cura, cura medicina	G
Medicina cura, cura medicina	D G
A sananga cura, cura medicina	G
Medicina cura, cura medicina	D G
A jibóia cura, cura medicina	G
Medicina cura, cura medicina	D G
O Kambo cura, cura medicina	G
Medicina cura, cura medicina	D G

19. A Energia da Floresta - (Ibã Huni Kuin)
Capo 3

A a a eee, A a a eee, A a a eee	Em, D/F#, C, Em
Venho da mata, trago a luz da miração	D/F#
Nestes encantos Nixi Pae e Kawa	C
Fazendo a transformação	Em
A a a eee….	
Venho da mata, dos encantos da Jibóia	D/F#
É da floresta	C
Somos índio ayahuasca	Em
A a a eee…	
Ni Huni pae mae pae mae	D/F#
Ni Huni pae mae pae mae	C
Ni Huni pae mae pae mae	Em
Eu pedi Mãe Natureza	D/F#
Me dê paz me dê firmeza	C
Para eu poder caminhar	Em
Vou caminhando dentro desta luz Divina	D/F#
A força que nos ensina	C
Colorindo a miração	Em



20. Venho Da Floresta (Huni Kuin) Capo 3

Venho lá da floresta	Em D
O meu canto é de amor	Am
Sou um índio mensageiro	C
Mensageiro do amor	Em

Ehehe ehehe ehehehehe....	G, D, Am, C, Em
Ehehe ehehe ehehehehe.....	G, D, Am, C, Em

Peço à mãe Rainha	Em D
Toda hora todo dia	Am
Para trazer a cura	C
E nos dar muita alegria	Em

Ehehe ehehe ehehehehe....

No meio da floresta	Em D
Junto com os meus irmãos	Am
Vou falar com o coração	C
Essa é a minha tradição	Em

Ehehe ehehe ehehehehe....

Venho lá da floresta,	Em D
O meu canto é de amor	Am
Sou um índio mensageiro,	C
Mensageiro beija flor	Em

Ehehe ehehe ehehehehe....

Peço à Natureza,	Em D
toda hora todo dia	Am
Para trazer a cura,	C
e nos dar muita alegria	Em

Ehehe ehehe ehehehehe....

No meio da floresta,	Em D
junto com os meus irmãos	Am
Vou falar com o coração,	C
essa é a minha tradição	Em

Ehehe ehehe ehehehehe…

21. Vem Mãe Natureza (Huni Kuin)

Vem, vem, Mãe Natureza	Em
Vem, vem, Mãe Natureza	D
Vem, vem, Mãe Natureza	Em B7
Vem me ensinar	Em
Vem, vem, tete pãwã	Em
Vem, vem, tete pãwã	D
Vem, vem, tete pãwã	Em B7
Venha nos curar	Em
Vem, vem, yube sheni	Em
Vem, vem, yube sheni	D
Vem, vem, yube sheni	Em B7
Yube sheni keneya	Em
Keneya, hãwã beru keneya	Em
Keneya, hãwã beru keneya	D
Keneya, hãwã beru keneya	Em B7
Yube beru keneya	Em
Maïte, hãwã shaka maite	Em
Maïte, hãwã shaka maite	D
Maïte, hãwã shaka maite	Em B7
Yube shaka maïte	Em



YAWANAWA



22. Tonguere (Yawanawa)

O wai ratse tonguere	Em C
Tonguere wai tonguere	Em
x3	
Eroroma eroya	Em C
Eroroya tonguere	Em
x3	
Roya roya tonguere,	Em C
O wai ratse tonguere	Em
x3	
Noku mana e bu bu	Em
Mana e bu bu bu ta	C Em
Eskowata kayawe	Em
Kayawe ki ki	C Em
x3	
Padi sidi ikatu	Em
Padi sidi ikatu	C Em

23. Wacomaia (Yawanawa)
Capo 1

Wacomaia, Wacomaia, Wacomaia, Wacomaia, Wacomaia, heé! G Am C Am G
Wacomaia, Wacomaia, Wacomaia, Wacomaia, Wacomaia, heé! G Am C Am G

Wacomaia, tone pindake pinda kanarô ho G Am C G
Wacomaia, tone pindake pinda kanarô ho Am C G

Tozake hô pará tone pindake, pinda kanarô ho Am C G
Tozake hô pará tone pindake, pinda kanarô ho Am C G

Ahe, ehe, ya he, waya, Wacomaia, Wacomaia, Wacomaia, Wacomaia héé! G Am C G
Ahe, ehe, ya he, waya, Wacomaia, Wacomaia, Wacomaia, Wacomaia héé! Am C G

Call to the Honey Bee

24. Ramenako (Yawanawa)

Ramenako ramenako rameno rameno rameno
X2
Tacorona ramenako rameno rameno rameno
X2
Rarara rameno x4
Tacorona rameno x4

25. Makapê (Yawanawá)
Capo 2

Kapi, mazonzondorê nauwê, naêdemã Bm G D A
Nawê, nawê, nawê nawêdemã Bm G D A

Makapê tembo tembo, Makapê tembo Bm G
Araraya mã, araraya mã D A
Zauke ke ke, ke kê ke Bm G
Atonzanã, atozianã D A

Akanaya shumã, osaitu uanu Bm G D A
Sai ãkãra uki, nuku aiá shubã Bm G D A

Nawê, nawê, nawê nawêdemã Bm G D A

Makapê tembo tembo, Makapê tembo Bm G
Araraya mã, araraya mã D A
Zauke ke ke, ke kê ke Bm G
Atonzanã, atozianã D A

26. Kano Kano (Yawanawá) Capo 3

Kano Kano, Kano Kano	G Am C G
He kanore kanorê, He Kanore Kanorê	G Am
He kanore kanorê, He Kanore Kanorê	C G
Maracá inakainã Maracá inakainã	G Am
Maracá inakainã Maracá inakainã	C G
Maracá ioioiô Maracá ioioiô	G Am
Maracá ioioiô Maracá ioioiô	C G
Ioiô ioio iô, Ioiô ioio iô	G Am
Ioiô ioio iô, Ioiô ioio iô	C G
Parara iranoi rã, Parara iranoi rã	G Am
Parara iranoi rã, Parara iranoi rã	C G
Rano rano irã, Rano rano irã	G Am
Rano rano irã, Rano rano irã	C G
Parara ioiô iô, Parara ioiô iô	G Am
Parara ioiô iô, Parara ioiô iô	C G

27. PARARAITOVE - (YAWANAWÁ)

Pararaitove, heroraitove	G Am
Pararaitove, heroraitove	C G
Ato nomá, ato nomá	Am C G
Noma mae, noma ma, noma mae noma ma	G Am
Noma mae, nomama, nomã mahee	C G

28. Te Nande (Yawanawa)
Capo 3

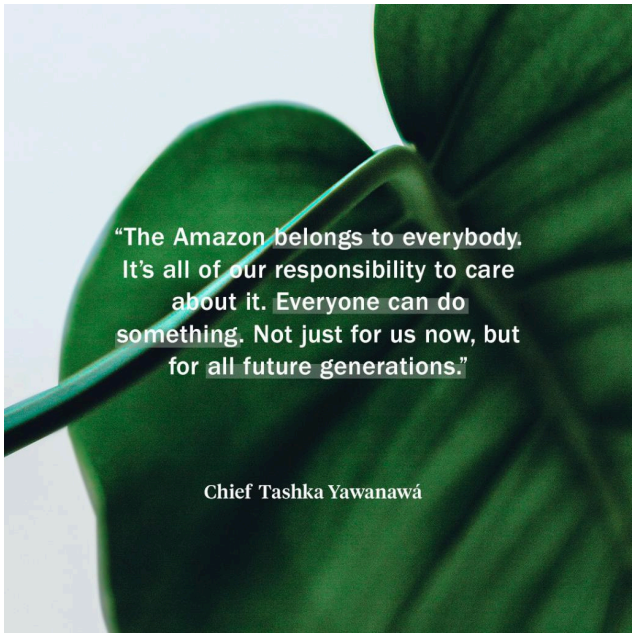
Taraouaca umbari karane	Em
Morouane umbari sarane	C
Kaho anze umbari te nande	D Em
x2	

Te nande te nande	Em C
Te nande te nande	D Em
x2	

Kapa xo mina haro	Em
Keho ande te nande	C
Yo rainde yo rainde	D Em
x2	
Te nande…	

29. Candê Boioiô - Vovô Tarêve - (Yawanawá)

Ê, cande boioiô	Am F
Boioiô, Boioiô	C G
Vovo Pairo Pairo Pairo	Am
Vovo Pairo Pairo Pairo	F C
Vovo Pairo	G
Vovo Tarevê, vovo Tareve,	Am
Vovo Tareve, vovo tareve	F C G
Ê rorondaiá, ê rorondaiá,	Am
Ê rorondaiá, ê rorondaiá	F C G
Tare tare ve, tare tare ve,	Am
Tare tare ve, tare tare ve	F C G
Rouna rouna ve, rouna rouna ve,	Am
Rouna rouna ve, rouna rouna ve	F C G
Aua kãna ve, aua kãna ve,	Am
Aua kãna ve, aua kãna ve	F C G
Aira ro naiá, aira ro naiá,	Am
Aira ro naiá, aira ro naiá	F C G



SANTO DAIME



30. Ayahuasca (Santo Daime)

Aya, aya, ayahuasca	Am G Am
Aya, aya, ayahuasca	C Dm E7 Am
Chamei o rei das flores	Am
Ele me respondeu	G Am
Aya, aya, ayahuasca	C Dm E7 Am
Aya…	
O rei Ayahuasca	Am
Ele toma lage	G Am
lage, ayahuasca	C Dm E7 Am
Aya…	
O rei Ayahuasca	Am
Ele vive na floresta	G Am
Ele filho de indio	C Dm
E da rainha da floresta	E7 Am
Aya…	
Vivemos neste planeta	Am
Com a vossa proteção	G Am
Se balanca maraca	C Dm
com amor no coração	E7 Am
Aya…	

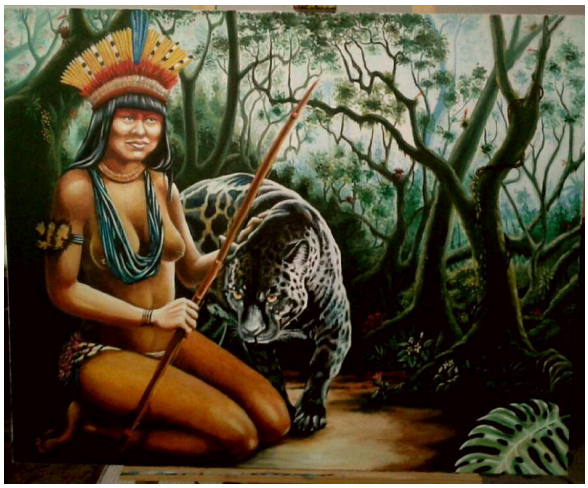
31. Com Todos Seres

Com todos seres	Am
Desda floresta	C
Para sempre yo quiero estar	F,E7, Am
Te guardando	Dm
Tu me guardando	Am
Sempre sempre te amar	Dm, E7, Am
With the beings	Am
Of this forest	C
Forever i want to be	F, E7, Am
I protect you	Dm
You protect me	Am
Forever in love to thee	Dm, E7, Am

32. Jurema Sua Folha Cura

Jurema sua folha cura	Am G
Jurema sua flecha mata	C
x2	
Quem é filho da Juremá	Am Dm
Nunca se perde na Mata	G E7 Am

x2



33. Jurema Ôh Jurema (Josi Yakecan)

Tava na mata com minha flecha na mão Em D
E mamãe Jurema dentro do meu coração (2x) B7 Em

E lá na mata encontrei Tupinambá Em D
Que mandou Jurema para vir me acompanhar. (2x) B7 Em

Jurema ôh Jurema Em D
Jurema ôh Jurema (2x) B7 Em

Foi lá na mata que encontrei inspiração Em D
Para eu seguir o caminho do coração. (2x) B7 Em
Jurema oh Juremá...

Cabocla Jurema Em
Cabocla Guerreira D
Oh Jurema feiticeira (2x) B7 Em
Jurema oh juremá...

Tava na mata com minha flecha na mão Em D
E mamãe Jurema dentro do meu coração B7 Em

34. Canta com amor
Canta com amor, Canta com amor, EM D EM D
Canta com amor, Canta com amor G AM C BM EM

(Trabalha com amor, Confia com amor,
Juntado tudo sou, amor amor amor,
Canta com amor.)

Translation:+Sing with love, Work with love, Trust with love
I'm all complete Love love love

35. Flor Das Aguas
Capo 5

Flor das águas da onde vens, para onde vais	Am Dm E7 Am
Vou fazer a minha limpeza no coração está meu Pai (x2)	F C E7 Am
A morada do meu Pai é no coração do mundo	Am Dm
Aonde existe todo amor e tem um segredo profundo (x2)	F E7 Am
Este segredo profundo está em toda humanidade	Am Dm
Se todos se conhecerem aqui dentro da verdade. (x2)	F E7 Am

Español:

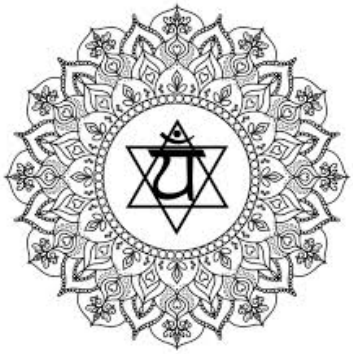
Flor de las aguas de donde vienes para donde vas
voy a hacer una limpieza en mi corazón está mi padre (x2)

La morada de mi padre está en el corazón del mundo
donde existe todo amor tiene un secreto profundo (x2)

Este secreto profundo está en toda la humanidad
si todos se conocieran aquí dentro es la verdad. (x2)

36. Illumina

Oh grandioso Sol, Sol central x2	G C
Illumina illumina x4	G C Em D G
Oh grandioso lua no ceu x2	G C
Illumina…	
Oh grandioso estrela no ceu x2	G C
Illumina..	
Oh grandiosa rainha da floresta	G C
Illumina…	



RED ROAD

Native American Church, Nahuatl Sweatlodge, Tipi, Peyote, Huachuma

Please Note: *Some of These songs come from indegenous lineages, and have been carried for many years and passed down through generations word (song) of mouth. We are so blessed and honored to have these songs in this book, to study, to pray and to honor the cultures they come from. It is important to know that some of these songs are only appropriate to sing in ceremony, in a sweatlodge, in a tipi etc. I STRONGLY SUGGEST if you like certain songs and want to carry them, to spend time in a Sweatlodge (Inipi, or Temazcal), join a tipi meeting, work with the Lakota, Wixaraka (Huichol), Native Americans, and people walking the RED ROAD. The Red Road is a warrior path of prayer, devotion, commitment, and is not to be taken lightly, and deserves the utmost respect, and reverence. There is a number of songs that I have learned through working with these tribes that I've chosen to leave out of this book, as I felt it inappropriate, and I believe there is Magick in learning a song by having it personally passed down to you. Much love, and gratitude to the Lakota, Q'ero, Wixaraka, First Nations, and Red Road relatives that have shared their beautiful medicines with us. Gracias Hikuri y Huachuma!*



1. Yaha heyo (Manifestation song/Native American)

Yaha heyo ya, yaha heyo
Yaha heyo ya, yaha heyo (x4)

heyo heyo yaha heyo
heyo heyo yaha heyo (x4)

When song is sung in a large group, people can call out what they are manifesting or releasing while others sing

2. De La Vida

Aguita de la vida
Heya na yana yana yo
Ah hey
Heya nah hey ney oh wey
Que tu me das la vida
Heya na yana yo

Aguita de la vida
Heya na yana yana yo
Ah hey
Heya nah hey ney oh wey

(fuego, tierra, aire, pachamama, etc.)

3. Tatewari
(This is an adapted version of the original song Which can be found on page 178)



Abuelito Tatewari
Escucha mi palabra
Mi cariño mi amor
Yana wana hey nay
Hey ney ho wey
x2
Hoy yana hoy yana yana wana hoy yana
Hoy yana hoy yana yana wana heya na
Hey ney oh wey
x2

4. Ven Mi Venadita

Ven mi venadita al claro del monte
Hoy hay luna llena que alumbra la noche
x2

Adi adi dada, adi dadi de
Adi adi dada, adi dadi de
x4

O dulce en tus ojos se convierte el canto
Dime venadita a quien amas tanto
x2
Adi da…

Tus ojitos quieren ver mi sonreir
Con tu medicina voy hacer feliz
x2
Adi da…

Ven mi venadita traenos tus sueños
Danza venadita ay, con mis abuelos
x2
Adi da…

Ven mi venadita al claro del monte
El monte se enciende ay, con mis abuelos
x2
Adi da….



5. Todo Mi Vida

Como el colibri de mil colores
Como la turquesa y la obsidiana
Como la luz del nuevo dia
Como la estrella de la manana
Yana wana heya na hey ney o wey

Todo mi vida yo te buscado
En mi corazón yo te he encontrado
Todo mi vida yo te buscando
En mi corazón yo te he encontrado
Yana wana heya na HEY ney oh wey

Yana ha wey nay nay o wey o hiyo
Yana ha wey nay nay o wey o hiyo
Yana ha wey nay nay o wey o hiyo
Yana wana heya na hey ney oh wey

6. Earth Mother

Earth Mother, we honor you body
Earth Mother, we honor you bones
Earth Mother, we honor you body
We sing to your stones
Hawe hawe hawe hiya
Hawe hawe hawe hiya

7. Welo Hey (Native American Church)

Yo welo hey, yo welo hey
Yo welo hey, yo welo hey
Welo hey yo welo hey
Iy iy iy iyo
Wehaya wehaya heyo
Welo hey yo welo hey
Iy iy iy iyo
Wehaya wehaya heyo

8. Umkatay (Claire Ludwig)

Hom hom hom no me he he he
Otay umkatay enawena he hey

Umkatay enahayay umkatay umkatay
Enawena he hey

Enawena he hey

9. Pachamama

Pachamama, Pachamama
Pachamama, Madre Tierra

Taita Inti, Taita Inti
Taita Inti, Gran Espiritu

Pachamama…

Wirikuta, Wirikuta
Wirikuta, Gran Espiritu

10. Abuelito Abuelita
(this is the original version of the song "Tatewari" on page 175)

Yana wana hoy yana
Yana wana hoy yana
Hoy yana yana wana hoy yana
Yana wana heya na hey ney oh wey
x2
Abuelito abuelita
Escucha mi palabra
Mi cariño mi amor
Hoy yana yana wana hoy yana
Yana wana heya nah hey ney oh wey
x2

11. Hikuri Mazatl - Seres Del Trueno
(tradition tipi version Tao, Kuathli, Oscar)

Seres del Trueno x2 Em
Corazon del Fuego x2 B7
_____x2
Llevan este rezo C
A Hunab Qu x2 G
Llevan este rezo C
A Hunab Qu G

Hikuri kuriku riku Hikurikuri (Hey!) Em

Aguilas de Fuego x2 Em
Corazon del Sol x2 B7
x2
Llevan esto rezo C
A Tonatiuh x3 G / G / B7

Pajaro del Agua x2 Em
Alma del Mar x2 B7
x2
Llevan este rezo C
A Yemanja x3 G/G/B7

Colibri de luz x2 Em
Corazon de Amor x2 B7
x2
Llevan esto rezo C
A Ometeotl x3 G / G / B7

Esencia de las flores x2 Em
Corazón de piedra x2 B7
x2
Llevan esto rezo C
A Pachamama x3 G / G / B7

Condor de los cielos x2 Em
Corazón del viento x2 B7
x2
Llevan esto rezo C
A Wilka Taita x3 G / G / B7

Beings of thunder x2 Em
Heart of the Fire x2 B7
x2
Carry this prayer C
To the creator x3 G / G / B7

12. Buenos Dias

Buenos días Madre Tierra
Buenos días Padre sol
Despertemos esta mañana
Y te cantamos con amor
x2
Heya na hey ney, yana hey ney
Yana hey ney, yana yo!
x4
Buenos días mi familia
Mi gente amaneció
Nuestra madre está contenta
y nuestro padre se rió
x2
Tonantzin, Tonantzin
x4

13. Sacred Waters (Native American Church)

Yanawana heya na hey ney x3
Yanawana heya na hey ney ni wah

Agua Pura heya na hey ney x3
Agua Pura heya na hey ney niwa

Sacred Waters heya na hey ney x3
Sacred Waters heya na hey ney niwa

Yakumama heya na hey ney x3
Yakumama heya na hey ney niwa

Mni Wiconi heya na hey ney x3
Mni Wiconi heya na hey ney niwa

Lago Atitlan heya na hey ney x3
Lago Atitlan heya na hey ney niwa

14. Agua Vital
Agua vital purifícame
Fuego del amor quema mi temor
Viento del alma llévame al altar
Madre tierra vuelvo a mi hogar
En el temazcal
En el temazcal

15. Inan Tonantzin (Nahuatl)

Inan Tonantzin tlan
Inan Tonantzin tlali
Inan Tonantzin
Inan Tonantzin tlan

Whelo whey yay ya o whelo whey yayo
x2

He yaheya he yaheya he yaheya he yaheya he yaheyiyo
He yaheya he yaheya he yaheya he yaheya he ya whelo wheyayo

16. Tonantzin (Nahuatl)

HUEY TONANTZIN, TONANTZIN
HUEY TONANTZIN
x2
IPALNEMOHUANI NOYOLOTL TATZIN
TLAZOKAMATLI TONANTZIN

meaning:
HUEY TONANTZIN (GREAT MOTHER EARTH)
IPALNEMOHUANI (we´re all one, unity)I
NOYOLOTL TATZIN (heart on vibration)
TLAZOKAMATLI (I love you, thank you)
TONANTZIN (Mother Earth)
HUEY TONANTZIN (GREAT MOTHER EARTH)

17. Mitakuye Oyasin
we are all related, to all my relations

Mitakuye oyasin, mitakuye oyasin Am C
Mitakuye oyasin, mitakuye oyasin G Am
x2
Oooooh iye iye iyo! Pachamama Am C G

18. Ay Ay Ay Ay He

Huachumita ay ay ay ya hey
Huachumita ay ay ay ya hey
Cura cura cura cuerpecito
Limpia limpia limpia espírito

(Taita Inti, Pachamama, other plants..)

19. Puma Song (Dustin Brooks “Dustino Bendito” adaptation of hikuri song)

Puma puma puma puma
Puma puma puma de los a-a-a-apus
x2
Huachumita huachumita
Vuela condorcito, vuela condorcito
x2-4

(optional add-in)
Kayumari, kayumari
Corre venadito corre venadito
Kayumari, kayumari
Corre venadito corre venadito
Corre venadito donde esta tatewariiiiia

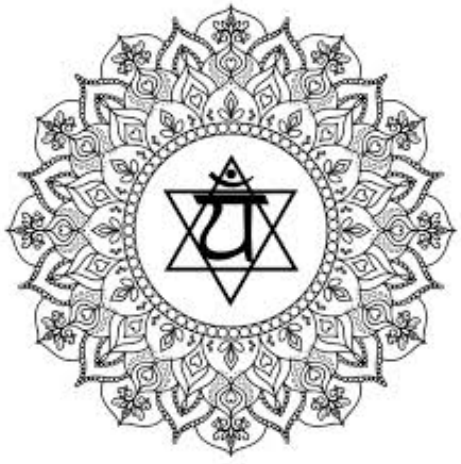
Hikuri kuri kuri kuri kuri (HEY!)
x4

20. Cura Huachumita

Cura huachumita cura cura x2
Cura cura huachumita cura cura x2

Limpia abuelito limpia limpia x2
Limpia limpia abuelito limpia limpia x2

Sana peyotito sana sana x2
Sana sana peyotito sana sana x2



Cacao
&
Santa Maria



Cacao <3



Cacao, or Cacaocito, is a beautiful heart-opening medicine that can be used in a variety of ways.

It has a variety of amazing health and spiritual benefits. Guatemalan cacao has 0-.5% caffeine, whereas other varieties have different percentages. The main stimulating alkaloid, called Theobromine (directly translated to Food of the Gods) is a stimulant that has no crash and a very smooth come-up. It is also a vaso-dialoator, which means that it increases the size of the veins, making more blood (and prana) flow through the system. It also increases heart rate, which is why it's such a wonderful heart opener. In addition to Theobromine, cacao has Anandamine (the bliss molecule) which can cause for heightened emotional states of ecstacy, bliss, or deeper processes. Cacao also has loads of vitamins, and minerals, such as iron, magnesium and more. It's healthy for the body and spirit.

Cacao can be used for opening the voice, singing/kirtan/song circles, dancing, emotional processing, romantic dates, creative flow, art, musical creation, shamanic journeying, trauma release, and just about anything. A ceremonial dose is 42 grams, and is only recommended in an intention and/or prayerful way. Lower dosage is recommended for other settings.

Our favorite ingredients to add include any mix of these: Organic sweetener, cinnamon, cardamom, chile picante (cayenne). Other great additions include: Maca, nutmilk, tahini, nut butter, lion's mane, mucuna puriens, nutmeg, maple syrup.

We ship bulk ceremonial cacao from a beautiful women's collective in Guatemala, worldwide. Email us to order 20-150 pounds in any country to become a distributor!

To order cacao in the states check out this link below:

www.etsy.com/shop/mysticalcacaosource

Cacao Prayer/Invocation:

We call in and give thanks for the sweet spirit of cacao! We give thanks to the beautiful farmers tending the trees, and the wonderful women who process the cacao to bring it to our cups today. Thank you Ix Cacao, we welcome you into our space and ask that you open our hearts to dance with the divine. Open us to experiencing deeper love, more joy, and process anything that's needed so that we can release what no longer serves and welcome in what does. Open our voices to sing, our bodies to dance, and inspire our creative life force. Bring us clarity of vision and purity of heart. Thank you to the Spirit of Cacao for bringing us together in this sacred way!

CHEERS!!!!!

1. Cacaocito (Lago Atitlan)
Capo 3

Cacaocito la medicina	Dm Am
Cacaocito lai dee dee dee	Em Am
(x2)	
Cura cura cuerpecito	Dm Am
Cura cura lai deedeedee	Em Am
(x2)	
Limpia limpia espiritito	Dm Am
Limpia limpia lai deedeedee	Em Am
(x2)	
Sana sana corazoncito	Dm Am
Sana sana lai deedeedee	Em Am
(x2)	

***Often sang while pouring cacao in ceremony,*
*Soon after drinking or as part of opening prayer***



2. Yandadeedee (Pavan Ji of Hanuman Project)

Cacaocito medicina	C
Shamuekuna cayari	F C
Cura cura mi familia yadidi	G C
(x2)	
Yandadeedee yandadeedee	C
Yandadeedee dee deedee	F C
Yandadeedee dee dee dee	G C
(x2)	

(Repeat with other medicines of choice)

3. Gracias Cacao (Harmony Rose)

Gracias cacao	Am
Por tu medicina	Em Am
Gracias cacao	Am
Por tu amor	Em Am

Cura cura, cura mi cuerpo	Am Em Am
Limpia limpia, mi corazón	Am Em Am
Pura pura, pura mi espíritu	Am Em Am
Sana sana, con tu amor	Am Em Am

Gracias aguita/Pachamama/Lago Atitlán/etc

4. Maestra Curandera (Maxence of CuraSound)

Cacaocita, cacaocita	Am C
Medicina de la Tierra	Em Am
Cacaocita , cacaocita	Am C
Medicina de la selva	Em Am
Limpia limpia limpia cuerpecito	C F
Abre abre abre sentimientos	C Em Am
x2	
Maestra curandera	C Em Am
Cura con amor	Em Am
Maestra curandera	C Em Am
Y tu divina sabor/ lava mi dolor	Em Am
x2	
Lai la la lai la la lai la…	

5. Cacao Blessing (Nicholas John Bauer & Aine Loves)
Capo 1

Cacao Sito	E
You Make My Heart Sing	A E
You Remind Me That I’m	A
Connected To Everything__	E A
x2-8	
Thank You Mother Earth __	E A E A
Thank You Father Sky __	E A E A
Thank You For Chocolate Pie__	E A E A
Thank You For All The Love__	E A E A
x2-8	



Santa Maria

6. Santa Maria *ganja invokation (Jahendo)*

Santa Maria divina me	Am C G Am
Santa maria abre mi mente	C G Am
(x7+)	
Oh Saint Mary Jane open up my mind	Am C G Am
Oh saint Mary Jane, make me divine! (x2)	Am C G Am

7. **Hare Ganja !** (MYF Original, Jahendo)

Jaya Shiva shankara	Am C
Bom bom hare ganja!	Em G
(x2)	
Hare ganja hare ganja	Am C
Bom bom hare ganja	Em G
(x2)	

master cannabis invokation



8. Forças da Rainha da Floresta (Santa Maria ~ Santo Daime)

Santa Maria vem chegando nesse batalhão	Am E Am
Trazendo as forças da Rainha da Floresta	C Dm
São essas forças vindas de Nossa Senhora	G Am
Que centralizam essa luz aqui na Terra	E Am
Eu vou pedindo sempre a minha coragem	Am E Am
Para seguir nesta batalha do amor	C Dm
Com o conforto da minha Mãezinha	G Am
Com sua luz com sua resplendor	E Am
Eu vou seguindo sempre no caminho	F7 G
Sempre guiado pela luz divina	C F7
Sempre buscando aprender nesta doutrina	G E Am

(english)

Santa Maria is arriving in this battalion
Bringing the force of the Queen of the Forest
These are the forces coming from our Mother
That center this light here on Earth

I am always asking for my courage
To follow in this battle of love
With the comfort of our Mother
With your light with your radiance

I will always ask on the way
Always guided by the divine light
Always seeking to learn from this doctrine



9. Luz Divina Santa Maria (Original, Santo Daime ~ modified and chords by Yennie)

Luz divina, Santa Maria, Santa Maria divino amor Am Em C Am
Agua limpia, y milagrosa que da todo su esplendor Am Em C Am
Luz divina, Santa Maria, Santa Maria divino amor Am Em C Am
A mi es ella, quien me guia, es la planta que es todo amor Am Em C Am

Luz Divina Santa Maria Santa Maria Divino Amor
Água limpa e milagrosa Terra em todo o seu esplendor
Luz Divina Santa Maria Santa Maria Divino Amor
A Virgem Mãe é quem me guia Nessa planta que é todo amor
Luz Divina Santa Maria Santa Maria Divino Amor

10. Sera Maria (Socovan ~ Columbia)

En el dia vi Maria - Y Será maría que iba en el mar. E Bm E Bm
Toda hora se dormía - Y Sera maria que iba en el mar E Bm E Bm
Caminando por la playa - Y sera Maria que iba en el mar E Bm E Bm
Ya llego mi compañía - Y sera Maria que iba en el mar E Bm E Bm

CHORUS:
Ay y será Maria! Ay que iba en el mar x4
Ay que iba en el mar! Ay que iba en el mar x4

Un lucero la acompaña - Y será maría que iba en el mar
Las estrellas la guiaban - Y será maría que iba en el mar
Sonriendo a la luna - Y será maría que iba en el mar
Disfrutando de la vida - Y será maría que iba en el mar

11. Ave Maria (Santo Daime)

Ave Maria, cheia de graça, o Senhor é convosco.
Bendita sois Vós entre as mulheres.
Bendito é o fruto do Vosso ventre, Jesus.

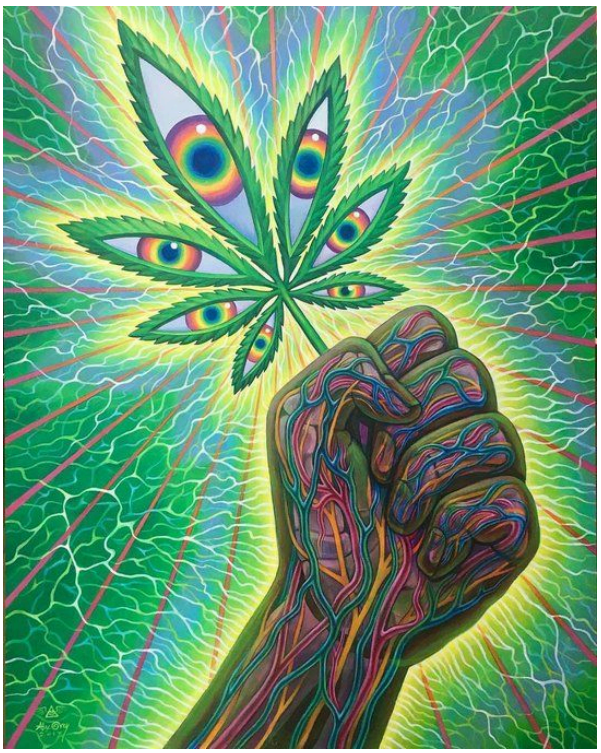
Santa Maria, Mãe de Deus,
Rogai a Deus por nós pecadores,
Agora e na hora da nossa morte.
Amém Jesus, Maria, e José

12. Santa Maria (Mystical Yoga Farm Original)

Santa Maria Am
Santa Maria (4x) Em

Feeling the connection Am
Connection to my spirit (4x) Em
Feeling your love Am
From above (4x) Em

[Chorus]
Santa Maria Am
Santa Maria (4x) Em
Hare Ganja Am
Hare Ganja (4x) Em



Grounding my body Am
on the earth Below (4x) Em
When your close to me Am
I can see the stars (4x) Em
[Chorus]

I am in you Am
And you're in me (4x) Em
I feel you in my body Am
You're lighting up my soul (4x) Em
[Chorus]

Moving to the rhythm Am
Of the earth (4x) Em
Open my mind Am
And heighten my awareness (4x) Em
[Chorus]

I spread my arms wide Am
And hug the entire universe (4x) Em
You open up my eyes Am
And all I see is love (4x) Em
[Chorus]

every one who wants can sing a phrase of what they connect with the Spirit of Santa Maria/what she whispers in your ear to continue the song

13. Santa Maria, Maria Santa (Jahendo)
Capo 3

Santa Maria, Maria santa	Em C G D
Maria cura, Maria sana	Em C G D
x4	
Santa maririria	Em C
Santa marijuana	G D
Medicinajuana	Em C
Medicina sana	G D
x2	
Sana sana sana,	Em C
sana marijuana	G D
Santa santa santa,	Em C
santa Maria	G D
x2	
Mota-taccion en mi corazon	Em C G D
x4	
Cananananananabis sativa	Em C G D
Queen of the forest,	Em C
dream weaver	G D
x2	
Bring me your vision	Em C
Show me my mission	G D
Open up my heart	Em C
So that I may truly listen	G D
x2	
Cannabis sativa	Em C
YEAH I'm a believa	G D
x4	
Cananananabis	Em C
I feel your bliss	G D
The one with many names	Em C
But in essence is nameless	G D
I'll smoke you in a joint	Em C
Or I'll smoke you in a spliff	G D
x4	

“Ganja, when used as a sacrament, with intention and awareness, can have profound healing, creative, and visionairy affects. It is)in my opinion) the most commonly misused, and probably the most used plant medicine worldwide. I offer you these songs as a way to honor her spirit, to be present with her and aware of the affects. The invitation then is to meditate, sing, freestyle, create, make art, and let the creative life force move through me.

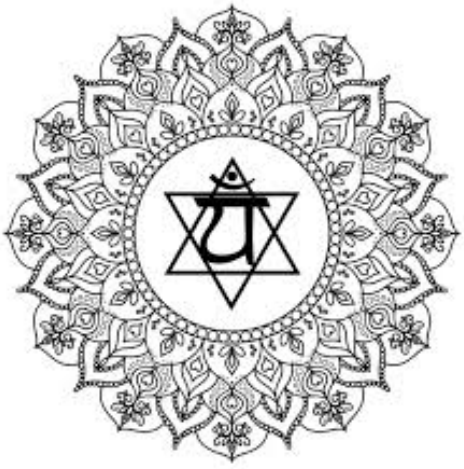
I personally love having meditations with Mary Jane, and find it extremely beneficial to my visionary process, and brings clarity (sometimes haha) to things happening in my life. Some of my best ideas have come from this form of meditation. Rather than trying to still my mind or release thoughts, i actually shuffle through my thoughts, until I find a good one (like an upcoming project, or an interaction I recently had.) I think thoroughly through the thought, see it from all angles, reflect on it, and naturally visions, ideas, inspirations, perspective, etc will come to my mind’s eye. Sometimes I scan through my recent days, and observe interactions I;ve had, and the lessons they have, such as how I can act with more integrity, or speak with more compassion, patterns I’m having, roles with other people, etc. I’ve had some of the best breakthroughs during ganja meditations! Try it!

I also LOVE using this sacred sacrament for creative flow, singing, art, etc. Most of my original songs have been channeled from the conscious use of Santa Maria. Utilizing it in this intentional way, is sure to get the creative juices flowing!” ~ Jahendo

Santa Maria Invocation: *Sweet Santa Maria, spirit of the Divine Mother, we welcome you into this sacred space to expand our awareness, open our creative vision, and fill us with your sweet loving presence. We give thanks to your medicine for all that you’ve revealed to us. We invite you to come dance with us, so that we may become an instrument of divine light. Help Inspire our creativity, bring clarity and open our perspective. With love, gratitude and respect we smoke upon you holy light! Aho!*



~ Other Languages ~
Hebrew & African



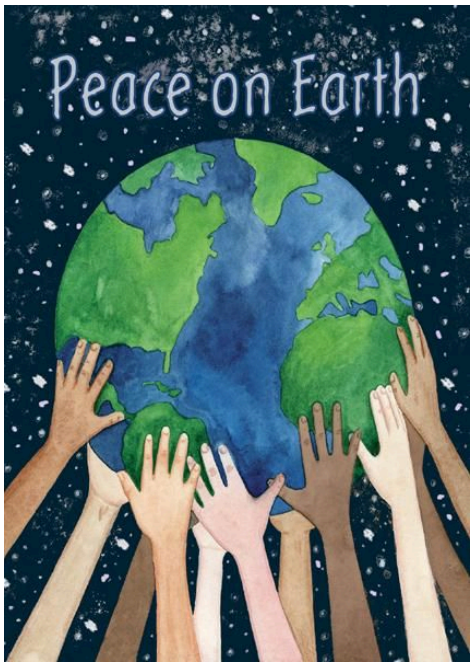
1. Halelu

Halelu halelu halelu	Am G
Halelu halelu halelu	F G Am
x2	
Kol hanshama tehalel yhaaa	Am Dm
Halelu haleluyaaa	G Am
Kol hanshamaa tehalel yhaaa	Dm
Halelu haleluya	F G Am

Translation: every soul will praise you halelu

2. Od Yavo Shalom Aleynu

Od yavo shalom aleynu	C
Od yavo shalom aleynu	F
Od yavo shalom aleynu	C
Ve al kulam	C G C
Salam aleynu ve al kol ha olam	C F C
Salam salam	G C
All we want is peace on this Earth	C
All we want is peace on this Earth	F
All we want is peace on this Earth	C
Pure love and peace	G C
Peace! To all the boys and all of the girls	C F C
Of this, pure world	G C
Queremos paz en la Tierra	C
Queremos paz en la Tierra	F
Queremos paz en la Tierra	C
Amor y paz	G C
La Paz! Que todos los pueblos se unan	C F C
Amor y paz	G C



3. Ben Adam (Hebrew)

Ben adam
Ale lemala ale
Ale lamalamale ben adam
Ale lemalale
x2/4
Ki koach az lecha
Yesh lecha kanfey ruach
Yesh lecha kanfey ruach
Kanfey nesharim abirim

Al tekachesh bam
Pen yekachasu lecha
Drosh atam drosh ben adam
Veyimatzu miyad

4. Adama Veshamaim

Adama veshamaim
Chom ha esh
Tzlil hamaim

Ani margish zot begufi
Beruchi benishmati

I can feel it in my body
I can feel it in my soul

Yo lo siento en mi cuerpo
Yo lo siento en mi ser

Heya heya heya heya heya heya heya ho
Heya heya heya heya heya heya heya ho
Heya heya heya heya heya heya heya ho

5. Nai Nai Nai ~ Israel Song (Carioca Chandra Edgar)
Capo V

Nainai Nanainai Nanai	Am E Am
Nainai Nanaia Nanai	Am E Am
Nainai Nanainai Nanainai Nanai	Am A7 Dm Am
Aiyai Yayaiya Yaiyai (x2)	F E7 Am
Nana Heyei Heiyeiyeiyei Ohoh	Dm G C F
OhOhOhOh OhOh	Dm G
AyAyAyAy AiAy (x3)	C Dm

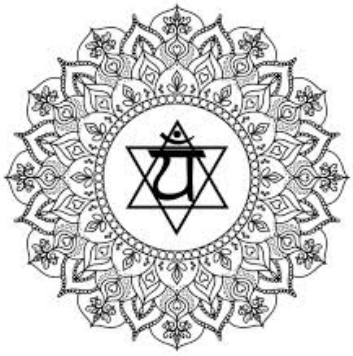
6. Ide Were Were (African)

Ide were were nita ochun	Em, D
Ide were were	Em
Ide were were nita ochun	Em
Ide were were nita ya	Em, D
Ocha kiniba nita ochun	Em
Cheke cheke cheke	C, D
Nita ya	D
Ide were were	B,Em

7. Kule oku (African rain song)

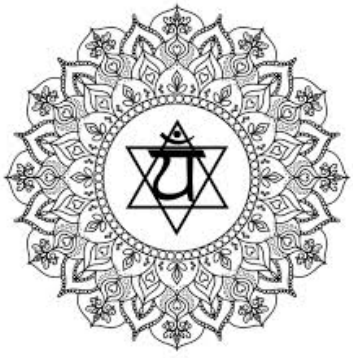
Kule oku mama kule oku
Kule oku mama kule oku (x2)

Mama kule oku
Mama kule oku (x2)



Bonus Songs

New MYF HeartSong Favorites From 2023



Drum, Rattle & Acapella Songs

Mother Waters (Diana Egiza)

Mother Waters
Wash over Me
Bring my prayers
Down to the Sea

Blessed tears
Nourishing my roots
Sacred Waters
Reveal my inner Truth

Woah oh
Holy Waters
Woah oh
Water is Life
X4

Children of the Earth (Diana Egiza)

Children of the Earth and children of the Water
Children of the wind and the Sacred Fire
x2
Singing our grief and praise
Remembering the ancient ways
x2
Remember, remember your song
(alternate: replace “children” with “daughters”)

Presence and love

Presence and love ohhhh
Such a sweet vibration
x2-4
I see you i hear you
I wanna share this with you
x2-4

Love is the answer

Love is the answer
Love is the way
Sri ram jay ram jay jay ram

(peace, light, magic, connection, etc…)

Aho Mitakuye Oyasin (Ananda)

Aho mitakuye oyasin, Inlakesh, Namaste
Allyu Masikunapa, We are one family

I am another you-oo-oo You are another me
I see the light in you-oo-oo We are one family

We are all related, we're elevated
We're one family-hee-hee
We are all related, we're celebrated
We are one family-hee-hee

Gran espiritu ayuda

Gran espiritu ayuda nuestra gente
Ayuda nos en este ceremonia
x2
Da nos tu amor
Da nos tu calor
Da nos instruccion
Y da nos purificacción

Great Spirit come help our people
Heal us in this ceremony
x2
Bless us with your warmth
Bless us with your love
Guide us on our way
Purify the hearts of all

Huachumita ayudanos a subir

Huachumita huachumita
Ayudanos a subir
Con tus llaves con tus llaves
Huachumita huachumita
Ayudanos a subir
Con tus llaves con tus llaves
Las puertas se van abrir
Las puertas del amor
Las puertas del sol
Las puertas del cielo

Fuego Del Amor (Maggie)

Ofresco al fuego todos mis miedos
Para que se transforman en puro amor
x2
Libera me fuego sagrado
Libera me alma fuego del amor!

Running Wild (Lala)

Running running wild one soul one tribe
If your feeling wild child come for a ride
The moon is full but the pakc runs free
Let yourself be for your soul is the one tree
Let yourself be for your soul is the tree

Songs With Chords for Strings

Sentient Beings (Jahendo) **Capo 4**

I am one with all creation Em C
Transforming light into sound D Em
I am one with all creation Em C
Transforming love into song D Em

Peace be in my body
Peace be in my Mind
Peace be in my Spirit
Peace be en mi corazon

Lokah samasta sukhino bavantu Em C D Em
Lokah samasta sukhino bavantu Em C D Em
Lokah samasta sukhino bavantu Em C D Em
Lokah samasta sukhino bavantu Em C D Em
Lokah samasta sukhino bhavantu Lokah samasta sukhino bhavantu Em C D Em

May all sentient beings be free from suffering and sickness Em C D Em
May all sentient beings lift up the heart and shine in the light Em C D Em

Hummingbird Song (Jahendo)

In my heart in my heart Am
Is the hummingbird song G Am

Colibri bri bri bri Am C
Coli coli coli bri Em Am

Om mani padme Am C
Om mani padme hum Em Am

Journey through the mind Am
Journey journey through the mind G Am

Journey through the mind Am
Journey journey to the heart G Am
Journey journey to the heart G Am
Journey journey to the heart G Am

In my Heart…

Look behind the mind and Am
See what you will find G Am

See what you will find when Am
You let your heart shine G Am

Let your heart shine and Am
Feel the divine G Am

Feel the divine cause Am
Shes with you all the time G Am

In my Heart…..

Beauty All Around Me (Sunny Day) Capo 2

I see beauty in everything Am Em
I see beauty in you and me Am Em
I see beauty in all of the sadness Am Em
I see beauty in all of the madness Am Em

(chorus)
Beauty all around me above and below C G
Beauty all around me that's all I need to know C G

Beauty in the Earth, Beauty in the Sky
Beauty in our Birth, Beauty when we die
(Chorus)

May we walk the beauty, the beauty way
Walk the beauty way each and every day
(Chorus)

I pray we all see and feel the beauty
Feel the beauty in everything
I pray we all feel and see the beauty
See the beauty in everyone
(Chorus)

Beauty in our sisters, beauty in our brothers
Beauty in our fathers, beauty in our mothers
(Chorus)

Beauty in the ocean, beauty in the rain
Beauty in emotions, even in the pain
(Chorus)

I see beauty in everything
I see beauty in you and me
I see beauty in all of the sadness
I see beauty in all of the gladnee

Beauty all around me above and below
Beauty all around me that's all I need to know
Beauty all around me above and below
Beauty WITHIN me that's all I need to know

Eternal Light (Jahendo) **Capo 4 or 5**

Heya heya heya heya ho (aho) G E7 Am
Heya heya heya heyaho G E7 Am
Eternal light inside my heart G E7 Am
Eternal light inside my heart G E7 Am

Eternal light inside my heart Dm Am
Eternal light inside my heart Dm Am
Eternal light inside my heart Dm Am
Heya heya heya heyaho G E7 Am
Heya heya heya heyaho G E7 Am

Yahe yaho yaho yahe Em Am
Yana wana heya na hey ney o wey Em Am
Eternal light hey ney o wey Em Am
Inside my heart hey ney o wey Em Am

Heya heya heya heya ho (aho) x2 G E7 Am
The light of the angels dancing in my heart x2 G E7 Am

The light of the angels dancing in my heart x3 Dm Am
Heya heya heya heyaho x2 G E7 Am
Yahe yaho yaho yahe… Em Am

Heya heya heya heya ho (aho) x2
The light of the sun radiating in my heart x2

The light of the sun radiating in my heart x3
Heya heya heya heya ho (aho) x2
Yahe yaho yaho yahe…

Heya heya heya heya ho (aho) x2
The light of the moon shining in my soul x2

The light of the moon shining in my soul x3
Heya heya heya heya ho (aho) x2
Yahe yaho yaho yahe…

Heya heya heya heya ho (aho) x2
The light of the forest guiding my way home x2

The light of the forest guiding my way home x3
Heya heya heya heya ho (aho) x2 Yahe yaho yaho yahe….

Om nama shivaya (Jahendo) **Capo 2**

Om Nama Shivaya Am
Om Nama Shivaya Am
Om Nama Shivaya Heya heya ho G E7
x2
Jai Shiva Shankara Dm
Bom Bom Bom Am
Bolenath heya heya ho G E7 Am
x2
Om Nama Shivaya Am
Om Nama Shivaya G Am
x2
Om Nama Shivaya Am
Holy Sacred Fire G Am
x2
Om Nama Shivaya Am
My Spirit Rising Higher G Am
x2
Om Nama Shivaya Am
My Heart Is Shining Brighter G Am
x2
Om Nama Shivaya Am
My Soul Is Inspired G Am
x2

Astral Dawn (Adrian Freedman)

Make me a channel for your peace — Am C
May your healing waters flow through me — Dm
As the rivers flow through the seas — Am Em Am

Make me a channel for your truth — Am C
May my life be guided by your light — Dm
As the tree grows forth from the root — Am Em Am

Make me a channel for your love
May your healing waters cleanse my soul
So that i may comfort others

Make me a channel for your light
May your healing rays shine through my heart
Like a lantern in the night

Make me a channel for your flow
May your winds of change blow through my soul
For all things come and go

Make me a channel for your grace
May your divine luminescent light
All actions permeate

Make me a channel for your cure
May each word and thought and deed be aligned
With the spirit of the sacred source

I open up my heart — C G
To the spirit of the astral dawn — Dm Am
From the sun and the moon and the stars — C G
The light of love is born — Dm Am

Take It ALL (Adrian Freedman)

Take it all take it all take it all	Am Em Am
Purify my soul	Dm
Take it all take it all take it all	Am Em Am
I am here to follow your call	Am G Am
I place myself inside your hands	Dm
Like a grain in a pestle and mortar	Am
Reduce me to your fine white sands	Dm
I am here to follow your order	Am G Am

Take it all…

Take the mistakes i may have made	Dm
through ignorance and pride	Am
Through foolishness, willfulness	Dm
Anger greed and lies	Am G Am

Take it all…

And the sound of the water beating on the rocks
By the rivers and the waterfalls
Is the sound of my mind opening locks
At the heed of the divine call

Take it all…

Now wash me clean in the deepest stream
Of the rivers of the divine soul
For i find that the time has arrived to align
With the spirit of the divine call

Take it all…!!!

Medicine Buddha (Adrian Freedman) Capo 2

Hail to the Buddha	Am
To the Medicine Buddha	
Bhaisajyaguru	Em Am
Hail to the supreme lord of healing	Am
Bhaisajyaguru	C Am
May all sentient beings	C G
Be free from suffering and sickness	Em Am
May all sentient beings	C G
Lift up the heart	Em
And shine in the light	Am
Cura cucura cucura	Am
Cura cucura	
Cucucurai	C
Os sofrimentos	Em
De todos seres aqui na terra	Am
Cura cucura cucura	Am
Cura cucura	
Cucucurai	C
Todas as doesnças	Em
Do corpo da ment e do coração	Am
Tadyatha Om	Am
Bekandze Bekandze	
Maha Bekandze Bekandze	Em Am
Randza Samun Gate Soha	Em Am G

Light Of The One (Adrian Freedman) Capo 2
Mixes well with Light of the Buddha

Hold fast, hold tight	Dm
Dont panic, dont take flight	Am
On the journey of this night	Dm
On the currents of this light	Am
Just surrender to the	Dm
might of the holy ONE	Am G Am
Just surrender to the	Dm
might of the holy ONE	Am G Am

For all will be revealed,
Your scars will be healed
For i did not come to deceive
But to help you to preceive
How to open to
receive the light of the ONE
How to open to
receive the light of the ONE

Receive it deep inside
For it’s the light that never died
Its the master its your guide
And she will open up your pride
For you can run but you cannot
hide from the light of the ONE
For you can run but you cannot
hide from the light of the ONE

Light of the Buddha (Adrian Freedman) Capo 2

The light of the ONE	Dm
Holy ONE	Am
Holy Spirit	Dm
OM Mani Peme Hung	Am G Am

Light of the Buddha
Sound of OM
Lotus Spirit
OM Mani Peme Hung

There is no Moon
There is no Sun
The Light of the Buddha
Is the Light of the ONE

Remember your true self
Before you were born
In the space tween death and life
Shines the Light of the ONE

Let It In (Jayaji)

Let it in, let it in, let it in	C
Let it all sink in	Am G
To the Sun and the moon and the stars	C
Silently teaching	Am G
To the forest the wind and the river	C
Silently speaking	Am G

Let it in, let it in, let it in
Let it all sink in

With the rays of joy and the shine of hope
That you are here bringing
With the light of a thousand stars
Your heart is here singing

Eagle & Condor (Vismay)

Eagle and Condor are reuniting Am
In the flames of love C B7 Am
Circling the sky and reuniting C D
In the flames of love C B7 Am

Yana heyo wana C
Heyo wana heya D
Heya he wana C B7 Am

The people are learning to walk in balance Am
In the flames of love C B7 Am
Learning to forgive and live in peace C D
In the flames of love C B7 Am

Yana heyo wana…

The earth is healing, purifying Am
In the flames of love C B7 Am
All beings of the Earth live in harmony C D
In the flames of love C B7 Am

Yana heyo wana…

The sun is setting, moon is rising Am
Stars are in the sky C B7 Am
Give us courage give us strength C D
Lead us through this life C B7 Am

Yana he wana

Forest's Call (NetaYa of Florestral)

Look into your heart Dm C
To see the mystery inside of you A7 Dm
Listen to your heart Dm C
To hear the Divine Presence guiding you A7 Dm

Coming from the divine, the healing of the vine Dm
With the loving light of the queen C A7 Dm
Letting go of the mind Dm
Beyond it we will find
Dimensions of light that we seek C A7 Dm

Our soul has brought us here Dm C
On the search for the sacred truth A7 Dm
To be with trust and not to fear Dm C
Allowing all illusions to disappear A7 Dm

Coming from the divine…

Naina nai nai nai nai na
Nai nai nai nai nai nai nai nai nai nai
Nai nai nai nai nai
Nai nai nai nai nai nai nai nai nai

These blessings of the divine
Shine into our lives in an astral rain
Bringing lessons of joy and pain
Understanding these teachings again and again

With love and gratitude we may receive this Truth
Remembering the way to pray
Praying our heart song, from the forest it has come
And the forest is showing us the way
Naina nai nai nai…

The forest is calling, the forest is calling
Open your heart!!
The forest is calling, the forest is calling
Allow this transformation to start!

You are the Light (Eric Mandala)

Wahe guru, wahe guru, wahe guru, wahe jio C G Dm Am F G F C
x2
Aad guray namay, jugad guray namay, C G Dm Am
sat guray namay, siri guru devey namay F G F C

Oh great spirit please teach me
How to spread the love, how to live in harmony
Your infinite wisdom is deeper than the sea
Older than this Earth, taller than the highest tree
Ancient mother instill in me
Your infinite patience, how to just be
Great beyond description is the vision that i see
This blessing of your light has made me feel so free
Higher self, that lives within me
Guide me to the light, i know you're the key!

You are the light, you are the light
You are the love, you are the love,
You are the stars up above
You are the peace, you are the peace
You are the rivers fowing to the sea
You are everything

Sat nam sat nam sat nam ji C G
Wahe guru wahe guru wahe guru ji F G C

Full moon song (Eric Mandala)

Full moon shining bright, bringer of the light	Am G
Teach us to be as One (one, one one)	Em Am
Moon moon up above teach us how to love	Am G
Teach us to be as one (One, one, one)	Em Am

Our sisters and brothers, our fathers our mothers
Teach us to live as One (one, one, one)

One tribe many colors, all sisters and brothers
Teach us to be as one

Full moon shining bright, bringer of the light
Teach us to be as one

As we dance around the sacred flames
Chant the ancient holy names
What is lost shall be regained as we dance into the night

Dance the sacred circle round	Am
Feel the abundance bound	G
Feel the ancient healing sound	Am
What is lost now can be found	G
As we dance into the night	Em Am
Into the night into the night	Am

Life Is So Sweet // MYF Theme Song (Meow Meg) Capo 3
Am C Am C C Am C D

Life is so sweet i love it so much
Happy every day SO MUCH FUN
All my brothers and all my sisters
Playin and praying IN THE SUN
Smoke a spliff (or 8!)
Maybe meditate
Eat a vegan cake
THANKS DAVID & JUAN

I belong at the Mystical Yoga Farm
It's where your dreams come true
You belong at the Mystical Yoga Farm
It's where you will find You
AND I HOPE YA DO!!

Magick all around
Taking baths in sound
Hearts are singing loud
NO LONGER BOUND
Drinking tea in the kitty lounge
Friends are passing by
PURRR MEEOW!

Smoke a spliff….

Infinite Love (Brian Beloved)

From the first night that you came C
To that one last goodbye G
Not a moment to waste Am
When you're finally seeing what's inside F
You see there's a journey within to take C
And noone will do it for you G
When there's so much at stake Am
will you light the way
Or let them burn through F

So always know
You… are unfolding C G
Infinite love, unfolding Am F
x2

There's nothing to do
And nowhere to be (whoopie!)
The steps are unfolding
Exactly as slow as they need
You see your soul is never lost
It knows exactly which lessons to learn
When the story's long forgotten
Know it's waiting for you to return

So know that you are! Unfolding…
Infinite love, unfolding x2

Whenever we fall
We can get ourselves right back up
Whenever we forget
There is always a pattern to love
You see there's meaning to this world
Its up to you just how you carry the light
And the love you bestow
Returns to you tenfold in this life

So know that you might…
Be unfolding
Infinite love, unfolding

And all you can ask for is a moment in time
To see the life that you've been living
These moments you've been given
There's a light deep inside, you're about to wake up
And i know i a moment as i breathe into your love!
((x3) starts slow and gets louder/faster each repeat)

You
Are unfolding
Infinite love, unfolding!!!

Shine Our Love (Brian Beloved) Capo 3

This one's for Mr. Jah Jah C
For shining his love on we Am
For singing his sweet song Dm
That comes from deep within his heart
Shining his love on we F G
And it gives us strength…. To give… C
All that's been gifted to us C Am

Doo doo doo doo doo Dm
Doo doo doo doo doo F

Shine our love shine our love shine our love G
(pause while everyone sends their love to the person)

Shine our love on you C
Doo doo doo doo doo doo doo doo doo doo C G C

(go around the circle and name each
person that you love. During the pause
everyone gives their love to the person
you're singing too. Fun way to share
love with everyone in the community!
It'll take a while, especially if it's a big circle!)

I am Joy (Tree Magda) capo 3

I am Joy, I am Peace	G D
I am loved, and worthy of	Am C
Trueeee happiness,	G D
to all of this, lives within	Am C
X 2	

Jai Ma Jai Ma Jai Jai Ma	G D
Jai Ma Jai Ma Jai Jai Ma	Am C
X2	

Jai Ma Jai Ma Jai Jai Ma	G D
Jai Ma Jai Ma Jaiiii	Am C

Jaiiiii Maa	G
Ma	D
Ma (JAI MA)	Am
Jai Ma	G
Ma	D
Ma	Am

Hare Sharanam Capo 2

Hare Sharanam	Em C
Shiva Sharanam	D Em
Sri Ram Sharanam	C D
Prabhu Krishna Sharanam	C B7 Em

Govinda Jaya Jaya
Gopala Jaya Jaya
Radha Ramana
Hare Govinda Jaya Jaya

Saraswati Jay Namaha Capo 3

Saraswati Jay Namaha	Am
Saraswati Jay Namaha-a-a	C
Saraswati Jay Namaha saraswati	Dm Am
Saraswati Jay Namaha-a-a	Dm G

You are the music in me	Am
You are the music in all	C
You are the dance of love	Dm Am
You are the sound of light	Dm G

Fly Away

Open your heart open your soul Am Em Am Em
And the babies will smile to you G C G C
x2

(Chorus)
Fly fly away fly away Am Em
With your wings of love Am Em
Fly so high Child of the sky G C G C
x2
(Chorus)
Open your heart open your soul
And the children will dance with you
X2
(Chorus)
Open your heart open your soul
And the lord will be born inside you
X2
(Chorus)
Open your heart open your soul
And the angels will guide you
X2
(Chorus)
Open your heart open your soul
And the kitties will purrr with you
X2
(Chorus)
Open your heart open your soul
And the doggies will play with you
X2
(Chorus)
Open your heart open your soul
And the faeries will fly with you
x2

The Way

You don’t have to know the way	Am G Am
The way knows the way	C G Am
You dont have plan the way	Am G
Trust the way, feel the way	F G
The way knows	D
The way knows	F
The way knows the way	Am G Am

No tienes que saber
El camino sabe
No tienes que planear
Confiar, sentir
El camino
El camino
El camino sabe

HeartSong Theme Song
(by Jahendo inspired by HeartSong events)
Capo 5

There is a song inside my heart G D
And she's asking me to sing C G
x2
She says! Sing it loud and sing it proud G C D
Sing your Heart Song C G
x2
There is a song inside your heart
And shes asking you to sing
x2
She says! Sing it long and sing it strong
Sing your Heart Song
x2
There is a song inside our heart
And shes asking us to sing
x2
She says! Dont be shy and dont be scared
Sing our Heart Song
x2
Singin our heart, singing our heart
Singing our heart, singing our Heart Song (yippee!!)
x2
Its the song of joy, the song of peace
The song of love Heart Song
x2
Singin our heart, singing our heart
Singing our heart, singing our Heart Song (yippee!!)
x2
We gon'! Sing the whole day long
Singing our Heart Song
x2
Our magic is our giveaway our magick is our song
So give away our love today and sing the whole day long!
x2
Sing the whole day long
Sing the whole day long!
x2

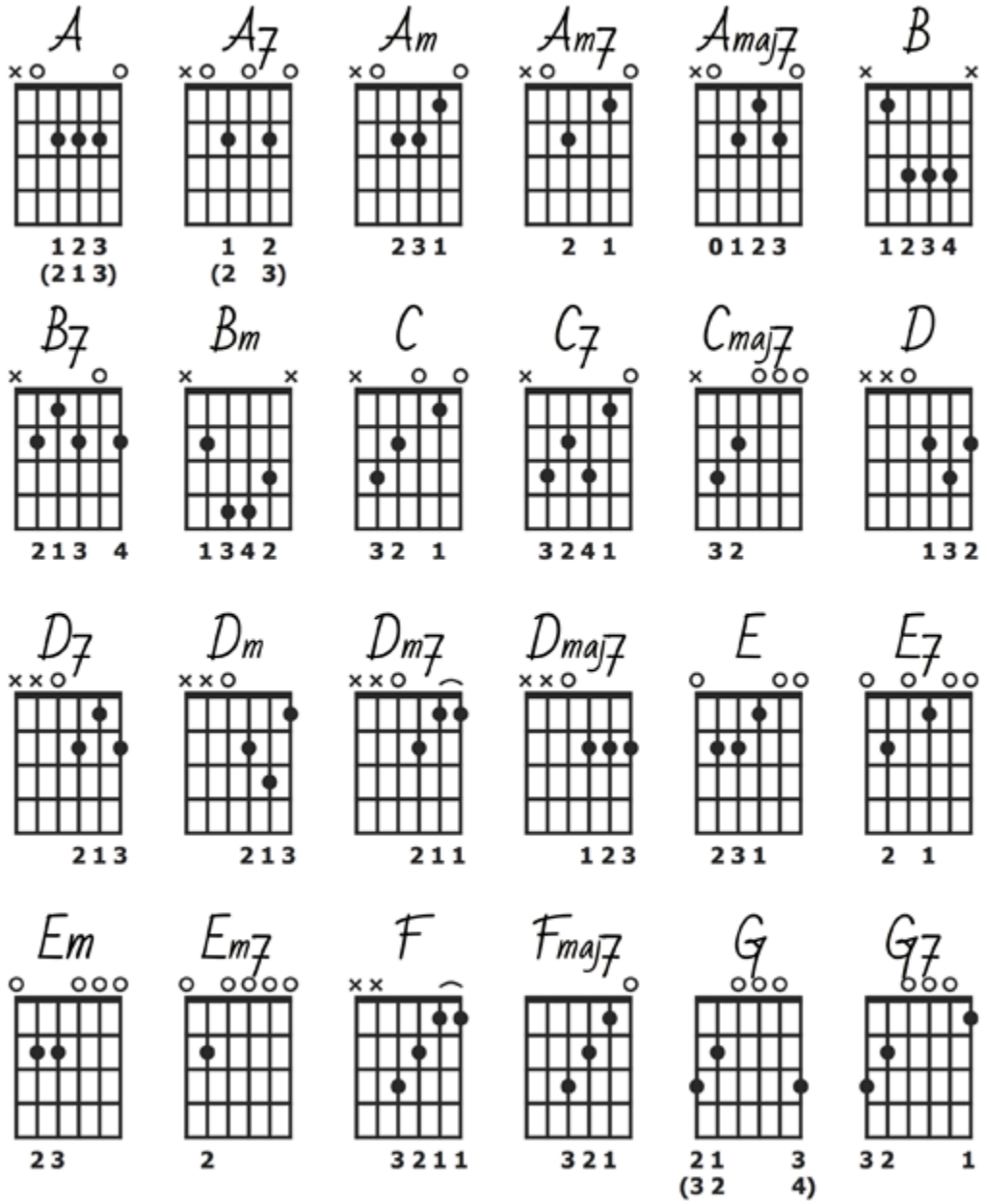
Thank you again for being a part of this blessed miracle of life that we get to sing in!

If you have any questions about Mystical Yoga Farm and how to get involved please reach out at info@mysticalyogafarm.com or follow us on Instagram, or check our website mysticalyogafarm.com

We have some incredible retreats focused on singing coming up! We have a small **SINGING FESTIVAL** every January, a **Plant Medicine Retreat** end of Jan, and are singing all the time. Consider volunteering here to sing with us, or come for a retreat! We also have a **2-week Sacred Spaceholder's Training** in May, focused on becoming a leader, group facilitation skills, offering workshops, using song/sound to guide energy… and more! HeartSong events found here https://www.mysticalyogafarm.com/heartsong/

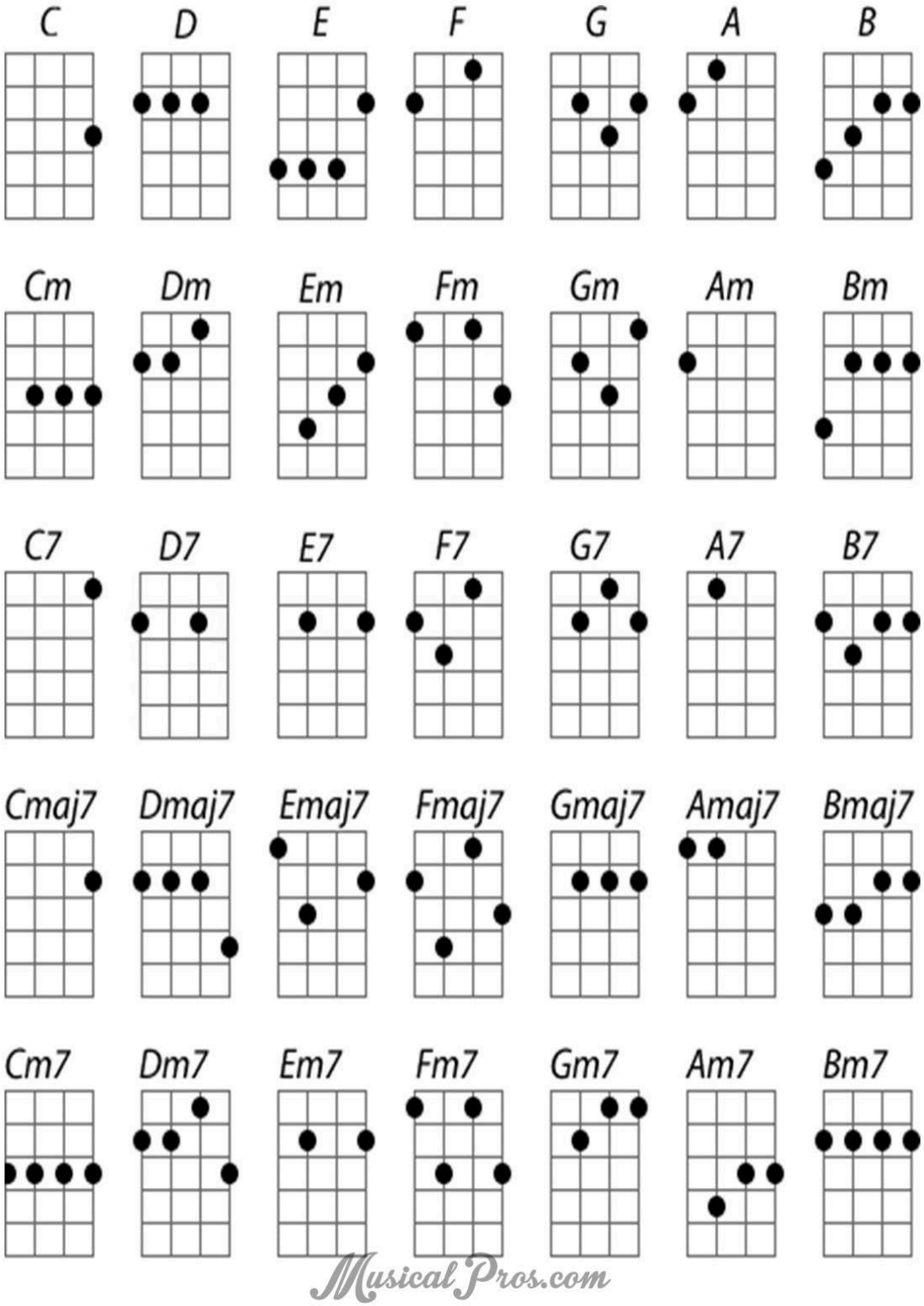
If you have any questions, song suggestions, edits, or if you know the artists of any of these songs, please reach out to Jahendo (the author) at jahendooo@gmail.com subject line "Songbook"
NAMASTE!

Guitar Chords

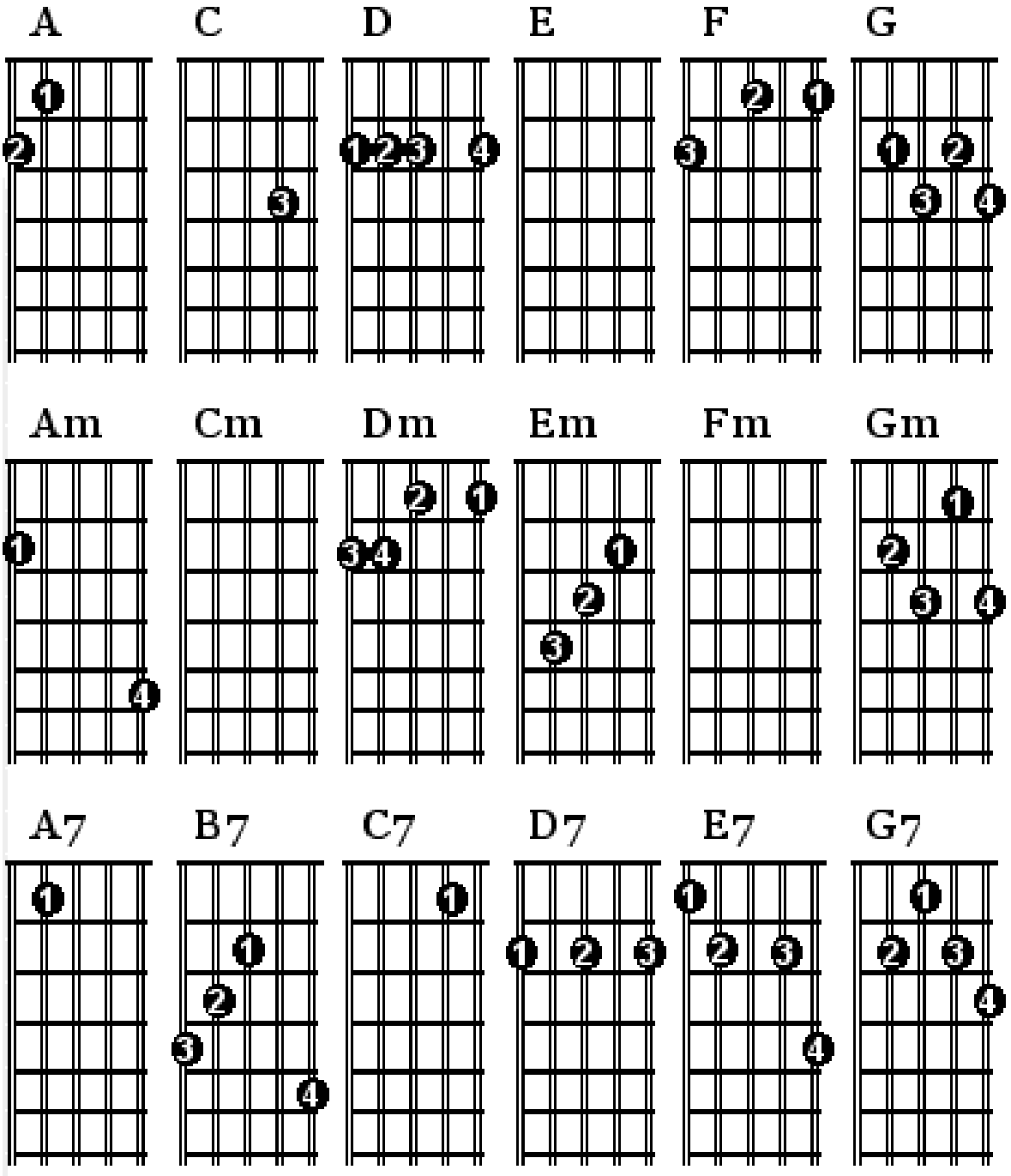


www.madisonpaper.com

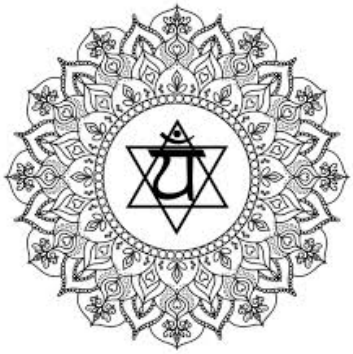
Ukulele Chords!



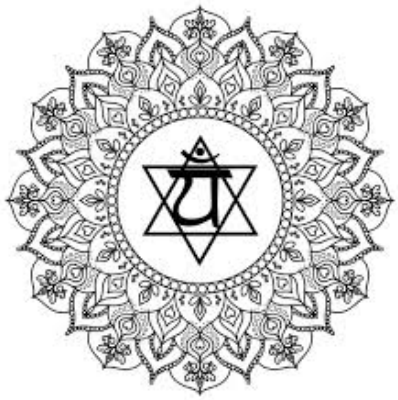
Charango chords ❶❷❸❹



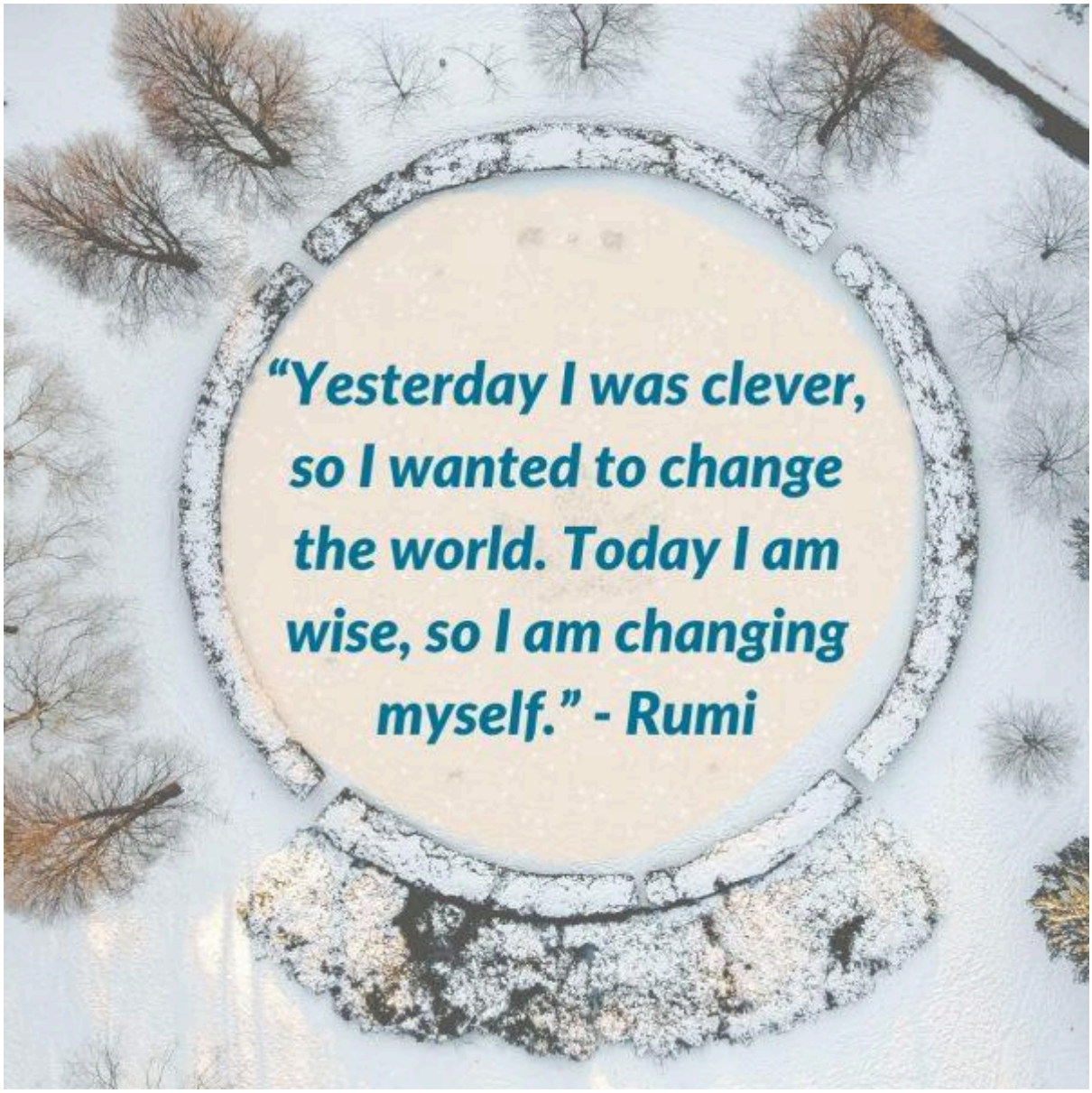
These next few pages are intentionally left blank for you to write in new songs that you learn along the way!

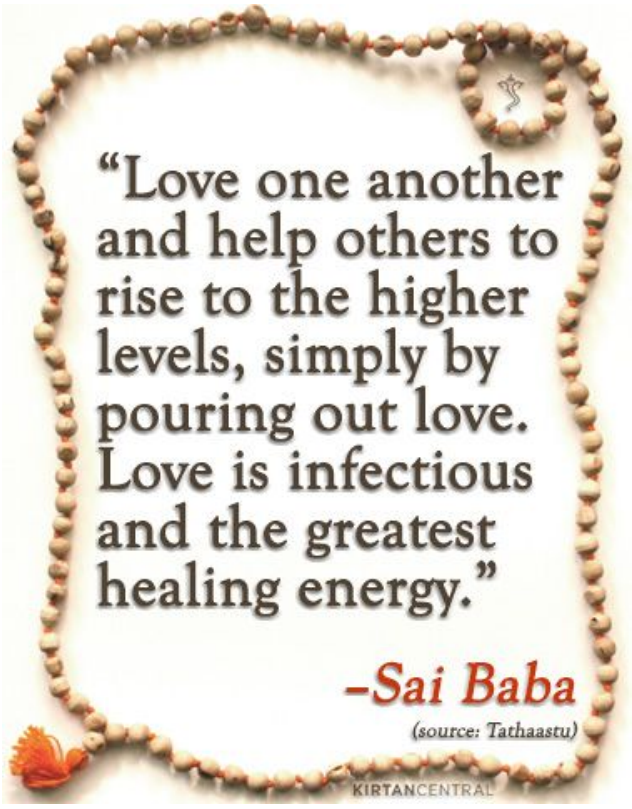


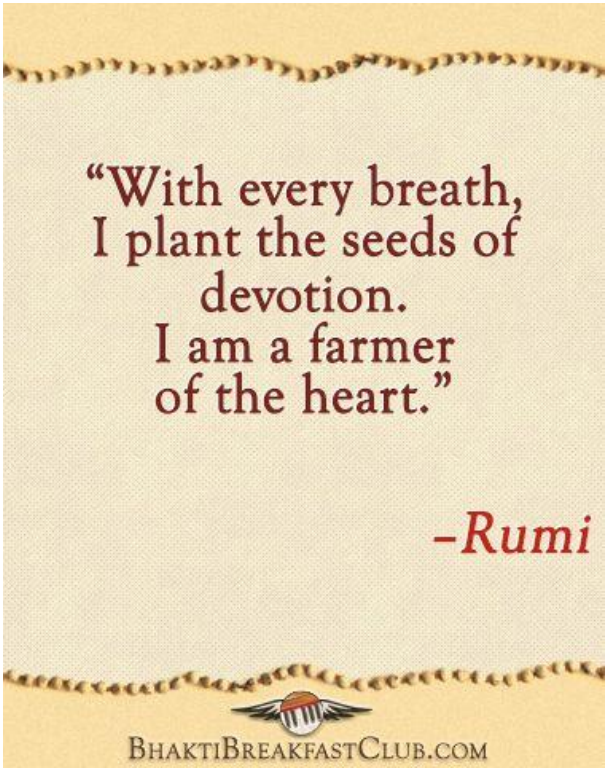
Poems
&
Prayers

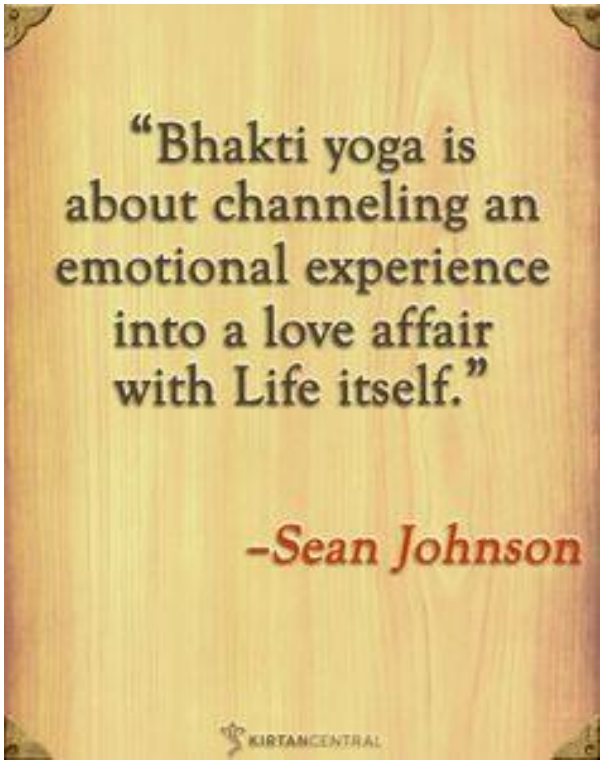


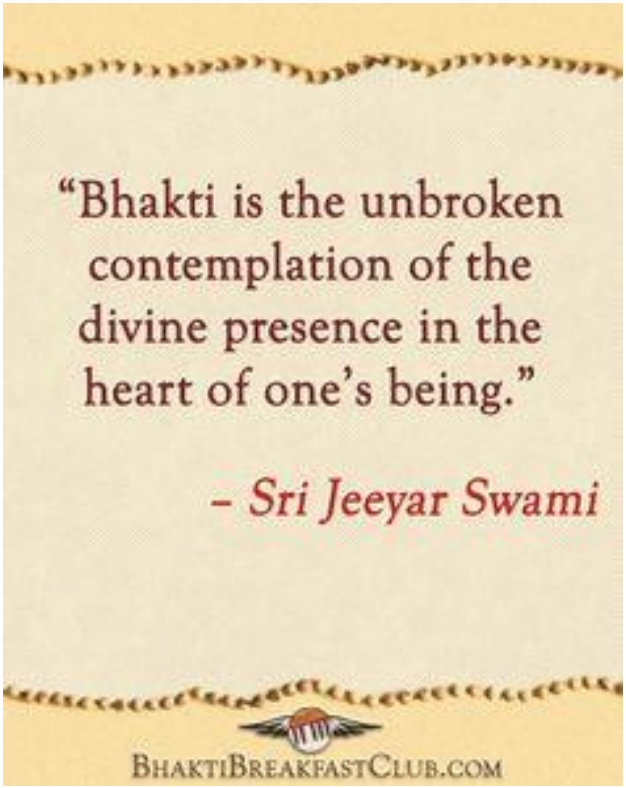
Poems & Quotes to inspire, inquire, contemplate, etc.



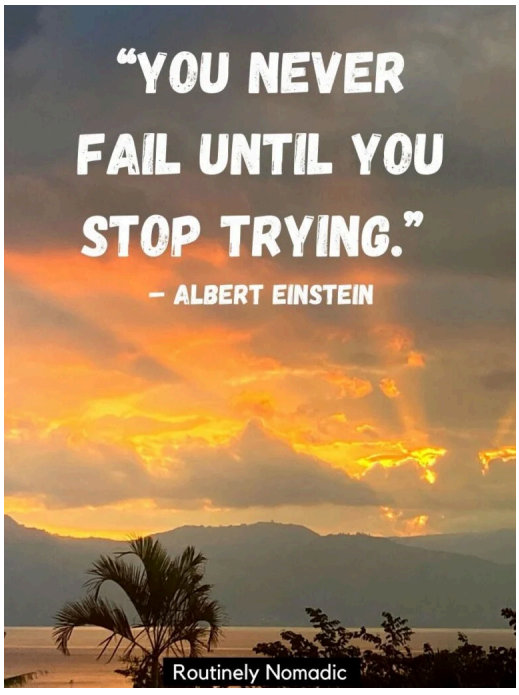

"Love one another and help others to rise to the higher levels, simply by pouring out love. Love is infectious and the greatest healing energy."
-Sai Baba
(source: Tathaastu)
KIRTANCENTRAL


"With every breath, I plant the seeds of devotion. I am a farmer of the heart."
-Rumi
BhaktiBreakfastClub.com


"Bhakti yoga is about channeling an emotional experience into a love affair with Life itself."
-Sean Johnson
KIRTANCENTRAL


"Bhakti is the unbroken contemplation of the divine presence in the heart of one's being."
- Sri Jeeyar Swami
BHAKTIBREAKFASTCLUB.COM


IF YOU WANT TO SUCCEED, FOCUS ON CHANGING YOURSELF, NOT OTHERS.
- UNKNOWN
DAILY INSPIRATIONAL QUOTES
facebook.com/dJ.quotes


"YOU NEVER FAIL UNTIL YOU STOP TRYING."
– ALBERT EINSTEIN
Routinely Nomadic





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POEMS

“And still, after all this time,
The sun never says to the earth,
"You owe Me."

Look what happens with
A love like that,
It lights the Whole Sky.”
— *Hafiz*

“I wish I could show you,
When you are lonely or in darkness,

The Astonishing Light
Of your own Being!”
— Hafez, The Divan

“Love is simply creation's greatest joy.”
— Hafez

All the Hemispheres

Leave the familiar for a while.
Let your senses and bodies stretch out
Like a welcomed season
Onto the meadows and shores and hills.
Open up to the Roof.
Make a new water-mark on your excitement
And love.
Like a blooming night flower,
Bestow your vital fragrance of happiness
And giving
Upon our intimate assembly.
Change rooms in your mind for a day.
All the hemispheres in existence
Lie beside an equator
In your heart.
Greet Yourself
In your thousand other forms
As you mount the hidden tide and travel
Back home.
All the hemispheres in heaven
Are sitting around a fire
Chatting
While stitching themselves together
Into the Great Circle inside of
You.
— Hafiz
From: 'The Subject Tonight is Love'
Translated by Daniel Ladinsky

I Have Learned So Much

I
Have
Learned
So much from God
That I can no longer
Call
Myself
A Christian, a Hindu, a Muslim,
a Buddhist, a Jew.
The Truth has shared so much of Itself
With me
That I can no longer call myself
A man, a woman, an angel,
Or even a pure
Soul.
Love has
Befriended Hafiz so completely
It has turned to ash
And freed
Me
Of every concept and image
my mind has ever known.
—Hafiz
From: 'The Gift'
Translated by Daniel Ladinsky

“Why
Just ask the donkey in me
To speak to the donkey in you,

When I have so many other beautiful animals
And brilliant colored birds inside
That are longing to say something wonderful
And exciting to your heart?

Let's open all the locked doors upon our eyes
That keep us from knowing the Intelligence
That begets love
And a more lively and satisfying conversation
With the Friend.

Let's turn loose our golden falcons
So that they can meet in the sky
Where our spirits belong--
Necking like two
Hot kids.

Let's hold hands and get drunk near the sun
And sing sweet songs to God
Until He joins us with a few notes
From his own sublime lute and drum.

If you have a better idea
Of how to pass a lonely night
After your glands may have performed
All their little magic
Then speak up sweethearts, speak up,
For Hafiz and all the world will listen.

Why just bring your donkey to me
Asking for stale hay
And a boring conference with the idiot
In regards to this precious matter--
Such a precious matter as love,

When I have so many other divine animals
And brilliant colored birds inside
That are all longing
To so sweetly
Greet
You!”
— Hafez, The Gift

Reason says, “I will beguile him with the tongue;”
Love says, “Be silent. I will beguile him with the soul.”
The soul says to the heart, “Go, do not laugh at me
and yourself. What is there that is not his, that I may beguile him thereby?”
He is not sorrowful and anxious and seeking oblivion
that I may beguile him with wine and a heavy measure.
The arrow of his glance needs not a bow that I should
beguile the shaft of his gaze with a bow.
He is not prisoner of the world, fettered to this world
of earth, that I should beguile him with gold of the kingdom of the world.
He is an angel, though in form he is a man; he is not
lustful that I should beguile him with women.
Angels start away from the house wherein this form
is, so how should I beguile him with such a form and likeness?
He does not take a flock of horses, since he flies on wings;
his food is light, so how should I beguile him with bread?
He is not a merchant and trafficker in the market of the
world that I should beguile him with enchantment of gain and loss.
He is not veiled that I should make myself out sick and
utter sighs, to beguile him with lamentation.
I will bind my head and bow my head, for I have got out
of hand; I will not beguile his compassion with sickness or fluttering.
Hair by hair he sees my crookedness and feigning; what’s
hidden from him that I should beguile him with anything hidden.
He is not a seeker of fame, a prince addicted to poets,
that I should beguile him with verses and lyrics and flowing poetry.
The glory of the unseen form is too great for me to
beguile it with blessing or Paradise.
Shams-e Tabriz, who is his chosen and beloved – perchance
I will beguile him with this same pole of the age.
— Rumi

Sweetly parading you go my soul of soul, go not without me;
life of your friends, enter not the garden without me.
Sky, revolve not without me; moon, shine not without me;
earth travel not without me, and time, go not without me.
With you this world is joyous, and with you that world is joyous;
in this world dwell not without me, and to that world depart not without me.
Vision, know not without me, and tongue, recite not without
me; glance behold not without me, and soul, go not without me.
The night through the moon's light sees its face white; I am
light, you are my moon, go not to heaven without me.
The thorn is secure from the fire in the shelter of the roses
face: you are the rose, I your thorn; go not into the rose garden without me.
I run in the curve of your mallet when your eye is with me;
even so gaze upon me, drive not without me, go not without me.
When, joy, you are companion of the king, drink not without
me; when, watchman, you go to the kings roof, go not without me.
Alas for him who goes on this road without your sign; since
you, O signless one, are my sign, go not without me.
Alas for him who goes on the road without my knowledge;
you are the knowledge of the road for me; O road-knower, go not without me.
Others call you love, I call you the king of love; O you who are
higher than the imagination of this and that, go not without me.
—Rumi

If anyone asks you
how the perfect satisfaction
of all our sexual wanting
will look, lift your face
and say,
Like this.
When someone mentions the gracefulness
of the nightsky, climb up on the roof
and dance and say,
Like this.
If anyone wants to know what “spirit” is,
or what “God’s fragrance” means,
lean your head toward him or her.
Keep your face there close.
Like this.
When someone quotes the old poetic image
about clouds gradually uncovering the
moon,
slowly loosen knot by knot the strings
of your robe.
Like this.
If anyone wonders how Jesus raised the
dead,
don’t try to explain the miracle.
Kiss me on the lips.
Like this. Like this.
When someone asks what it means
to “die for love,” point
Here.

If someone asks how tall I am, frown
and measure with your fingers the space
between the creases on your forehead.
This tall.

The soul sometimes leaves the body, the
returns.
When someone doesn’t believe that,
walk back into my house.
Like this.
When lovers moan,
they’re telling our story.
Like this.
I am a sky where spirits live.
Stare into this deepening blue,
while the breeze says a secret.
Like this.
When someone asks what there is to do,
light the candle in his hand.
Like this.
How did Joseph’s scent come to Jacob?
Huuuuu.
How did Jacob’s sight return?
Huuuu.
A little wind cleans the eyes.
Like this.
When Shams comes back from Tabriz,
he’ll put just his head around the edge
of the door to surprise us
Like this.

From ‘The Essential Rumi’, Translations by Coleman Barks with John Moyne

Lovers

O lovers, lovers it is time
to set out from the world.
I hear a drum in my soul's ear
coming from the depths of the stars.
Our camel driver is at work;
the caravan is being readied.
He asks that we forgive him
for the disturbance he has caused us,
He asks why we travelers are asleep.
Everywhere the murmur of departure;
the stars, like candles
thrust at us from behind blue veils,
and as if to make the invisible plain,
a wondrous people have come forth.

–*The Divani Shamsi Tabriz, XXXVI (Rumi)*

This Is Love

This is love: to fly toward a secret sky,
to cause a hundred veils to fall each moment.
First, to let go of live.
In the end, to take a step without feet;
to regard this world as invisible,
and to disregard what appears to be the self.
Heart, I said, what a gift it has been
to enter this circle of lovers,
to see beyond seeing itself,
to reach and feel within the breast.

—The Divani Shamsi Tabriz, XIII (Rumi)

Beauty of the Heart

The beauty of the heart
is the lasting beauty:
its lips give to drink
of the water of life.
Truly it is the water,
that which pours,
and the one who drinks.
All three become one when
your talisman is shattered.
That oneness you can't know
by reasoning.
— *Mathnawi II, 716-718 (Rumi)*

STAY CLOSE, MY HEART

Stay close, my heart, to the one who knows your ways;
Come into the shade of the tree that allays has fresh flowers.
Don't stroll idly through the bazaar of the perfume-markers:
Stay in the shop of the sugar-seller.
If you don't find true balance, anyone can deceive you;
Anyone can trick out of a thing of straw,
And make you take it for gold
Don't squat with a bowl before every boiling pot;
In each pot on the fire you find very different things.
Not all sugarcanes have sugar, not all abysses a peak;
Not all eyes possess vision, not every sea is full of pearls.
O nightingale, with your voice of dark honey! Go on lamenting!
Only your drunken ecstasy can pierce the rock's hard heart!
Surrender yourself, and if you cannot be welcomes by the Friend,
Know that you are rebelling inwardly like a thread
That doesn't want to go through the needle's eye!
The awakened heart is a lamp; protect it by the him of your robe!
Hurry and get out of this wind, for the weather is bad.
And when you've left this storm, you will come to a fountain;
You'll find a Friend there who will always nourish your soul.
And with your soul always green, you'll grow into a tall tree
Flowering always with sweet light-fruit, whose growth is interior.

—Rumi
(translated by Andrew Harvey)

Tao Te Ching ~ Chapter 1

The Tao that can be spoken is not the eternal Tao
The name that can be named is not the eternal name
The nameless is the origin of Heaven and Earth
The named is the mother of myriad things
Thus, constantly with
out desire, one observes its essence
Constantly with desire, one observes its manifestations
These two emerge together but differ in name
The unity is said to be the mystery
Mystery of mysteries, the door to all wonders

Tao Te Ching ~ Chapter 11

Thirty spokes join in one hub
In its emptiness, there is the function of a vehicle
Mix clay to create a container
In its emptiness, there is the
function of a container
Cut open doors and windows to create a room
In its emptiness, there is the function of a room
Therefore, that which exists is used to create benefit
That which is empty is used to create functionality

Tao Te Ching ~ Chapter 12

The five colors make one blind in the eyes
The five sounds make one deaf in the ears
The five flavors make one tasteless in the mouth
Racing and hunting make one wild in the heart
Goods that are difficult to
acquire make one cause damage
Therefore the sages care for the stomach and not the eyes
That is why they discard the other and take this

Tao Te Ching ~ Chapter 33

Those who understand others are intelligent
Those who understand themselves are enlightened
Those who overcome others have
strength
Those who overcome themselves are powerful
Those who know contentment are wealthy
Those who proceed vigorously have willpower
Those who do not lose their base endure
Those who die but do not perish have longevity

Tao Te Ching ~ Chapter 39

Those that attained oneness since ancient times:
The sky attained oneness and thus clarity
The earth attained oneness and thus tranquility
The gods attained oneness and thus divinity
The valley attained oneness and thus abundance
The myriad things attained oneness and thus life
The rulers attained oneness and became the world's standard
These all emerged from oneness
The sky, lacking clarity, would break apart
The earth, lacking tranquility, would erupt
The gods, lacking divinity, would vanish
The valley, lacking abundance, would wither
Myriad things, lacking life, would be extinct
The rulers, lacking lofty standards, would be toppled
Therefore, the honored uses the lowly as basis
The higher uses the lower as foundation
Thus the rulers call themselves alone, bereft, and unworthy
Is this not using the lowly as basis? Is it not so?
Therefore, the ultimate honor is no honor
Do not wish to be shiny like jade
Be dull like rocks

Tao Te Ching ~ Chapter 71

To know that you do not know is highest
To not know but think you know is flawed
Only
when one recognizes the fault as a fault
can one be without fault
The sages are without fault
Because they recognize the fault as a fault
That is why they are without fault

Tao Te Ching ~ Chapter 81

True words are not beautiful
Beautiful words are not true
Those who are good do not debate
Those who debate are not good
Those who know are not broad of knowledge
Those who are broad of knowledge do not know
Sages do not accumulate
The more the
y assist others, the more they possess
The more they give to others, the more they gain
The Tao of heaven
Benefits and does not harm
The Tao of sages
Assists and does not contend

All The Beloved Known Things

There is a light that shines at dawn
that is not the sunrise
There is music in the air your ears will not detect
If you know why the free bird sings,
if you can understand why someone might leave all the beloved, know things to
follow the premonition of a spark of the heart's tugging hopes,
then you have already been to that place
where no one arrives or leaves.

Why not?
Rise to the occasion of your own possibility?
Why not?
Forget the appeasement of unfamiliar natures
to race towards the ancient ecstaticism
that's been hidden in everyone on the cosmic Easter egg hunt?

Once you cross a bridge,
you are on the other side. Once you take a dive,
the water is not able to resist engulfing you completely.
It's okay to dream like that - wild - open - hopeful -
assured what will be wonderful, committed to come alive
in whatever comes your way.

No need to worry about whom to believe.
Notice who's happy.
See who's joy can barely fit their smile.

See who dances with the dawn.
Whose songs lift up the corners of the heart.
Whose closely held serenity leaves them
unperturbed in the turbulence of preferences and opinions. Whose presence is a gift
guiding lost starlight home to heart.

Seek.
Seek your heart out sojourner,
Join the party.
Enjoy the feast.
You belong here.
We've been waiting and wondering
when you'd grace us with your possibilities.

Be.
Be well wanderer.
You are as home as you are living in your heart. And today the ocean inside of you is
as calm, as it is immense, as you are
fortunate,
and free.

— Luke Maguire Armstrong

PRAYERS

Lakota Prayer

Wakan Tanka, Great Mystery,
teach me how to trust
my heart,
my mind,
my intuition,
my inner knowing,
the senses of my body,
the blessings of my spirit.
Teach me to trust these things
so that I may enter my Sacred Space
and love beyond my fear,
and thus Walk in Balance
with the passing of each glorious Sun.

An Ute Prayer

Treat the earth well.
It was not given to you by your parents,
it was loaned to you by your children.
We do not inherit the Earth from our Ancestors,
we borrow it from our Children.

Earth, Teach Me (Native American Prayer)

Earth teach me quiet ~ as the grasses are still with new light.
Earth teach me suffering ~ as old stones suffer with memory.
Earth teach me humility ~ as blossoms are humble with beginning.
Earth teach me caring ~ as mothers nurture their young.
Earth teach me courage ~ as the tree that stands alone.
Earth teach me limitation ~ as the ant that crawls on the ground.
Earth teach me freedom ~ as the eagle that soars in the sky.
Earth teach me acceptance ~ as the leaves that die each fall.
Earth teach me renewal ~ as the seed that rises in the spring.
Earth teach me to forget myself ~ as melted snow forgets its life.
Earth teach me to remember kindness ~ as dry fields weep with rain.

A Three Step Morning Prayer

First Step: Plant your feet firmly on the earth. Using your five senses, give thanks to our Creator God for the countless ways God comes to us through creation- for all the beauty that your eyes see, for all the sounds that your ears ear, for all the scents that you smell, the tastes that you taste, for all that you feel (the sun, wind, rain, snow, warm, or cold). Pray this day that you may be open and attuned to the countless ways that our Creator God comes to us through your senses, through the gifts of creation.

Second Step: Let go of all the pain, struggle, regret, failures, garbage of yesterday - step out of it - leave it behind- brush the dust of it from your feet.

Third Step: With this third and final step, step into the gift of the new day, full of hope, promise, and potential. Give thanks for the gift of this new day, which God has made!

Amen.

- Jose Hobday

Cheyenne Prayer for Peace

Let us know peace.

For as long as the moon shall rise,

For as long as the rivers shall flow,

For as long as the sun shall shine,

For as long as the grass shall grow,

Let us know peace.

- Cheyenne Prayer

Sioux Prayer

Grandfather Great Spirit

All over the world the faces of living ones are alike.

With tenderness they have come up out of the ground

Look upon your children that they may face the winds

And walk the good road to the Day of Quiet.

Grandfather Great Spririt

Fill us with the Light.

Give us the strength to understand, and the eyes to see.

Teach us to walk the soft Earth as relatives to all that live.

- Sioux Prayer

Apache Blessing

May the sun bring you new energy by day,

may the moon softly restore you by night,

may the rain wash away your worries,

may the breeze blow new strength into your being,

may you walk gently through the world and

know it's beauty all the days of your life.

- Apache Blessing

Peace Prayer

May all beings in the world live in peace and harmony with themselves
May all beings in the world live in peace and harmony with each other
May all beings in the world live in peace and harmony with Mother Earth
And so it is ~ Aho

- Sunny D

Great Spirit

O Great Spirit, help me always to speak the truth quietly, to listen with an open mind when others speak and to remember the peace that may be found in silence.

- Cherokee Prayer

Rainbow Prophecy!

There will come a day when people of all races, colors, and creeds will put aside their differences. They will come together in love, joining hands in unification, to heal the Earth and all Her children. They will move over the Earth like a great Whirling Rainbow, bringing peace, understanding and healing everywhere they go. Many creatures thought to be extinct or mythical will resurface at this time; the great trees that perished will return almost overnight. All living things will flourish, drawing sustenance from the breast of our Mother, the Earth.

The great spiritual Teachers who walked the Earth and taught the basics of the truths of the Whirling Rainbow Prophecy will return and walk amongst us once more, sharing their power and understanding with all. We will learn how to see and hear in a sacred manner. Men and women will be equals in the way Creator intended them to be; all children will be safe anywhere they want to go. Elders will be respected and valued for their contributions to life. Their wisdom will be sought out. The whole Human race will be called The People and there will be no more war, sickness or hunger forever. – Navajo-Hopi Prophecy of the Whirling Rainbow

Prayers for Healing

* Feel free to substitute ”Great Spirit” with whichever term feels right for you, be it God, Goddess, Creator, Universe, etc

Facing East
Great Spirit of the East, warmth of the rising sun, Spirit of the new day.
From you comes the energy that sustains all energies. The vital spark, power to act and to create, to envision with boldness.
You who purifies the senses, our hearts and our minds.
We humbly ask that we may be aligned with you, that your energy may flow through us, and be expressed by us for the good of this earth and all living things upon it.

Facing South

Great Spirit of the South, protector of the fruitful lands and of all things growing, the noble trees and grasses.
Great grand mother earth, Spirit of nature, of nurture and endurance, bringing forth the flowers of the fields, fruits of the orchards and of the garden.
We humbly ask that we may be aligned with you, that your power may flow through us for the good of this earth and all living things upon it.

Facing West

Great spirit of the West, Spirit of the great waters of river, lakes, springs and rains.
Great grandmother ocean, deepest matriarch, womb of all life.
With you comes the dissolving of boundaries and of limitations, the power to taste, feel, cleanse and heal.
Great blissful darkness of peace.
We humbly ask that we may be aligned with you, that your power may flow through us, for the good of this earth and all living things upon it.

Facing North

Great spirit of the North, invisible spirits of the air, the spirits of the cool winds. Vast and boundless Great grandfather sky, your breath animates us and all life.
From you comes clarity, strength and the power to hear inner sounds, to seek out old patterns and bring challenges and change.
The purity and ecstasy of movement and dance.
We humbly ask that we may be aligned with you, that your powers may flow through us for the good of this earth and all living things upon it.

Calling in the Directions (Andean Medicine Wheel Style)

Facing South

Winds of the South, Great Serpent, Come be with us
Teach us to shed our layers and release what no longer serves,
Help us to release toxic patterns and outdated habits so we can be the best we can be,
Show us how to be grounded, close to the Earth and to honor our body temple
Teach us to walk the Beauty Way
Aho!

Facing West

Winds of the West, Mother Jaguar, come be with us
Help us to navigate the darkness and to face our fears with courage and strength
Teach us to navigate the mind with ease and grace to use as a tool for manifestation
Show us how to follow our intuition and be in tune with the energies
Guide us to become the Queen of the Jungle, as you are
Protect our sacred space
Aho!

Facing North

Winds of the North, Sweet Hummingbird Colibri, come be with us
Help us to taste the sweet nectar of life, and experience the joy of living
Teach us to make the long journey from the mind into the heart, and open our hearts
Inspire our creative passions so that we may share our gifts
Show us how to live in beauty
Aho!

Facing East

Winds of the East, Great Eagle/Condor, come be with us
Help us to fly high and rise above the earthly dramas
Give us your grand perspective so that we may see our vision clearly
Bring us clarity of vision so that we may manifest our dreams
Teach us how to fly with Spirit and live our divine purpose with integrity and truth.
Aho!

Facing Above

Father Sky, Taita Inti, Come be with us
To the Sun, give us your radiant light to shine and heal others
To the Moon, illuminate the darkness and teach us the cycles of life
To the Stars, remind us of our divinity, and our connection to the ancestors
Father sky, look down upon us and bless us with your wisdom, help us to expand

Facing Below

Mother Earth, Pachamama come be with us
We give thanks for your abundance of flowers, plants and medicines
Thank you for holding us so firmly in your loving arms
Thank you for your elements, your forests, mountains and all that you give
Help us to walk lightly, and to help heal the world through our actions
Wrap us in the warm embrace of the Divine Mother
May we walk in beauty in your sacred lands, make offerings, and always give thanks to you
Aho!

Facing Center

To the center, Great Spirit, God/Goddess, Creator
The one with many names but is beyond form
The point at which all other directions meet in Oneness
Help us to live from the heart, and to fulfill thy divine will
Teach us to be channels of your divine light to spread
Help us to stay connected to our center always
Bless this space and bless our circle!
Aho!

Ancient Nahuatl Blessing

“I release my parents from the feeling that they have already failed me.

I release my children from the need to bring pride to me; that they may write their own ways according to their hearts that whisper all the time in their ears.

I release my partner from the obligation to complete myself. I do not lack anything, I learn with all beings all the time.

I thank my grandparents and forefathers who have gathered so that I can breathe life today.

I release them from past failures and unfulfilled desires, aware that they have done their best to resolve their situations within the consciousness they had at that moment.

I honor you, I love you and I recognize you as innocent.

I am transparent before your eyes, so they know that I do not hide or owe anything other than being true to myself and to my very existence, that walking with the wisdom of the heart, I am aware that I fulfill my life project [purpose], free from invisible and visible family loyalties that might disturb my Peace and Happiness, which are my only responsibilities.

I renounce the role of savior, of being one who unites or fulfills the expectations of others.

Learning through, and only through, LOVE, I bless my essence, my way of expressing, even though somebody may not understand me.

I understand myself, because I alone have lived and experienced my history; because I know myself, I know who I am, what I feel, what I do and why I do it.

I respect and approve [of] myself.

I honor the Divinity in me and in you.

We are free.”

– source unknown

Prayer to Mother Ayahuasca

Mother, Teacher, Doctor Ayahuasca. Keep away from my mind, my heart, my spirit and body; all the things that may harm me and others, protect me. May the hard things to understand become easy to my understanding.

Take me to your magical world; give me wisdom, a lot of love and strength. Heal what it is you need to heal in me, teach me what you have to teach me, Mother, Teacher, Doctor Ayahuasca. There are things I deserve to know, there are things I deserve to ignore. Everything is about deserving.

Protect my beloved ones and protect me. May you good source not vanish from myself.

So be it – Ancient and Wise Lady

Key of Harmony (Santo Daime Prayer)

I wish Harmony, Love, Truth and Justice to all my brothers and sisters. With the united forces of the silent vibrations of our minds, we are strong, healthy and happy, thus making a link of universal fraternity. I am happy and at peace with the whole universe, and I wish that all beings realize their most intimate aspirations. I give thanks to my invisible Father for having established Harmony, Love, Truth and Justice among all His children. So Be it, Amen.

Consecration of the Space (Santo Daime Invocation)

In the Infinite Circle of the Divine Presence which completely envelopes me, I affirm that: There is only one presence here—it is HARMONY, which makes all hearts vibrate with happiness and joy. Whoever enters here will feel the vibration of Divine Harmony.

There is only one presence here—it is LOVE. God is love, which envelops all beings in a single feeling of unity. This space is filled with the presence of love. In Love, I live, I move and I exist. Whoever enters here will feel the pure and holy Presence of Love.

There is only one presence here—it is TRUTH. All that exists here, all that is spoken here, all that is thought here is the expression of Truth. Whoever enters here will feel the Presence of Truth.

There is only one presence here—it is JUSTICE. Justice reigns in this space. Every act practiced here is ruled and inspired by Justice. Whoever enters here will feel the Presence of Justice.

There is only one presence here—it is the presence of God, who is GOODNESS. No evil can enter here. There is no evil in God. God, who is Goodness, dwells here. Whoever enters here will feel the Divine Presence of Goodness.

There is only one presence here—it is the presence of God, who is LIFE. God is the essential Life of all beings. He is the health of body and mind. Whoever enters here will feel the Divine Presence of life and Health.

There is only one presence here—it is the presence of God, who is PROSPERITY. God is Prosperity because. He makes everything grow and prosper. God expresses Himself through the Prosperity of all that is carried out in His name. Whoever enters here will feel the Divine Presence of Prosperity and Abundance.

Through the esoteric symbol of the Divine Wings, I am in harmonious vibration with the universal currents of Wisdom, Power & Joy. The Presence of Divine Wisdom is manifested here. The Presence of Divine Joy is deeply felt by all those who enter here.
In the perfect communion between my lower self and my Higher Self, which is God in me, I consecrate this space to the perfect expression of all divine qualities which are in me and in all beings.

The vibrations of my thoughts are the forces of God in me, which are stored here and hence radiated to all beings, thus establishing this place as a center of giving and receiving of all that is Good, Joyful and Prosperous.

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